

INITIUM

THE FIVE INITIAL YEARS



**Philippine American
Medical Association
Of Georgia**

Preface

This book is a history of the Philippine American Medical Association of Georgia as recorded in the pages of its official organ, PAMAG LETTER, (originally known as PAMAG NEWSLETTER), and in the pages of its other publications during the first five years of its existence.

The main part of the book consists of consecutively numbered issues of the Association paper. There is a progression in the art work and appearance of the masthead until its current form. There is as well a development of the more scientific and clinical aspects culminating in the creation of the Clinical Medicine Section. The editorial staff has expanded to include a Co-Editor and a Clinical Medicine Editor.

The number of pages of PAMAG LETTER comes to 114. The succeeding pages belong to the *Appendix* which contains the Second Scientific Conference and Third General Business Meeting Souvenir Program, the scientific program brochures, and other relevant papers of the Association such as Georgia Governor Busbee's congratulatory letter and the IRS tax-exempt certificate.

It is fitting that we compile this book for posterity in this the Fifth Anniversary of our life as an organization.

To the following physicians and professional corporations who helped provide financial support for the reprinting of issues we ran out of, for the art work, and for the hardcover book-binding, we express our appreciation:

Melania B. Domingo, M.D., P.C.
Pablito A. Tabanera, M.D.
Urological Associates of Savannah, P.C.
Romulo L. Parungao, M.D., P.C.
Liberty Pediatrics Associates, P.C.
Ruben D. Silan, M.D., P.C.
Emiliano P. Quilala, M.D., P.C.
Raymundo T. Mallari, M.D., P.C.
D. A. Valbuena, M.D.
Jose Ma. H. Porquez, M.D., P.C.
Rodolfo S. Lazo, M.D.
Milagros Jorda Montesclaros, M.D.
Lumawig Y. Munsayac, M.D.

I wish to thank my former secretary, Carol Wenzel, for suggesting the book's main title, INITIUM.

We dedicate this book to all the members of the Association – PAMAGians – and their families without whose support, encouragement, interest and attendance in meetings and other functions, the officers and committee chairmen through the years would have had a most difficult time succeeding.

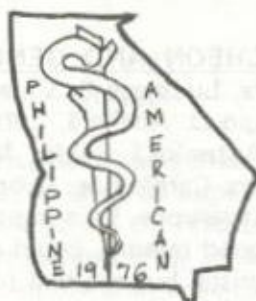
Ludovico S. Villanueva, M.D.
Editor

NEWSLETTER

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

1676 MULKEY ROAD SUITE G
AUSTELL, GEORGIA 30001

(404) 941-3564



VOLUME 1

JUNE 30, 1976

NUMBER 1

FIRST GENERAL MEETING ISSUE

PRESIDENT'S MESSAGE: With intense pleasure we publish this first issue of our NEWSLETTER. This is to announce to everyone within reading distance our birth as an organization dedicated to the highest of purposes. Our Newsletter will chronicle our plans, our thoughts and our feelings, but most importantly, our acts. Acts are what we are reasonably and ultimately measured by. Yet dreams, as someone wise said, "are the seedlings of realities." Hopefully, as we the Philippine American Medical Association of Georgia proceed, our Newsletter will be able to have a balanced presentation of dreams and of actualities.

We have dared. We have started. We are on our way.

Ludovico S. Villanueva, M.D.

GEORGIA GOVERNOR'S LETTER: Office of the Governor; Atlanta, Georgia 30334; June 2, 1976 -

Dear Friends: It is a pleasure for me to send greetings upon the first general meeting of the Philippine American Medical Association of Georgia this Saturday. // Through your membership with the Philippine American Medical Association of Georgia, you will contribute significantly to the State of Georgia. I know you are proud of the recent formation of the Association and its most worthy goals. // You have my best wishes for much success in your efforts to fulfill the objectives of the Association, which in turn will contribute to strengthening the bond of friendship which exists between the citizens of Georgia and the Philippines.

Sincerely, (Signed) George Busbee

During the luncheon which preceded the General Meeting, Governor Busbee's congratulatory letter to us was read by Doctor Villanueva.

ORGANIZING OFFICERS:

	January, 1976 - April, 1976	April, 1976 - June, 1976
Organizing President:	Ludovico S. Villanueva, M.D.	Ludovico S. Villanueva, M.D.
Organizing Vice-President:	Eligio Q. Abellera, M.D.	Emiliano P. Quilala, M.D.
Organizing Treasurer:	Emiliano P. Quilala, M.D.	Samuel A. Torres, M.D.
Organizing Secretary:	Lorna Beldia O'Brien, M.D.	Josefina P. Parungao, M.D.

FIRST GENERAL MEETING AT A GLANCE: Held at the Terrace Garden Inn, Atlanta, Georgia.

Schedule

Friday, June 4, 1976
2 PM - till Hospitality - Hospitality Room
Saturday, June 5, 1976
10 AM - 1 PM Registration - Hospitality Room
1 PM - 2 PM Luncheon - Dogwood Parlor
2 PM - 4 PM General Meeting - Dogwood Parlor
Sunday, June 6, 1976
Six Flags Day

General Meeting Agenda

1. Opening Remarks - Organizing President
2. Distribution of Programs
3. Introducing Everybody . . .
4. Presentation & Discussion of Constitution and Bylaws
5. Discussion About Dues
6. Nominations and Election of Officers
7. Future Activities & Meetings
8. Time for Comments, Suggestions
9. Closing Remarks - President-Elect
10. Adjournment

PRESENT DURING THE LUNCHEON AND GENERAL MEETING: were Doctors Emiliano P. Quilala, Samuel A. Torres, Victor Bautista, Ludovico S. Villanueva, Rodolfo S. Lazo, Romulo L. Parungao, Manolo B. Apanay, Jose H. Porquez, Eligio Q. Abellera, Lorna Beldia O'Brien, Eudora Abellera, Hector H. Lopez, Jr. Guests present were Judge Antonio J. Beldia, Mrs. Gloria Apanay, Mrs. Erlinda Porquez, Mr. Patrick O'Brien, Mrs. Karin Villanueva, Mrs. Carole Core (who served as Meeting Registrar). Each one had a chance to make himself or herself known to everyone. This was a delightful portion of the meeting.

We regret that others, for good reasons, could not attend the affair. Dr. Grace Bautista was in Atlanta with her husband, Dr. Victor Bautista, but she had to tend the children. Dr. Antonio R. Rodriguez called us the night before the meeting, stating that an illness in the family prevented him and his family from joining us. Dr. & Mrs. Pablito Tabanera (Dr. Maylinda Mancao Tabanera) also could not be present because of prior commitments. The same was true of Dr. Dionisio A. Pinero, Drs. Antonio L. Linatoc, Teodora A. Santos, Melania B. Domingo, Conrado V. Costa, Virgilio Q. Valdecanas and Erlinda Valdecanas had earlier informed us that they would be unable to come. Drs. Lumawig Y. Munsayac, Benjamin Alimurung, Naty Alimurung, and Remigio T. Rogue had planned to come but somehow were unable to do so.

OUR CONSTITUTION AND BYLAWS: Sitting in a U-shaped table arrangement, those in attendance revised (deleted, added, etc.) the proposed Constitution & Bylaws presented to them. Dr. Lorna Beldia O'Brien did most of the reading until her throat became parched, at which point Dr. Eudora Abellera took over. A line-by-line reading and revision was done. This activity consumed most of the meeting time. This was not surprising when we note that the adoption of the Philippine American Medical Association of Georgia Constitution & Bylaws by the charter members was the most significant accomplishment during the First General Meeting. The adopted Constitution & Bylaws is here reproduced.

CONSTITUTION

ARTICLE I – Name of the Association

The name of this organization is Philippine American Medical Association of Georgia.

ARTICLE II – Purposes of the Association

The purposes of the Association are: (1) to create an awareness of the Philippine American physicians' presence in the state, (2) to promote the high level of medical competence of its members and to raise it through the development of continuing medical education programs, (3) to enhance its members' involvement in their particular communities in health and other civic matters, (4) to encourage greater knowledge of the state, its history, geography, culture and continuing progress and (5) to contribute to the presentation and enjoyment of Philippine American culture.

ARTICLE III – Membership

Section 1. Members: The members of the Association are Filipino physicians, Filipino-American physicians, physicians with Filipino spouses, and other physicians who subscribe to the Constitution and Bylaws of the Association and to the Principles of Medical Ethics of the American Medical Association. The Association is composed of Active members. Other types of membership may be provided for in the Bylaws. Section 2. Tenure of Membership: A member shall retain his membership as long as he complies with the provisions of the Constitution and Bylaws of this Association and with the Principles of Medical Ethics of the American Medical Association.

ARTICLE IV – Council

Section 1. Composition: Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian, the Parliamentarian, and the Committee Chairmen as provided for in the Bylaws. Other Past Presidents shall be ex-officio members of Council without the right to vote. Section 2. Duties: The Council is the Board of Trustees, and the governing body of the Association. It is responsible for the execution of the business of the Association. The Council has charge of all property and financial affairs of the Association and performs such duties as may be prescribed in the Bylaws.

ARTICLE V – Officers

Section 1. Designation: The elected officers of the Association shall be a President, a Vice-President, a Treasurer, and a Secretary. Historian and Parliamentarian shall be appointed by the President. These officers shall constitute an Executive Committee to meet at the call of the President to act in emergencies. Section 2. (A) Election and Eligibility: The officers of the Association shall be elected during the Annual Session as provided for in the Bylaws. Starting 1979-1980, no member shall serve as an officer who has not been a member for the preceding two years. (B) Procedure: After verbal nominations from the floor, the voting shall either be by voice vote or secret ballot as the members of the Association present during the Annual Session so desire. Section 3. Terms of Officers: All officers shall be elected for terms of two years each. The President shall not have the privilege of immediate succession. All officers shall serve until their successors are elected and installed. Section 4. Vacancy: If any vacancy occurs in any elective office except that of President, the Council shall appoint a replacement to serve for the remainder of the unexpired term. Section 5. Successor to the President: If the President dies, resigns, or is removed from office, the Vice-President shall immediately become President and shall serve for the remainder of the unexpired term. If the Vice-President is unable to serve, only then is the Council authorized to name an acting President who shall have all the powers and duties of the President for the remainder of the unexpired term.

ARTICLE VI – Meetings

Section 1. Annual Session: The Association shall hold an Annual Session at a time and place fixed by Council. Section 2. Other General Meetings: Other general meetings will also be held at a time and place fixed by Council. Section 3. Special Meetings: (a) Special meetings of the Association may be called upon written petition of one-fourth of the members of the Association. (b) A written notice shall be sent out to all Active members at least 2 weeks prior to any special meeting along with the stated agenda for such meeting.

ARTICLE VII – Quorum

Section 1. One-third of the Association members shall constitute a quorum for a regular meeting and for a special meeting. Section 2. One-third of the members of the Council shall constitute a quorum at a meeting of that body.

ARTICLE VIII – Newsletter

The Association shall have a Newsletter which shall contain all official Association notices, general meetings of the Association, and abstracts of meetings of Council, financial reports, and other items of significance to its membership.

ARTICLE IX – Seal

The Association shall have a common seal. The Council is authorized to approve a design for the seal which will be ratified by the general membership at any regular or special meeting.

ARTICLE X - Amendments

This Constitution may be amended or revised at any annual session of the Association by a 2/3 majority vote of all members present, provided written notice listing proposed changes shall have been sent through the Newsletter at least two months in advance.

ARTICLE XI - Parliamentary Authority

"Robert's Rules of Order, Newly Revised" shall be the authority upon parliamentary questions not covered by this Constitution and Bylaws.

Bylaws

CHAPTER I – Membership

Section 1. Active Members: Any Filipino physician, Filipino-American physician, physician with a Filipino spouse or any physician subscribing to the Constitution and Bylaws of this Association and to the Principles of Medical Ethics of the American Medical Association may become an Active Member in the Association. He shall hold the degree of Doctor of Medicine or Bachelor of Medicine from a medical college acceptable to the Council of the Association. Section 2. Dues: An active member shall pay the full annual dues except that if he is an intern or resident in training, he shall pay only approximately 2/3 of the annual dues. Section 3. Privileges: An active member shall have the privilege to vote, to hold office, to be appointed to Historian, Parliamentarian, Chairman or member of a committee, to receive the Newsletter or other publications of the Association and all other privileges of full membership. Section 4. Affiliate Members: Persons in the following classes may become affiliate members: a. Dentists, who hold the degree of D.D.S. or D.M.D., who are members of their state or local dental societies; b. Pharmacists who are active members of a state or local pharmaceutical association; c. Veterinarians who hold the degree of D.V.M. and are members of a state or local veterinary association; d. Teachers of Medicine who are not eligible for active membership. All nominations must be made by at least 5 Active members and then approved by the Council of the Association not later than the meeting prior to the Annual Session. A majority of the Association members present shall elect the person to affiliate membership. An affiliate member shall not be required to pay membership dues, and shall enjoy the privileges of the scientific meetings without the right to vote, hold office or receive any publication of the Association except by personal subscription. Section 5. No person may become a member of the Association who has been judged guilty of moral turpitude or other serious crime, as determined by the Council.

CHAPTER II – General Meetings

Section 1. The general meetings shall be open to all members and guests who have complied with the registration requirements. These meetings shall be presided over by the President or the Vice-President. Distinguished lay persons and guest physicians may be invited as special guests of the Association by the President or by action of Council. Section 2. The program for the general meeting shall be prepared and approved by the Council of the Association at least 60 days before the Annual Session of the Association and published in the Newsletter in an issue preceding the Annual Session. Section 3. All papers read before meetings shall be deposited with the Secretary or the presiding officer and shall become the property of the Association. Without an acceptable excuse, failure to comply with this and other rules as regards the Annual Session as set forth by the Council shall automatically prohibit a member from participating in scheduled scientific sessions for a period of no less than three years. Section 4. Lectureship: (A) Lectureships for presentation at general meeting may be established by interested donors honoring distinguished deceased members or former members of the Association or honoring someone not a former member or physician who has rendered distinguished service to the Association or to Georgia medicine. (B) Council of the Association must approve all lectureship and they must meet the following provisions: (1) P.A.M.A.G. will control the programming of all approved lectureships; (2) that any lectureship, if approved, must be established by setting up a trust fund which shall be in accordance with the present pattern of the lectureship trust fund; (3) the amount of any lectureship trust fund must be approved by Council; (4) a representative of the lectureship trust fund shall be invited to submit suggestions concerning the choice of speakers. Such representatives shall be chosen by Council from three nominees, who must be members of P.A.M.A.G., to be submitted by the donor or the trustee of the lectureship fund. Section 5. Meeting Places of Annual Sessions and Other General and Special Meetings: Meeting places shall be rotated among the different cities in the state. Section 6. Local Arrangements Committee: Any number of members from a particular city may invite to host the Annual Session and other general and special meetings. They shall elect a local arrangement committee which shall recommend a suitable meeting place and shall have general charge of all local arrangements subject to the approval of Council.

CHAPTER III – Council

Section 1. Composition: The Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian, and Parliamentarian, and the Committee Chairman. Section 2. The President of the Association shall serve as the President of Council. The Vice-President of the Association shall serve as the Vice-President of Council. The Secretary of the Association shall serve as the Secretary of Council. The President or Vice-President shall preside over meetings of Council.

CHAPTER IV – Rights and Duties of Officers

Section 1. President: The President shall: (a) preside at all general meetings of the Association; (b) report to a general session of the Annual Session; (c) serve as President of Council and as Chairman of the Executive Committee; (d) serve as a member of all committees of the Association with the authority to call a meeting of any committee when necessity demands it or after failure of the chairman to do so. With the approval of Council, he may terminate any committee whose function has been fulfilled or replace any members of any committee who fails to show interest in performing the duties assigned to him; (e) appoint the Historian, Parliamentarian, and Committee Chairmen except that he shall not appoint the Chairman of the Grievance Committee. The composition and functions of the Grievance Committee are detailed in Chapter VIII of this Bylaw. Section 2. Vice-President: The Vice-President shall: (a) assist the President in the discharge of his duties. Upon request or in the absence of the President, he shall preside over the general meetings of the Association or of the Council; (b) serve as Vice-President of the Council and as Chairman of the Membership Committee; (c) become President in the event the President dies, resigns, or is removed from office. Section 3. Treasurer: The Treasurer shall: (a) receive all funds of the Association together with bequests and donations; (b) pay money out of the treasury only on authorization of the President; (c) furnish a balance sheet to the Council at its last meeting of the fiscal year. The fiscal year includes the period of time between June 1 to May 31 inclusive. A financial report shall be published in the Newsletter as soon as practicable after the end of each fiscal year; (d) serve on the Membership Committee. Section 4. Secretary: The Secretary shall: (a) keep accurate minutes of all meetings and should send a copy of the minutes to the President immediately following each meeting; (b) be custodian of all records of the Association not assigned specifically to others; (c) conduct the correspondence of the Association and assist the President with all special communications. Section 5. Historian: The Historian shall: (a) keep a record of outstanding activities in a scrapbook and shall compile the year's history for permanent record; (b) serve as Editor of the Newsletter of the Association. Section 6. Parliamentarian: The Parliamentarian shall render a Parliamentary opinion when called to do so. He shall be guided by the "Robert's Rules of Order, Newly Revised". In the absence of the Parliamentarian, the acting Parliamentarian shall be appointed by the Presiding Officer.

CHAPTER V – Standing Committees

Section 1. Standing Committees: Standing Committees shall be: (a) Executive; (b) Membership; (c) Program and Publicity; (d) Constitution and Bylaws. Section 2. Duties: Each committee chairman shall: (a) submit at the end of the fiscal year a typewritten annual report to the President; (b) notify the President of all committee meetings and shall keep an accurate file of all activities.

CHAPTER VI – Special Committees

Special committees as required for the conduct of the business of the Association shall be instituted by Council.

CHAPTER VII – Dues and Assessments

Section 1. The annual dues shall be Fifty Dollars (\$50.00). Assessments, if necessary, shall be determined by the general membership during an annual session upon recommendation of Council and shall be levied per capita on the active members of the Association. Section 2. An active member who fails to pay dues (or additional dues) for one year shall be dropped from the roll of active members but shall be eligible for reinstatement upon payment of all indebtedness for the current year of application. Section 3. The record of payment of dues and assessments on file in the office of the Association shall be final as to the fact of payment by a member and as to his right to participate in the business and proceedings of the Association.

CHAPTER VIII – Grievance Committee

Section 1. Composition: Three Active members of the Association shall be elected by the general membership at any regular or special session and the person with the highest number of votes shall act as Chairman of the Grievance Committee. This is the only committee that is not formed by the Council and whose chairman is not appointed by the President. During the process of the election of the Grievance Committee members, the Vice-President shall preside. **Section 2. Functions:** The Grievance Committee is a special committee formed by the general membership and shall: (a) be in charge of reviewing and deliberating on the charges against the President which constitute grounds for removal from the office of President; (b) make recommendations to the general membership on the basis of their findings. The recommendations have to be voted on by the general membership at any regular or special meeting and a 2/3 majority vote is required for removal from the office of President. During the period of presentation of findings by the Grievance Committee to the general membership, as well as during the voting, the Vice-President shall preside. **Section 3. Grounds for Removal from the Office of President:** Non-discharge or improper discharge of his duties as President and non-compliance with the provisions of this Constitution and Bylaws and with the Principles of Medical Ethics of the American Medical Association shall constitute grounds for removal from the office of President.

CHAPTER IX – Amendments

These Bylaws may be amended or revised at any annual session of the Association by a 2/3 majority vote of all members present, provided written notice listing proposed changes shall have been sent through the Newsletter at least two months in advance.

SOMETHING ABOUT ANNUAL DUES: To further the ends of the Association, the general membership approved Fifty Dollars (\$50.00) as annual dues for an Active member except that if he is an intern or a resident in training, the annual dues is Thirty Dollars (\$30.00) which is approximately 2/3 of the full annual dues. For those who have not done so, please send now your annual dues payment directly to our Treasurer, Dr. Samuel A. Torres, P. O. Box 6555, Savannah, Georgia 31405. With adequate funds, we can really go places.

NOMINATION & ELECTION OF OFFICERS, 1976-1978: Nominations were made on the floor and the officers were elected by unanimous vote. The post of Vice-President did end in a tie but then Doctor Quilala withdrew in favor of Doctor Bautista resulting in the latter's unanimous election.

President:	Ludovico S. Villanueva, M.D.*	Treasurer:	Samuel A. Torres, M.D.
Vice-President:	Victor Bautista, M.D.**	Secretary:	Emiliano P. Quilala, M.D.

(*Also Executive Committee Chairman - ** Also Membership Committee Chairman)

INSTALLATION OF OFFICERS: The Honorable Antonio J. Beldia, retired Judge of the Court of First Instance and former Governor of Capiz, was on hand to install the officers. We had earlier requested his daughter, Dr. Lorna Beldia O'Brien, to have him attend the meeting as our installing officer. The oath as recited by the officers is as follows: I, ___ a member of the medical profession, do solemnly swear that I will well, faithfully and conscientiously perform the duties of an elected _____ of the Philippine American Medical Association of Georgia and defend and preserve its constitution and bylaws with the view of enhancing our comradeship and promoting further scientific studies in the medical profession. So help me God.

APPOINTED OFFICERS AND COMMITTEE CHAIRMEN: Acting Historian: Ludovico S. Villanueva, M.D. - Parliamentarian: Manolo Apanay, M.D. - Constitution & Bylaws Chairman: Eligio Abellera, M.D. - Program & Publicity Chairman: Jose Porquez, M.D.

SECOND CALL FOR A PICTURE OF YOURSELF: A MEMBERSHIP DIRECTORY is being readied which will include pictures of Active members of the Association. If perchance you have not sent in a 1½"x1½" black and white glossy picture of yourself, please mail it to us now. So that we would receive it, please include the Suite # (it is Suite G) on your envelope addressed to us. Complete address is: P.A.M.A.G.; 1676 Mulkey Road, Suite G; Austell, Georgia 30001.

If you have not completed an application form, we have included a form with this Newsletter which you can fill out and then return to us along with your picture.

Please be reminded that to be considered an Active member, our Treasurer must have received your annual dues check.

COUNCIL ACTIONS: The Council held a telephone conference on June 18, 1976. On the line were Doctors Villanueva, Torres, Quilala, Abellera, and Porquez. They decided (1) to have the Association hold a scientific meeting at the Savannah Inn & Country Club, Savannah, Georgia on November 12, 13, & 14, 1976; (2) to authorize the local arrangements committee of the Greater Savannah area to proceed with the arrangements in connection with the Scientific Meeting. This committee is jointly headed by Doctors Torres and Bautista; and (3) to tentatively approve the Seal of the Association which is being displayed on this Newsletter. Suggestions on improving the seal to make it a more meaningful symbol of our Association are certainly most welcome.

MORE ABOUT THE SCIENTIFIC MEETING: Attendance at this scientific meeting is a tax-deductible expense. The meeting place is Savannah Inn & Country Club, 612 Wilmington Island Road, Savannah, Georgia 31410. The dates are November 12, 13, 14, 1976 (Friday night to Sunday noon). Tentative schedule is as follows: Friday Night: We expect everyone to check in at the Savannah Inn & Country Club at least by Friday night for us to take advantage of fringe benefits offered by the hotel. (Rates: Single/\$20 and Double/\$26) Social Period-Cocktails, Hospitality Suite. Saturday Morning: Athletic Period: Tennis Tournament*, Golf Tournament*, Swimming - or - Tour Period: like the Historical Tour of the city. Saturday Afternoon: Scientific Session: Meeting Room, 2-5 pm, Three speakers are planned to take up an hour each. Details of the Scientific Meeting will be made as they become available to us and will be published in our Newsletter. Saturday Evening: Social Period: Cocktails, Hospitality Suite, 5-7 pm - Dinner (and most possibly Dance*) 7 pm - till. Sunday Morning: Deep Sea Fishing*.

*If enough interest is generated in these pursuits. Please return the Scientific Meeting Questionnaire as we need your response to make the necessary advance planning.

We encourage all of our members to invite medical colleagues from out of State to attend our Scientific Meeting. This would be a good time to see them once again.

SPEAKING OF BIRTHS: Our birth as an organization on June 5, 1976, is one. Of course, the Bicentennial celebration of the birth of the U.S.A. on July 4, 1976, is all over the place. Another birth is that of Eric Crawmer Villanueva, born on June 16, 1976, to Dr. & Mrs. Ludovico S. Villanueva.

RAFFLE: As a final treat before the adjournment of the First General Meeting, three prizes were awarded through a raffle. A couple each of Six Flags tickets went to Dr. Rodolfo S. Lazo and to Dr. Eligio Q. Abellera. The centerpiece flower arrangement went to pharmacist Mr. Patrick O'Brien.

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CONTRIBUTION OF ITEMS OF INTEREST TO THE GENERAL MEMBERSHIP FOR PUBLICATION IN OUR NEWSLETTER IS MOST WELCOME.

Newsletter Editor:
Ludovico S. Villanueva, M.D.
Editorial Assistant:
Carole Core

NEWSLETTER

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

1676 MULKEY ROAD SUITE G
AUSTELL, GEORGIA 30001

(404) 941-3564



VOLUME I

OCTOBER 25, 1976

NUMBER 2

GOING TO SAVANNAH ISSUE

PRESIDENT'S MESSAGE: Final preparations are being made at this time for our Scientific Meeting in Savannah, Georgia to be held on November 12, 13, 14, 1976 at the Savannah Inn and Country Club. We thank all of you who have responded to our questionnaires. Through your answers you have been most helpful in our planning which is essential in any successful group function. We believe we have a viable group which can make a significant impact in the life of Georgia and Georgia Medicine.

By now you would also have received the letter from our Treasurer, Samuel A. Torres, M.D., urging those of you who are still undecided to commit yourselves to come to this wonderful city and to learn something as well as to have fun.

Let us come together. Let our interest so show that it can not be laid aside. See you in Savannah!

Ludovico S. Villanueva, M.D.

MEDICAL ASSOCIATION OF GEORGIA PRESIDENT'S LETTER: July 20, 1976

Dear Doctor Villanueva: Thank you for your letter of July 9, advising me of the duly organized Philippine American Medical Association of Georgia.

I am delighted to see, in your letter, that most of the members of your Association are also members of the Medical Association of Georgia. MAG makes every effort to represent all Georgia physicians on matters that impact upon any aspect of professional life, and I sincerely hope that you will call upon us at any time we can be of help.

With kind regards, I am

Sincerely yours, (Signed) Fleming L. Jolley, M.D., President

FROM OUR TREASURER: October 8, 1976

Dear Friends: We are hoping that you and your family will be attending our November meeting in Savannah, Georgia. As you very well know, Savannah is a very historical city and is ranked as one of the most livable cities in the United States, according to Saturday Review.

We are planning lots of activities for the meeting so that we will have not only a successful but also a fun meeting. A guided tour of the city, as well as tennis tournament, golf tournament, deep sea fishing, etc. are planned for this meeting. Further details will be in our next Newsletter. We are also having local but well known talents in our scientific session. We are, however, hoping for more member participation. So for those of you who have not replied to our questionnaire, please do so now.

As in any organization, we can not function without the membership dues. So please send in your checks to the Philippine American Medical Association of Georgia c/o Dr. Samuel A. Torres, Treasurer, Post Office Box 6555, Savannah, Georgia 31405.

Thank you.

(Signed) Samuel A. Torres, M.D., Treasurer;
Chairman, Local Management Committee

[Fifty Dollars (\$50.00) is the annual dues for an Active member of the Association except that if he is an intern or a resident in training, it is Thirty Dollars (\$30.00).]

PROGRAM:Friday, November 12, 1976

6 PM - till

REGISTRATION, COCKTAILS - HOSPITALITY SUITE

Saturday, November 13, 1976

8 AM - 12 N

TENNIS OR GOLF TOURNAMENT OR GUIDED TOUR OF THE CITY

12 N - 1 PM

LUNCH "ON YOUR OWN"

2 PM - 5 PM

SCIENTIFIC SESSION

Mason Gordon Robertson, M.D., F.A.C.P.

"Advances in Cancer Chemotherapy"

Thomas J. Yeh, M.D.

"Coronary Artery Bypass"

Ludovico S. Villanueva, M.D.

"Psychiatric Medicine"

5 PM - 6 PM

GENERAL BUSINESS MEETING

7 PM - 8 PM

COCKTAILS

8 PM - till

DINNER-DANCE

Sunday November 14, 1976

8 AM - till

DEEP SEA FISHING

Additional information or any changes in the program will be made available to you during registration time.

NOTES ON THE SPEAKERS: Dr. Mason Gordon Robertson was born in Wilmington, Delaware and obtained his medical degree from the University of Virginia School of Medicine in 1954. He did his postgraduate training at Emory University affiliated hospitals and institutions. He is a Diplomate of the American Board of Internal Medicine as well as of Medical Oncology, and is a Fellow of the American College of Physicians. Currently in private practice of Internal Medicine in Savannah, Georgia, he has held significant appointments such as President and Chief of Staff of the Memorial Medical Center of Chatham County and has authored at least twenty medical articles.

Dr. Thomas J. Yeh, author of numerous publications on cardiopulmonary surgery and conditions, was born in Tainan, Taiwan. He graduated from the Medical School of National Taiwan University in 1951. Hospitals where he trained include Louisville General, Royal Edward Chest Hospital (McGill University) and Talmadge Memorial (Medical College of Georgia). He is certified by the American Board of Surgery and the Board of Thoracic Surgery. At present, he is a Clinical Associate Professor of Cardiothoracic Surgery, Medical College of Georgia; Director of ICU and of Education in Thoracic Surgery, Memorial Medical Center of Chatham County; and is in private practice in Savannah, Georgia.

Dr. Ludovico S. Villanueva is an Assistant Professor of Psychiatry and Director of the Group Therapy Program, Emory University School of Medicine. He was born in Calamba, Misamis Occ., Philippines and obtained his M.D. from the University of the Philippines College of Medicine in 1965. He did his postgraduate studies at the University of the Philippines-Philippine General Hospital Medical Center, Wayne State University-Detroit Psychiatric Institute, and The Michigan Psychoanalytic Institute. He is in private practice in Austell, Georgia.

THOSE WHO HAVE COMMITTED TO COME: The following have indicated their intention to attend the meeting. We are hopeful that not only they but their families also will be coming.

Dr. Eligio Q. Abellera	Dr. Lumawig Y. Munsayac	Dr. Ruben D. Silan
Dr. Eudora N. Abellera	Dr. Lorna Beldia O'Brien	Dr. Samuel A. Torres
Dr. Manolo B. Apanay	Dr. Romulo L. Parungao	Dr. Remigio T. Roque
Dr. Víctor Bautista	Dr. Josefina P. Parungao	Dr. Pablito Tabanera
Dr. Melania B. Domingo	Dr. Jose H. Porquez	Dr. Maylinda Mancao Tabanera
Dr. Rodolfo S. Lazo	Dr. Emiliano P. Quilala	Dr. Dominiciano A. Valbuena
Dr. Ariston J. Mahusay	Dr. Antonio R. Rodriguez	Dr. Ludovico S. Villanueva
Dr. Desideria T. Mahusay	Dr. Warlito G. Rollolazo	

CONCERNING THE REGISTRATION FEE: A registration fee of Twenty Dollars (\$20.00) will be charged per person. This will cover the Saturday pre-dinner cocktails and the Dinner-Dance including gratuities as well as the cocktails Friday on arrival.

TENNIS OR GOLF TOURNAMENT: Prizes will be awarded to the winners. Those who have not earlier indicated that they will be joining a tournament, but wishes to, please communicate with Dr. Samuel A. Torres directly.

GUIDED TOUR OF THE CITY: The approximate cost for the guided morning tour of Historic Savannah is \$11.40. This includes lunch. As with the tournaments, please communicate directly with Doctor Torres if you have not responded earlier.

DEEP SEA FISHING: It's an exciting thing to do so let Doctor Torres know today.

LAST CALL FOR A PICTURE OF YOURSELF: We want your picture to grace the first edition of our **MEMBERSHIP DIRECTORY!** Send it now without delay and before it is too late. We need a 1½" x 1½" black and white glossy picture of yourself. Send to PAMAG, c/o Dr. L. S. Villanueva, 1676 Mulkey Road - Suite G, Austell, Georgia 30001.

For those who have already sent in their pictures, many thanks. For those who have sent in larger pictures than we can utilize, may we have the size we need? It will be much appreciated.

ANOTHER BIRTH: Roland Jay Parungao came on August 12, 1976. He is the youngest of three sons of the the growing family of Dr. & Mrs. Romulo L. Parungao (Dr. Josefina P. Parungao).

MORE PROSPECTIVE MEMBERS: We are happy to report that as the Association is getting known throughout the state, we are uncovering more and more names of prospective members. We hope that they would join us to add strength and vigor to our organization.

PRE-REGISTRATION AT THE SAVANNAH INN AND COUNTRY CLUB: "Tucked away on beautiful Wilmington Island only 15 minutes from Savannah's great squares, majestic homes, and inviting antique boutiques, the Savannah Inn and Country Club is the perfect setting for your family's return-to-the-19th century vacation. Tradition is very much part of our elegant, old inn. It's alive, and touchable in our graceful Mediterranean architecture, period furnishings, and authentic four-poster beds. Here, you are a guest with full country club privileges: Golf on our magnificent . . ."

As one of the many services provided by the Local Arrangement Committee of the Greater Savannah Area c/o Dr. Samuel A. Torres, Chairman, you can course your reservations through him. If you let him know the type of accommodations you want, he will have you pre-registered at the hotel such that when you check in, you will be able to go straight to your rooms. Why not send him a note after reading this Newsletter? You will make his and your task easier.

CONTRIBUTION OF ITEMS OF INTEREST TO THE GENERAL MEMBERSHIP FOR PUBLICATION IN OUR NEWSLETTER IS MOST WELCOME.

Newsletter Editor: Ludovico S. Villanueva, M.D.
Editorial Assistant: Sherry Busby

NEWSLETTER

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

1676 MULKEY ROAD SUITE G
AUSTELL, GEORGIA 30001

(404) 941-3564



VOLUME I

FEBRUARY 15, 1977

NUMBER 3

FIRST SCIENTIFIC PROGRAM ISSUE

PRESIDENT'S MESSAGE:

First, it was "going to Savannah." Now we can say we have been there. We had a grand time and we have fond memories of it. Our November meeting was a huge success. Thanks to Dr. Samuel A. Torres and all who worked with him for a brilliant and well-coordinated handling of the affair. Thanks to the speakers for their excellent presentations. Thanks to the drug companies and their representatives for their support. Thanks to the Association members for their interest, attendance, and enthusiasm.

Our first scientific program was but the beginning of many more to come. Continuing medical education holds a high priority in our Association's agenda. Thus far, we are laying the foundation for eventual Category I accreditation of our scientific sessions by the Council on Continuing Medical Education of the American Medical Association. We know that it will take time but we have our eyes on it. We encourage everyone to recommend ways of strengthening our programs so as to best serve the needs of our members and of Georgia Medicine.

Callaway Gardens Holiday Inn, Pine Mountain, Georgia will be our meeting place come July 15, 16, 17, 1977. Featured will be our second scientific program, our third general business meeting, tennis and golf tournaments, and other pleasurable activities. There, we wish to greet and enjoy each other once again.

We are moving on. We intend to keep growing. We intend to have a meaningful existence. Our organization has the resources to do so.

Ludovico S. Villanueva, M.D.

SAVANNAH MEETING IN BRIEF: Held at the Savannah Inn and Country Club, Savannah, Georgia

Friday, November 12, 1976

6 PM – till REGISTRATION, COCKTAILS – Hospitality Suite, Room 914

Saturday, November 13, 1976

8 AM – 12 N TENNIS TOURNAMENT, Singles and Doubles

8 AM – 12 N GOLF TOURNAMENT

12 N – 1 PM LUNCH "ON YOUR OWN"

9 PM – 1 PM GUIDED TOUR OF THE CITY AND LUNCH AT PIRATES HOUSE

2 PM – 5 PM SCIENTIFIC SESSION – St. Andrews Room

Mason G. Robertson, M.D., F.A.C.P.

"Advances in Cancer Chemotherapy"

Thomas J. Yeh, M.D.

"Coronary Artery Bypass Surgery"

Ludovico S. Villanueva, M.D.

"Psychiatric Medicine"

5 PM – 6 PM GENERAL BUSINESS MEETING – St. Andrews Room

7 PM – 8 PM COCKTAILS – Emerald Room

8 PM – till DINNER – Emerald Room

DANCE – Dino's Den

Sunday, November 14, 1976

OPEN

(The scheduled Deep Sea Fishing was Cancelled.)

THOSE IN ATTENDANCE IN SAVANNAH:

Present were Doctors Eligio Q. Abellera, Eudora M. Abellera, Manolo B. Apanay, Grace C. Bautista, Victor Bautista, Melania B. Domingo, Rodolfo S. Lazo, Lumawig Y. Munsayac, Lorna Beldia O'Brien, Antonio Ong, Cecilia Ong, Josefina P. Parungao, Romulo L. Parungao, Jose H. Porquez, Emiliano P. Quilala, Mason G. Robertson, Antonio R. Rodriguez, Warlito G. Rollolazo, Antonio L. Samson, Corazon S. Samson, Marcelo Santiago, Ruben D. Silan, Maylinda Mancao Tabanera, Pablito Tabanera, Samuel A. Torres, Dominiciano A. Valbuena, Ludovico S. Villanueva, Thomas J. Yeh.

Guests present were Mrs. Valentina Silan, Mr. and Mrs. Elpidio Apanay, Mrs. Thomas Yeh, Mrs. Grace Rollolazo, Mrs. Gayle Valbuena, Mrs. Lumawig Munsayac, Mrs. Erlinda Porquez, Mrs. Vickie Quilala, Mrs. Amparo Porquez, Mrs. Karin Villanueva, Mrs. Gloria Apanay, Mrs. Linda Torres, Mr. Patrick O'Brien, Mr. Nestor Domingo, Mrs. Soledad Tabanera, Mr. and Mrs. Honorato Garciano.

We acknowledge the absence of Doctors Ariston J. Mahusay and Desideria T. Mahusay who were scheduled to attend. They informed us shortly before the meeting of their inability to make it because of the latter's illness. Dr. F. C. Nora, Jr. sent word that he would have loved to come but could not on these dates. For still other reasons, Drs. Benjamin Alimurung, Fortunata Alimurung, A. L. Linatoc, Erlinda Valdecanas, and Virgilio Q. Valdecanas advised us of their not being able to be present.

FRIDAY NIGHT:

This was a most relaxing night as members engaged each other in both idle and serious conversation. More nights like this we could stand! Names lose their strangeness and assume definite personal shapes and characters. In sharing ourselves we became enriched.

TENNIS AND GOLF TOURNAMENTS:

The tournaments were well fought. Doctor Porquez vowed to take the tennis championship home but bowed to Doctor Torres' magnificent shots. Perhaps next time . . . who knows . . .

The winners are:

- | | | |
|-----------------|----------------|---|
| Tennis Singles | — First Prize | — Dr. Samuel A. Torres |
| | — Second Prize | — Dr. Jose H. Porquez |
| Tennis Doubles | — First Prize | — Dr. Eligio Q. Abellera and Mr. Pat O'Brien |
| | — Second Prize | — Dr. Samuel A. Torres and Mr. John Birkheimer, Ayerst Laboratories |
| Golf Tournament | — First Prize | — Dr. Lumawig Y. Munsayac |
| | — Second Prize | — Dr. Dominiciano A. Valbuena |
| | — Third Prize | — Mr. Charles Darling, SKF Laboratories |

It appears that the tennis and golf tournaments will become a permanent fixture of our meetings.

GUIDED TOUR OF THE CITY:

Most interesting and most pleasurable are the sights of Historic Savannah. It never ceases to amaze us how early Georgia settlers lived such gracious lives! We certainly can learn from them. Our thanks to the Historic Savannah Foundation for a splendid tour. The children enjoyed this activity immensely.

SCIENTIFIC SESSION

Twenty-seven physicians were in attendance to hear Doctors Robertson, Yeh, and Villanueva give talks on their favorite subjects. Audience participation was lively and considerable. Doctor Torres served as moderator. One would think it would be difficult to have three different subjects presented in one setting. Not at all. Not at all. The summaries of their presentations follow:

ADVANCES IN CANCER CHEMOTHERAPY:

As with so many other fields in medicine, there has been a virtual technological explosion in the management of cancer during the last decade or two. Beginning with the use of a few drugs in hematological malignancies used by hematologists, there has now developed a whole new field under the heading of Medical Oncology in which a number of highly toxic drugs known generically as chemotherapy, along with an even newer modality known as immunotherapy, has been brought to bear on a wide variety of cancers.

Even in the last century, arsenicals were used in certain forms of chronic leukemia. Following the introduction of Mustard gas for military purposes in World War I, studies revealed the usefulness of Nitrogen Mustard in certain kinds of malignancies such as Hodgkin's disease. Shortly after World War II, Dr. Sidney Farber introduced the use of Antifolic Acid preparations in the treatment of childhood leukemia. Methotrexate was an outgrowth of these early beginnings. Other drugs such as 6-Mercaptopurine, Chlorambucil and Myleran were introduced for various types of leukemia. From these small beginnings, a host of drugs have been introduced for the treatment not only of the hematological malignancies but of the various so-called solid tumors as well. The list of these drugs is now as extensive as a listing of the various antibiotics used in infectious disease.

During the 1960s, it was learned that many so-called solid tumors were better helped if a combination of drugs were used. To evaluate these combinations, there grew up a number of cooperative study groups around the country totalling several dozen, each composed of 15 or 20 separate centers. Protocols were developed and cancer patients were enrolled as volunteers. The efficacy of a given protocol was determined on a statistical and actuarial basis. Thus, step by step, we have come to our present position which is as yet only a threshold step in the direction of the medical control of cancer. Certain malignancies such as Hodgkin's disease, some forms of histiocytic lymphoma, choriocarcinoma, and even some cases of acute leukemia can now be said to have been cured.

Much remains to be done. Agents with greater effectiveness and less toxicity must be found. Medical Oncology as a specialty now takes its place along with radiotherapy and cancer surgery as a new type of fighting force in this dread disease.

Mason G. Robertson, M.D., F.A.C.P.

CORONARY ARTERY BYPASS SURGERY:

The single most important health problem in the United States is coronary heart disease. For many years this was the domain of Internists and Cardiologists until aorto-coronary bypass graft surgery was introduced in 1967. The efficacy of this procedure in relieving the angina has proved itself and statistics are coming in that the longevity of the patient is actually prolonged by these procedures. Increasingly large numbers of the patients are being operated on for this condition throughout the country. In our institution in Savannah, for instance, coronary artery surgery was started in 1970 and the case load has increased steadily. For the year 1976 approximately 140 coronary bypass procedures were done in our hospital. The mortality rate of the procedure also has been very low and in a good many institutions it is less than 1%. About 75% to 80% of the patients can be expected to become totally angina-free after surgery. Additional 10% to 15% of the patients will be significantly improved. The long-term patency rate of the vein graft has been 80% to 85%. Once the myocardium sustains infarction, and if a sizable portion of the myocardium is damaged, the function cannot be regained by coronary bypass procedure. If there is localized aneurysm, this can be resected successfully. The ventricular aneurysm resection carries a higher mortality rate of 5% to 10%. Co-existing valvular disease can be corrected during the coronary bypass procedure with a very acceptable mortality-morbidity figures.

Coronary artery bypass surgery has become a well established, clinically proven method of treatment for angina, which is refractory to medical management.

Thomas J. Yeh, M.D.

PSYCHIATRIC MEDICINE:

Referring someone to a psychiatrist remains an awkward and anxiety-ridden act for many physicians. The idea that the psychiatrist only treats "crazy" people continues to prevail in many minds. So strong is this at times that some patients who require psychiatric help never obtain it or only after they have really indeed become "crazy". The importance of knowing what a psychiatrist does is necessary to help the patient feel comfortable in seeking treatment for his suffering. This knowledge is most beneficial in the physician's ability to rightly inform the patient not only who but what kind of specialist the doctor is sending him to (or coming to see him in his hospital bed).

First of all, it is imperative for the referring physician to tell the patient that he is being referred to another M.D. who understands the physical aspects of a person and who specializes in diagnosing and treating emotional, mental, behavioral, and psychosomatic illnesses. If the patient is well enough to ask the question, "Doctor, why are you asking me to see a psychiatrist?" the following simplified explanation can be given. The psychiatrist treats not only those who are actively psychotic, raving mad, but also those who are merely

experiencing aches and pains and anguish in the process of living life, like losing a loved one. And, of course, those in between who may suffer, for instance, from a severe depression or chronic intense low back pain. Many psychiatric illnesses are expressed through bodily organs or organ systems. The symptom as experienced by the patient is really felt by him and not just imagined. Thus, the doctor does not doubt that he is really suffering in the manner he says he is. The patient, however, should understand that the symptom or symptoms come from at least two sources: physical and/or emotional-mental. From the referring physician's history taking, physical examination and other test results, he believes that the source of the patient's complaint is most likely emotional-mental or of this exerting considerable influence. The psychiatrist can be of more help to him with this kind of sickness than the referring doctor. If the above is not sufficient for a few patients to bring themselves to see a psychiatrist, the physician can proceed to briefly discuss what is meant by emotional-mental aspects of an individual. Feelings are present in all of us and they can be hurt. Hurt feelings can lead to distorted thinking. Distorted thinking persisted over time can produce unusual changes in one's way of acting or behaving. Symptoms can occur along this train of events.

Psychiatric Medicine as a medical specialty can be counted upon as a most useful ally in our attempts to help patients become healthy and productive members of society. Hopefully, referring a patient to a psychiatrist can become but a little harder than writing a prescription and no longer a painful act.

Ludovico S. Villanueva, M.D.

MINUTES OF THE SECOND GENERAL BUSINESS MEETING:

Following the scientific presentations by three designated speakers, Doctors Robertson, Yeh, and Villanueva, the general business meeting commenced and was presided over by our President, Dr. Ludovico S. Villanueva.

- I. The President called the meeting to order.
- II. Twenty-seven members were in attendance.
- III. The Minutes of the first general business meeting which appeared in the first issue of the PAMAG Newsletter was approved by the body.
- IV. Membership Committee Chairman's Report: Dr. Victor Bautista stated that twenty-six members paid the 1976-77 annual dues. Approximately forty physicians have applied for membership. He urged every member to recruit others to join the Association.
- V. Treasurer's Report: Dr. Samuel A. Torres reported on the financial situation of the organization. Being the Local Management Committee Chairman as well, he mentioned the different activities the members, their families, and guests may participate, most especially the Dinner-Dance Saturday night. He will also be checking into the tax-exempt status of the Association from the Internal Revenue Service. However, members can legally deduct expenses incurred in attending the Scientific Meeting.
- VI. The present Seal of the Association will be retained unless a better suggestion or idea comes up. The body approved the motion that the seal should be in color—red, white, and blue.
- VII. The body approved the present format of the PAMAG Newsletter. It will be numbered in sequence so that it can be bound and serve as documents for the Association's activities.
- VIII. The next scientific and general business meeting will be decided by the Council as to the place, time, and date. The body authorized the Council to do this with the understanding that it would be more practical for the Association to meet at a time when the children are out of school. Possible sites mentioned included Callaway Gardens, Atlanta, Pine Isles, Jekyll Island, and St. Simon's Island.
- IX. The Local Arrangements Committee announced that athletic tournament and door prizes were donated by representatives of drug companies.
- X. Honorary memberships were given to our guest speakers, Drs. Robertson and Yeh. This was a unanimous action by the body. They will be asked to confirm their acceptance of honorary memberships.
- XI. The body decided to give to each guest speaker an honorarium of at least One Hundred Dollars (\$100.00).
- XII. The meeting was duly adjourned.

Respectfully submitted,
Emiliano P. Quilala, M.D., Secretary

DINNER-DANCE:

The dinner-dance was well-attended. Food was good and there was plenty of conversation. Doctor Torres, assisted by Doctor Villanueva, presided over the presentation of awards to winners of the tennis and golf tournaments. This was done at the conclusion of dinner. Also awarded was a silver tray door prize which was won in a raffle by Dr. Thomas J. Yeh. The group then went on foot across the street to Dino's Den where the light-footed danced most of the night. We are told that the last ones to leave did so past one o'clock. It seems that the dinner-dance will become a permanent feature of our meetings. So be it.

SOME OBSERVATIONS:

Our meetings can truly be a time for the family to be out of town together . . . Having many of us stay in one area of the hotel promoted greater fellowship . . . Rotating meeting places throughout Georgia should facilitate our knowledge and familiarity with the state . . .

ACKNOWLEDGEMENT:

We acknowledge our sincere appreciation to the following drug representatives and the companies they represent for their financial contribution towards the cost of the trophies awarded to the tennis and golf tournament winners.

Mr. Bob Corley — Lederle Laboratories
Mr. Edward A. Kenreich — Roche Laboratories
Mr. Fred Newlin — Warren-Teed Pharmaceuticals
Mr. Paul Graham — Bristol Laboratories
Mr. Homer Hagman — Penwalt Corporation
Ms. Marcia Scott — Schering Corporation
Mr. Gerald Strom — Pfizer Laboratories

Mr. John Birkheimer — Ayerst
Mr. John Cruz-E. R. Squibb & Sons
Mr. Mac Thompson — Roerig
Mr. Cliff Wilson — A. H. Robins Company
Mr. Harvey Ferrelle — Mertell-National
Mr. John Poticny — SKF Laboratories
Mr. Charles Darling — SKF Laboratories

We further thank Mr. John Poticny for the beautiful silver tray door prize which his company, Smith Kline & French Laboratories, donated.

CONGRATULATIONS:

Dr. Rodolfo S. Lazo is the 1977 Chairman of the Ways and Means Committee of the Filipino-American Association of Greater Atlanta. We wish him much success in his work.

MEMBERSHIP APPLICATION FORM:

An Application form is included with this Newsletter to allow those who have not applied so far to do so at this time. Please attach a passport size picture with the application. Annual dues of \$50.00 (\$30.00 for interns or residents in training) can be sent along with the application to Dr. Victor Bautista, Vice-President and Membership Chairman, Box 87, Midway, Georgia 31320 or directly to our Treasurer, Dr. Samuel A. Torres, Post Office Box 6555, Savannah, Georgia 31405.

STANDARDIZED APPLICATION FORMS:

Members who have completed an application form will be receiving with this Newsletter a typed application in duplicate. We have transferred information earlier furnished us into this form to standardize our files for permanent record. Please fill in the blanks or spaces as indicated and correct any inaccurate information. Please note if a picture is requested. Kindly sign and return the original to Dr. Victor Bautista, Box 87, Midway, Georgia 31320. Keep the copy for your files.

A WORTHY SUGGESTION:

From Dr. Romulo L. Parungao comes the suggestion of forming a "Singing Medics" choral group that will promote our association as singing ambassadors. He adds, "It can be done!" It should be done. Perhaps we will have something going by the time we hold our Callaway Gardens meeting.

COUNCIL ACTIONS:

The PAMAG Council held two telephone conferences in January, 1977. The first occurred on January 27, 1977. Participating were Doctors Villanueva, Bautista, Torres, Quilala, Apanay, and Eligio Abellera. They decided (1) to hold the next scientific and general business meeting at Pine Isles on July 1, 2, 3, 1977; (2) to appoint Dr. Manolo B. Apanay as Chairman of the local arrangements committee and Drs. Emiliano P. Quilala and Eligio Q. Abellera, as members; and (3) to authorize said committee to make all the arrangements connected with the meeting, including the speakers and the program. The Council members were also apprised with the work of the different committees like the recruitment of new members and the progress of the MEMBERSHIP DIRECTORY.

Due to a definite conflict in dates and some questions about the advisability of holding the meeting so close to Atlanta, another telephone conference took place on January 31, 1977. The same doctors were present with the exception of Dr. Eligio Abellera who was ill. Substituting for him was Dr. Eudora M. Abellera. Prior commitments prevented Dr. Jose H. Porquez from taking part. The Council decided to change the meeting place to Callaway Gardens Holiday Inn, Pine Mountain, Georgia and the dates to July 15, 16, 17, 1977.

MORE ABOUT THE SCIENTIFIC MEETING:

Attendance at this scientific meeting is a tax-deductible expense. The meeting place is Callaway Gardens Holiday Inn, Pine Mountain, Georgia 31822. The dates are July 15, 16, 17, 1977 (Friday night to Sunday noon). Please mark your calendars.

Tentative schedule: Friday night: 6 PM – till: Registration, Cocktails at the Hospitality Suite. Everyone is expected to check in at the Callaway Gardens Holiday Inn by at least Friday night for us to take advantage of fringe benefits offered by the hotel. (July 1977 hotel rates: \$36 single or double). Check in time is after 4 PM and check out is 12 noon. Saturday Morning: 8 AM – 12 N: Tennis Tournament, Golf Tournament, Swimming, Visiting the Gardens, the Little White House, etc. Saturday Afternoon: Scientific Session: Meeting Room, 2-5 Pm. Three speakers are planned to talk on the following subjects: Infectious Diseases, Gastroenterology, Advances in Radiology, or Medical Economics. Details of the scientific program will be made as they become available to us and will be published in our Newsletter. General Business Meeting: Meeting Room, 5-6 PM. Saturday Evening: Cocktails, Dinner-Dance, 7 PM – till. Sunday Morning: Open. Suggestions on how to utilize this time effectively will be entertained.

Members are urged to invite medical colleagues from within the state and from other states.

RESERVATIONS AT CALLAWAY GARDENS HOLIDAY INN:

The hotel has reserved 25 sleeping rooms and 1 parlor which will serve as our Hospitality Suite. They require a rooming list by June 15, 1977. Any unused rooms will be released at that time. Reservations can be made directly with the hotel by calling (404) 688-8542 mentioning the fact that you are with the Philippine American Medical Association of Georgia or by writing to Callaway Gardens Holiday Inn, Pine Mountain, Georgia 31822, also stating that you are an Association member. Because the reserved rooms are located in one area of the hotel, it is important for us to reserve early so we will not get scattered all over the place.

TREASURER'S FINANCIAL REPORT: January 31, 1977

Dear Doctor Villanueva: We opened our account with C&S Bank on June 30, 1976, and as of December 31, 1976, we have made total deposits of \$2,785.00 and total check outlay, including bank charges, of \$2,006.54. We therefore have a standing balance in the bank of \$778.46. Although looking at my cancelled check stubs, there is at least one check that has not been cashed yet and this is the check that was given to Dr. Thomas Yeh to the tune of \$100.00. Here is a breakdown basically of the expenses that the organization has incurred. Please bear in mind that the total amount of money deposited included the membership dues, registration fee for the meeting as well as the donations of the drug representatives who helped us with the meeting. I believe you have most of that information in my previous letter.

1. Terrace Garden Inn, \$201.41, June 18, 1976.
2. John Holland Company, charge for printed checks, \$9.11, June 28, 1976.
3. Dr. Ludovico Villanueva, \$160.51, July 21, 1976, for reimbursement.
4. Dr. Ludovico Villanueva, \$156.04, September 30, 1976, also for reimbursement.
5. Southern Business Machines, \$11.36, November 8, 1976, name tags, etc.

6. Segall & Sons, \$96.36, November 9, 1976, for trophies.
7. Insty Prints, \$23.36, November 9, 1976, printing.
8. Segall & Sons, \$13.11, November 18, 1976, golf prize.
9. Historic Savannah Foundation, \$210.00, November 30, 1976, tour of the city.
10. Savannah Inn and Country Club, \$1,024.15, November 20, 1976, meeting expense.
11. Dr. Mason Robertson, \$100.00, December 13, 1976, honorarium.

I hope this simplified accounting will satisfy the membership. If there are any questions about it, please do not hesitate to get in touch with me.

Samuel A. Torres, M.D., Treasurer

GEORGIA WEEK:

Georgia's 244th birthday will be celebrated in Savannah February 6-13, 1977 in a week-long lineup of special events known as Georgia Week. This commemorates the founding of the colony by Gen. James Edward Oglethorpe and his band of English settlers in 1733. Highlighting the celebration will be a re-enactment of the meeting between Gen. Oglethorpe and Indian Chief Tomochichi who greeted the settlers upon their arrival.

ACCEPTANCE OF HONORARY MEMBERSHIP:

Doctors Robertson and Yeh confirmed their acceptance of honorary membership in the Philippine American Medical Association of Georgia. We are most happy to have them with us.

OUR PHOTOGRAPHER:

Pharmacist Mr. Patrick O'Brien has been serving as our photographer. We thank him for donating his services and his resources. He has recorded in pictures, the Associations functions. Soon we hope to have them arranged in an album. This will be the task of Dr. Lorna Beldia O'Brien who is in charge of the organization's Scrap Book.

ORDERS FOR PICTURES TAKEN DURING MEETINGS:

Quite a few members and guests have expressed interest in ordering pictures taken during our meetings. The plan is to have the pictures arranged in an album in such a way that individuals are enabled to choose the pictures they wish to order. Having done that, it will just be the question of how we can pass the album smoothly along from one member to another throughout Georgia.

ACTIVE MEMBERS:

Eligio Q. Abellera, M.D., 1019 Astor Ave., Forest Park.	(404) 366-9311
Eugora M. Abellera, M.D., 35 Linden Ave., Atlanta	(404) 892-4411
Manolo B. Apanay, M.D., 409 Arrowhead Blvd., Jonesboro	(404) 477-9760
Grace C. Bautista, M.D., Fraser Dr., Hinesville	(912) 876-3555
Victor Bautista, M.D., Box 87, Midway	(912) 884-3323
Melania B. Domingo, M.D., P. O. Box 495, Alamo	(912) 568-6581
Rodolfo S. Lazo, M.D., CSH Box 167, Milledgeville	(912) 453-5365
Ariston J. Mahusay, M.D., CSH Box 43, Milledgeville	(912) 453-4394
Desideria T. Mahusay, M.D., CSH Box 43, Milledgeville	(912) 453-5371
Lumawig Y. Munsayac, M.D., P. O. Box 487, Lumber City	(912) 363-4389
Lorna Beldia O'Brien, M.D., 1968 Peachtree Rd., Atlanta	(404) 355-7611
Antonio Ong, M.D., Box 87, Midway	(912) 876-9780
Cecilia Ong, M.D., Fraser Dr., Hinesville	(912) 876-3555
Josefina P. Parungao, M.D., Walton Co. Hospital, Monroe	(404) 688-7393
Romulo L. Parungao, M.D., 1235 Salem Gate Way, Conyers	(404) 922-3200
Jose H. Porquez, M.D., P. O. Box 191, Monroe	(404) 267-7911
Emiliano P. Quilala, M.D., 409 Arrowhead Blvd., Jonesboro	(404) 477-9760
Antonio R. Rodriguez, M.D., Medical Coll. of Ga., Augusta	(404) 828-2505
Antonio L. Samson, M.D., 306 W. Mann, Glennville	(912) 654-3484
Marcelo R. Santiago, M.D., 100 DeLoach St., Claxton	(912) 739-4811

Teodoro A. Santos, M.D., Phoebe Putney Hospital, Albany	(912) 883-1800
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Thomas J. Yeh, M.D., 5112 Paulsen St., Savannah	(912) 354-7188

CONTRIBUTION OF ITEMS OF INTEREST TO THE GENERAL MEMBERSHIP FOR PUBLICATION IN OUR NEWSLETTER IS MOST WELCOME.

Newsletter Editor: Ludovico S. Villanueva, M.D.
Editorial Assistant: Linda Melancon

NEWSLETTER

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

1676 MULKEY ROAD SUITE G
AUSTELL, GEORGIA 30001

(404) 941-3564



VOLUME II

JUNE 5, 1977

NUMBER 1

FIRST ANNIVERSARY ISSUE

PRESIDENT'S MESSAGE:

Time does go by fast. Today is our First Anniversary as an organization! Much good has transpired and much more is going to come about. We are a dynamic Association comprised of interesting and interested physicians. Each day spent adds more substance to our reason for being. We aim to become fully integrated into the life and work of Georgia, contributing to its health, wealth and progress.

It is proper at this time to review the purposes of our Association. They are: (1) to create an awareness of the Philippine American physicians' presence in the state, (2) to promote the high level of competence of its members and to raise it through the development of continuing medical education programs, (3) to enhance its members' involvement in their particular communities in health and other civic matters, (4) to encourage greater knowledge of the state, its history, geography, culture and continuing progress and (5) to contribute to the presentation and enjoyment of Philippine American culture.

As can be seen, there are many more challenging and many more pleasant tasks ahead of us. One such task takes place next month. It is our Second Scientific and Third General Business Meeting to be held on July 15, 16, 17, 1977 at the Callaway Gardens Holiday Inn, Pine Mountain, Georgia. We trust that you had reserved these dates as requested in our previous Newsletter issue and will be participating.

Come to magnificent Callaway Gardens. By your attendance show your pride in being a member of the Philippine American Medical Association of Georgia and let us celebrate at that time the first anniversary of our existence!

Ludovico S. Villanueva, M.D.

HERE ARE THE IMPORTANT FACTS:

1977 PAMAG Second Scientific and Third General Meeting

Callaway Gardens Holiday Inn, Pine Mountain, Georgia

July 15-17

Philippine American and other interested physicians

Call (404) 688-8542 for hotel reservation, stating you are with the Philippine American Medical Association of Georgia

Do so by June 15 to assure getting a room you want.

THE PROGRAM: CALLAWAY GARDENS HOLIDAY INN

Friday, July 15, 1977	
6 PM - till	REGISTRATION, COCKTAILS - Hospitality Suite
Saturday, July 16, 1977	
8 AM - 12 N	TENNIS OR GOLF TOURNAMENT OR SCENIC TOURS
12N - 1 PM	LUNCH "ON YOUR OWN"
2 PM - 5 PM	SCIENTIFIC SESSION - Meeting Room
	Jonas A. Shulman, M.D.
	"Recent Developments in Infectious Diseases"
	John D. Meyer, M.D.
	"Computerized Axial Tomography Scans"
	Antonio R. Rodriguez, M.D.
	"Current Concepts in the Management of Acute Leukemia"
5 PM - 6 PM	GENERAL BUSINESS MEETING - Meeting Room
6 PM - 6:30 PM	PAMAG COUNCIL CONFERENCE - Meeting Room
7 PM - 8 PM	COCKTAILS
8 PM - till	DINNER—DANCE
Sunday, July 17, 1977	
8 AM - till	MORE SCENIC TOURS

Additional information or any changes in the program will be made available to you during registration time.

NOTES ON THE SCIENTIFIC SESSION SPEAKERS:

Dr. Jonas A. Shulman, Associate Dean for Clinical Affairs, Emory University School of Medicine as well as Professor of Medicine, Professor of Preventive Medicine and Community Health, and Director of the Division of Infectious Diseases in the Department of Medicine of the same institution, was born in Baltimore, Maryland. He obtained his medical degree from the University of Maryland and did postgraduate studies at the University of Maryland, University of Washington, and the United States Public Health Service-Epidemic Intelligence Service, Center for Disease Control. Author or co-author of numerous publications, including Handbook of Diagnosis of Infectious Diseases, he is a Diplomate of the American Board of Internal Medicine and is a member of the Infectious Diseases Society of America.

Dr. John D. Meyer, Assistant Professor of Radiology, Emory University School of Medicine and Director of Neuroradiology, Grady Memorial Hospital, Atlanta, Georgia, was born in New York, New York. He graduated from the University of Miami School of Medicine and trained at Tulane University Charity Hospital, New Orleans and at University of Miami affiliated hospitals. He is a Diplomate of the American Board of Radiology and is a member of the American College of Radiology.

Dr. Antonio R. Rodriguez, Assistant Professor of Medicine, Medical College of Georgia, was born in Cebu City, Philippines. He obtained his M.D. from the Cebu Institute of Medicine and did his postgraduate studies at the Medical College of Ohio at Toledo and at the Medical College of Georgia. His subspecialty is Hematology. A Diplomate of the American Board of Internal Medicine, he is a member of the American Society of Hematology and of the American Federation for Clinical Research.

THOSE WHO ARE COMING TO CALLAWAY GARDENS:

As of today, the following physicians are planning to be at our meeting next month. Knowing that our meetings can truly be a time for the family to be out of town together, we are hopeful that their families will be with them. We also hope that those who have not decided so far will definitely decide to come to this excellent educational program, with lots of opportunities for fun as well.

Dr. Eligio Q. Abellera
Dr. Eudora N. Abellera
Dr. Manolo B. Apanay
Dr. Victor Bautista
Dr. Grace C. Bautista
Dr. Rodolfo S. Lazo
Dr. Romualdo Laygo
Dr. Lorna Beldia O'Brian
Dr. Romulo L. Parungao
Dr. Josefina P. Parungao
Dr. Jose H. Porquez
Dr. Emiliano P. Quilala
Dr. Antonio R. Rodriguez
Dr. John D. Meyer
Dr. Warlito G. Rollolazo
Dr. Ruben D. Silan
Dr. Jonas A. Shulman
Dr. Smauel A. Torres
Dr. Dominiciano A. Valbuena
Dr. Ludovico S. Villanueva
Dr. Dionisio A. Pinero
Dr. Teodoro A. Santos

CONCERNING THE REGISTRATION FEE:

A registration fee of Twenty Dollars (\$20.00) will be charged per person. This will cover the Saturday pre-dinner cocktails and the Dinner-Dance including gratuities as well as the cocktails Friday on arrival.

TENNIS OR GOLF TOURNAMENT OR SCENIC TOURS:

Prizes will be awarded to the tournament winners. There is still time to join. Contact Dr. Manolo B. Apanay (404) 477-9760. /for scenic tours, also communicate directly with Doctor Apanay who serves as the Local Arrangements Committee Chairman.

A YEAR AGO, A QUOTE FROM DOCTOR SILAN:

"Dear Doctor Villanueva: I just finished reading the Newsletter you mailed to me. My heartfelt congratulations to all of those who put their efforts to organize. It is about time to have an organization like this in this State of Georgia and every physician who is proud of his ethnic background will not hesitate to join it...I am very proud to be an Active member and (will) help for the betterment and interest of the Association."

(Signed) Ruben D. Silan, M.D.

**FROM THE EDITOR, GEORGIA PSYCHIATRIC ASSOCIATION NEWSLETTER
TO THE EDITOR, PAMAG NEWSLETTER: March 3, 1977**

"I just had the opportunity of reading Volume I Number 3 of the Philippine America Medical Association of Georgia Newsletter, and I want to compliment you on an excellent paper."

Signed) Sheldon B. Cohen, M.D.

APPOINTMENT OF DR. ROMULO L PARUNGAO:

The President of the Association appointed Doctor Parungao as Chairman of the PAMAG Singing Medics Choral Group. The initial performance of the group is expected to be at the Callaway Gardens meeting, if not sooner.

ACTIVE MEMBERS:

Eligio Q. Abellera, M.D., 1019 Astor Ave., Forest Park	(404) 366-9311
Eugora M. Abellera, M.D., 35 Linden Ave., Atlanta	(404) 892-4411
Manolo B. Apanay, M.D., 409 Arrowhead Blvd., Jonesboro	(404) 477-9760
Grace C. Bautista, M.D. Fraser Dr. Hinesville	(912) 876-3555
Victor Bautista, M.D. Box 87, Midway	(912) 884-3323
Melania B. Domingo, M.D., P.O. Box 495, Alamo	(912) 568-6581
Rodolfo S. Lazo, M.D., CSH Box 167, Milledgeville	(912) 453-5365
Ariston J. Mahusay, M.D. CSH Box 43, Milledgeville	(912) 453-4394
Desideria T. Mahusay, M.D., CSH Box 43, Milledgeville	(912) 453-5371
Lumawig Y. Munsayac, M.D., P.O. Box 487, Lumber City	(912) 363-4389
Lorna Beldia O'Brian, M.D. 1968 Peachtree Road, Atlanta	(404) 355-7611
Antonio Ong, M.D. box 87, Midway	(912) 876-9780
Cecilia Ong, M.D., Fraser Dr., Hinesville	(912) 876-3555
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Antonio L. Samson, M.D., 306 W. Mann, W. Glenville	(912) 654-3484
Marcelo R. Santiago, M.D., 100 DeLoach St., Claxton	(912) 739-4811
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Maylinda Mancao Tabanera, M.D., CSH Box 76, Milledgeville	(912) 453-5294
Pablito A. Tabanera, M.D., CSH Box 76, Milledgeville	(912) 453-4031
Samuel A Torres, M.D., P.O. Box 6555, Savannah	(912) 352-8632
Dominiciano A. Valbuena, M.D., 36 Medical Arts, Savannah	(912) 354-5335
Ludovico S. Villanueva, M.D., 1676 Mulkey Rd., Austell	(404) 941-3564

HONORARY MEMBERS:

Mason G. Robertson, M.D., F.A.C.P., Box 13626, Savannah	(912) 354-8722
Thomas J. Yeh, M.D., 5112 Paulsen St., Savannah	(912) 354-7188

NEW ACTIVE MEMBERS: WE WELCOME YOU:

Romualdo Laygo, M.D.
James Tagle, M.D.
Raymond T. Mallari, M.D.
Warlito G. Rollolazo, M.D.

SOCIETY OF PHILIPPINE SURGEONS IN AMERICA SEMINAR:

The Society of Philippine Surgeons in America will be holding their Third Annual Seminar in Surgery here in Atlanta, Georgia at the Omni International Hotel on July 6-9, 1977 Isaias D. Sunaga, M.D. initially invited the participation of our organization in welcoming the different registrants for the seminar. The PAMAG Council decided to accept the invitation. Herman M. Reyes, M.D., Chairman of their Continuing Education Committee wrote PAMAG President, Doctor Villanueva, asking him to say a few words at the opening session before the President of the Society of Philippine Surgeons in America formally opens the Seminar. Dr. Romulo L. Parungao has been appointed by the President of our association to coordinate our efforts in assisting them in manning the hospitality suite and in serving the registration of seminar participants and in any other way we can be of help to them have a successful seminar.

NOTE OF CHANGE OF OUR THIRD SPEAKER:

There has been a change in our third speaker (reserved for an Active member of our organization) and of the subject of the talk because the original speaker on "Gastroenterology" will be unable to make it.

NEWSLETTER

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ATLANTA, GEORGIA 30342

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PHILIPPINE AMERICAN
MEDICAL ASSOCIATION
OF GEORGIA

VOLUME II

NOVEMBER 15, 1977

NUMBER 2

SECOND SCIENTIFIC CONFERENCE ISSUE

ALSO FEATURING DETAILS OF THE THIRD SCIENTIFIC CONFERENCE

PRESIDENT'S MESSAGE:

In this fifth issue of our NEWSLETTER, we have many things to be thankful for. We are continually gaining in strength and in numbers. Interest runs high. More and more members are actively involved in the activities of the Association.

A highly successful Second Scientific Conference with great speakers was held at Callaway Gardens. We are thankful for the members who came for the very first time and proud for all those who have been coming since our formation. We are grateful to Dr. Manolo B. Apanay who served creditably as Local Arrangements Committee Chairman.

We produced an outstanding Souvenir Program in whose pages the DIRECTORY OF MEMBERS and our CONSTITUTION AND BYLAWS were included. Our appreciation goes to Senators Herman E. Talmadge and Sam Nunn and to Governor George Busbee for their warm and reassuring messages. We are thankful for the support of the different donors and advertisers.

Just two issues back, in this column, was expressed the eventual goal of obtaining Category I accreditation of our scientific sessions towards the Physician's Recognition Award of the American Medical Association. Now it is reality. Dr. Antonio R. Rodriguez, energetic and resourceful Chairman of our Committee on Continuing Medical Education, has put it together. In collaboration with Doctor Garrison, Director of Continuing Medical Education, Medical College of Georgia. Doctor Rodriguez has arranged for a joint sponsorship of The Third Scientific Conference by the Philippine American Medical Association of Georgia and the School of Medicine, Medical College of Georgia. We are most delighted with this splendid rapport and this fantastic development.

Finally, we are happy for the work that Dr. Samuel A. Torres, Chairman, Local Arrangements Committee, is doing in connection with The Third Scientific Conference. The members can fittingly compliment him by attending this Category I meeting. Let us invite our colleagues and let us congregate at the Savannah Inn and Country Club, Savannah, Georgia, on January 13, 14, 15, 1978 !

Ludovico S. Villanueva, M.D.

CALLAWAY GARDENS MEETING HIGHLIGHTS: Held at Callaway Gardens Inn, Pine Mountain, Georgia.Friday, July 15, 1977

6 PM – till

REGISTRATION, COCKTAILS – Hospitality Suite

Saturday, July 16, 1977

8 AM – 12 N

TENNIS AND GOLF TOURNAMENTS SCENIC TOURS

12 N – 1 PM

LUNCHTIME – "To Each His Own"

2 PM – 5 PM

SCIENTIFIC SESSION – Gardens View Room

Jonas A. Shulman, M.D.

"Recent Developments in Infectious Diseases: A Rational Approach To Antibiotic Use"

John D. Meyer, M.D.

"Computerized Axial Tomography Scans"

Antonio R. Rodriguez, M.D.

"Current Concepts in the Management of Acute Leukemia"

5 PM – 6 PM

GENERAL BUSINESS MEETING – Gardens View Room

6 PM – 6:30 PM

PAMAG COUNCIL CONFERENCE

7 PM – 8 PM

COCKTAILS – Hospitality – South Ballroom

8 PM – 12 Midnight DINNER & DANCE – South Ballroom

Sunday, July 17, 1977

8 AM – till

MORE SCENIC TOURS

12 Noon

CHECK-OUT TIME – HOMEWARD BOUND

PRESENT AT CALLAWAY GARDENS:

Doctors Manolo B. Apanay, Grace C. Bautista, Victor Bautista, Alfonso T. Dampog, Romualdo Laygo, Rodolfo S. Lazo, Ernesto L. Ledesma, John D. Meyer, Lumawig Y. Munsayac, Lorna B. O'Brien, Josefina P. Parungao, Romulo L. Parungao, Jose H. Porquez, Emiliano P. Quilala, Antonio R. Rodriguez, Marcelo R. Santiago, Teodoro A. Santos, Jonas A. Shulman, Ruben D. Silan, James Tagle, Samuel A. Torres, Dominiciano A. Valbuena, Ludovico S. Villanueva, graced the meeting.

The guests included Mrs. Gloria Apanay, Mrs. Barbara Dampog, Mr. & Mrs. Christopher G. Knighton, Mrs. Marina Laygo, Mrs. Virgita Ledesma, Mr. Allan Magallano, Mrs. Rhonda Munsayac, Mr. Patrick O'Brien, Mr. Virgil Osias, Mrs. Erlinda Porquez, Mrs. Vickie Quilala, Mrs. Belma Rodriguez, Mrs. Joselyn Santiago, Mrs. Jettie Sue Santos, Mrs. Linda Torres, Mrs. Gayle Valbuena, Mrs. Karin Villanueva.

FRIDAY NIGHT:

This is becoming a really fun night where people can just talk and share their feelings and ideas with each other about anything and everything. Friday night should be preserved for all future meetings. It serves to keep us in touch with each other.

SCIENTIFIC SESSION:

The performance of the three speakers exceeded the expectations of the members. Our very own Dr. Rodriguez gave a very good account of himself. The speakers were most generous in giving of themselves and in the sharing of their expertise in their particular areas. It was with great regret that we had to terminate a snowballing and interesting discussion. As the saying goes, "Time is of the essence".

Summaries of their presentations appear below:

RECENT DEVELOPMENTS IN INFECTIOUS DISEASES:**A Rational Approach to Antibiotic Use**

The discussion began with a description of the mechanism of action of antibiotics. The four anatomic components of the bacterial cell where antibiotics work were described and are shown in the following table.

Site of Action

1) Cell wall synthesis

2) Cell membrane

3) Cell nucleus

4) Ribosome (protein synthesis)

Antimicrobial Agents

Penicillins

Cephalosporins

Vancomycin

Polymyxins

Sulfonamides

Trimethoprim

Erythromycin

Lincomycins

Tetracyclines

Chloramphenicol

Aminoglycosides (Streptomycin, Gentamicin, Kanamycin, Tobramycin, Amikacin)

Understanding the site of action of the antibiotics allows clinical points to be made. 1) In areas of the body such as the heart valves, when bacterial infection occurs one needs to select drugs that are primarily bactericidal. Bacteriostatic drugs will not be adequate since the white cells cannot penetrate the area to assist in bacterial killing. Thus the penicillins and aminoglycosides are frequently used. 2) In general, bacteriostatic drugs like tetracycline should not be combined with bactericidal drugs like the penicillins, since penicillins can only act when bacteria are actively synthesizing cell walls and the activity of penicillin will be nullified by the slowing down of bacterial growth by the tetracycline. 3) At times, combinations of drugs can be useful, particularly when dealing with enterococci, endocarditis, other forms of bacterial endocarditis, and severe pseudomonas sepsis.

The mechanisms of resistance to antibiotics were then outlined. Special attention was paid to plasmid associated antibiotic resistance and to the method of resistance transfer. The drugs to which resistance has been transferred in the various bacteria, including the newly recognized resistance of H. flu, the gonococcus, and most recently the pneumococcus, were discussed.

The selection of an antibiotic requires that the clinician identifies first, whether or not a bacterial infection is present and second, what the site of infection is. Once this information is obtained, then if adequate material is available for Gram stains and cultures, they should obviously be gotten. If not, knowing the site will allow one to suspect the prominent organisms and plan appropriate therapy on that basis. Next, the pharmacology of the drug is important. For example in treating meningitis, an agent like clindamycin or cephalothin could not be selected since these drugs do not reach adequate concentrations in the spinal fluid, even though the organism might appear sensitive in vitro. Then, of course, the toxic effects of antibiotics must be known as well as the allergy history. Furthermore, one must pay very close attention to the cost of antimicrobial therapy. The differential of a ten day course of sulfanomides for urinary tract infection versus that of an oral cephalosporin may be as much as \$20-\$30.

In short then, after the etiologic possibilities are either actually identified by Gram stain or suspected by knowing the site of infection, the understanding of the antibiotic spectrum of action and of the pharmacologic properties of the drug as well, their relative toxicities will allow one to rationally choose the narrowest spectrum, least toxic, pharmacologically active drug to do the necessary job.

A number of examples were given which demonstrated utilization of this outline and allowed us, hopefully, to better get an appreciation of the etiologic approach to antibiotic use.

At times, even after picking the right drug for the right "bug", the patient fails to improve. In this situation, certain questions need to be answered. Is the dose correct? Is another drug interacting to make the antibiotic less effective? Is drainage adequate? Is there an infected foreign body? Is there a suprainfection? Is there a drug fever? Is there a new infection at a different site? Was the initial diagnosis wrong?

In summary, I have tried to point out some of the basic concepts about antibiotic action and their use. By considering these points when choosing an antibiotic, I hope we can markedly improve our usage of drugs. The addition of auditing antibiotics by hospital committees should be helpful and the utilization of an outline such as the above should help one in the appropriate auditing of antibiotics.

Jonas A. Shulman, M.D.
Associate Dean for Clinical Affairs
Director, Division of Infectious Diseases
Professor of Medicine
Professor of Preventive Medicine & Community Health
Emory University School of Medicine
Atlanta, Georgia

COMPUTERIZED AXIAL TOMOGRAPHY SCANS:

Computerized axial tomography has now become a well established means of diagnosis and study of various lesions in the head. To a lesser extent, the technique is useful for studying problems in the rest of the body. With passage of time the technique will likely become well established for body examination.

The main advantage of the technique is the display of various tissue densities not previously imaged or visualized by any means. This is possible because of the generation of a fine beam of x-rays passed through the patient to be received by a sensitive detector which produces a stream of radiographic information that is analyzed by a computer in an extremely short period of time. Patients may be rapidly and safely screened for any significant neuropathologic changes, and diagnoses can be made at an earlier time than is available by any previous means. The diagnostic capability has reduced patient costs by decreasing the time necessary for neurodiagnostic studies. CT studies of the brain have had great use in evaluating pediatric congenital and acquired abnormalities and especially in following ventricular size in patients with hydrocephalus. The precise localization and extent of various space occupying lesions can now be easily demonstrated. CT scanning is especially useful for identifying presence and location of blood, either due to spontaneous hemorrhage or trauma. The scanner has had its greatest usefulness in evaluating patients with head trauma and has virtually replaced angiography in the acutely traumatized patient.

The various atrophic lesions of the brain can now be evaluated and because of this, pneumoencephalography, a difficult and hazardous procedure, has decreased in frequency. Brain tumors can now be separated from other causes of neuropathologic changes, and cerebrovascular disease can be more easily evaluated with respect to differentiation from other abnormalities and extent of the lesion. The bony cranial structures can now be easily visualized. Examination of the orbit has been greatly facilitated by the technique. Axial view of the spine which is rapidly becoming an area of great interest can now be easily obtained.

John D. Meyer, M.D.
Assistant Professor of Radiology
Emory University School of Medicine
Atlanta, Georgia
Director, Neuroradiology Department
Grady Memorial Hospital
Atlanta, Georgia

CURRENT CONCEPTS IN THE MANAGEMENT OF ACUTE LEUKEMIA:

During the past 15 years we have seen encouraging improvement in the management of acute leukemia. For example, in acute lymphoblastic leukemia (ALL) in children, the median survival used to be 3 or 4 months, whereas today 50% of these patients survive for at least 5 years and about 25% of these patients have prolonged survival without recurrence and many represent actual cures. A great deal of this success is due to advances in chemotherapy and the use of intensive treatment schedules.

Treatment for acute myelocytic leukemia (AML), especially in adults although more effective than in the past, has not been as successful as that for ALL. Complete remissions can be achieved in about one half of patients with AML. However, the median survival for those who go into remission is still dismally short – about 15 to 18 months. Attempts at increasing the response rate and median survival include research for more chemotherapeutic drugs, use of various drug combinations with manipulation of the cell cycle, addition of immunotherapy and consideration of marrow transplantation. An unusual patient with AML who is still surviving 5 years from diagnosis was presented to demonstrate the realistic goals of what conventional treatment can accomplish at this time. Another patient also from the Medical College of Georgia, the longest surviving marrow transplantation for leukemia in the world (7 years), was also shown to illustrate both as an example and as an ideal of what the clinician and the researcher can contribute together to help conquer this terrible disease.

Antonio R. Rodriguez, M.D.
Assistant Professor of Medicine
Medical College of Georgia
Augusta, Georgia

TENNIS AND GOLF TOURNAMENTS:

The singles tennis and golf tournament winners were the same as last year! Congratulations to:

Tennis Singles – First Prize – Dr. Samuel A. Torres
Second Prize – Dr. Jose H. Porquez

Tennis Doubles – First Prize – Dr. Manolo B. Apanay and Manolo Jr.
Second Prize – Dr. Jose H. Porquez and Mr. Allan Magallano

Golf Tournament – First Prize – Dr. Lumawig Y. Munsayac
Second Prize – Mr. Christopher Knighton

The participants in these tournaments really sweated them out. This activity truly compliments the scientific and social functions of our meeting.

SCENIC TOURS:

Those who came to Callaway Gardens for the first time were impressed by the depth and breath of what the place has to offer. The children enjoyed the rides, the train ride most specially. This is truly a place to relax and to commune with nature.

DINNER-DANCE:

The Mike Hein Trio provided the music and the members danced to the melodious tunes. There had been enough excitement throughout the day that the members and guests could not stay up to midnight before they disbanded. What a day!

A special feature during the Dinner-Dance was a serenade by the PAMAG SINGING MEDICS. This is a new group under the chairmanship of Dr. Romulo Parungao. Please refer to the pictures on the inside pages of this Newsletter.



Dr. Jonas A. Shulman lecturing . . .



Dr. Antonio R. Rodriguez emphasizing a point . .



Presenting The Officers: L-R. Dr. Emillano P. Quilala, Secretary; Dr. Victor Bautista, Vice-President; Dr. Ludovico S. Villanueva, President; Dr. Samuel A. Torres, Treasurer; Dr. Manolo B. Apanay, Parliamentarian.



Dr. John D. Meyer in a moment of Reflection . . .



Dr. Samuel A. Torres can't be more pleased with his repeat performance. Dr. Villanueva presenting the trophy. Dr. Apanay presiding over the awarding ceremony. *First Place Golf Tournament, happy as ever — Dr. Lumawig Y. Monstyac.*



Take a look at the principals during the Saturday Dinner and Dance.



The PAMAG Singing Medics in action. Doctors Apanay, Parungao, Quilala and Villanueva.



Dr. Manolo B. Apanay and Manolo, Jr. with their trophies as Doubles Tennis Champions.

MINUTES OF THE THIRD GENERAL BUSINESS MEETING:

The scientific portion was held at 2:00 P.M. on July 16, 1977. Dr. Villanueva presented the three speakers. The first speaker, Dr. Jonas Shulman, presented and discussed "Recent Developments in Infectious Diseases." The second, Dr. John Meyer, discussed "Computerized Axial Tomography cans." The third, Dr. Antonio Rodriguez, talked about "Current Concepts in the Management of Acute Leukemia."

This was followed by questions and answers by audience participation directed to the three speakers.

The General Business Meeting followed the Scientific Meeting. The following points were noted:

- I. Approval of the minutes of previous meetings.
- II. Unfinished business
 - a) the organization's application to IRS as tax exempt will be forwarded.
 - b) new members were recruited, although their names were not available at the meeting from membership committee chairman.
 - c) request by the President to its members regarding pictures to be included in the next magazine.
 - d) new application form was given to each member for an updated application.
- III. Membership Committee Chairman report, Dr. Bautista. He reported that there are 45 active Members.
- IV. Treasurer's report, Dr. Torres. The organization has at present \$599.46 in the bank account. There are 21 members that have registered at this scientific meeting.
- V. Program and Publicity, Dr. Porquez, no new report.
- VI. Dr. Parungao gave a short report regarding the last Society of Philippine Surgeons in America, Inc. meeting at the Omni and the PAMAG participation.
- VII. Local Arrangements Committee Chairman, Dr. Apanay, asked members regarding the social activity of the organization, new input, and constructive criticism.
- VIII. New business:
 - a) next winter meeting place. Several places suggested to include Jekyll Island, Macon, and Atlanta. It was voted to hold it in Macon. This meeting probably will be during the first week of December.
 - b) the next summer meeting (1978) was unanimously voted to be held again at Callaway Gardens.
- IX. Suggestion for the creation of a nominating committee was deferred. It was however, decided by the body that it will be the function of the Council to decide.
- X. Dr. Valbuena made an excellent comment on the program magazine. The President and Editor pointed out that Allan Magallano's help in preparing the program magazine was considerable.
- XI. The certificate of appreciation form was shown to members and these certificates are to be presented to speakers and other commendable people.
- XII. The President appointed Dr. Bautista to look into those physicians affected by the new immigration law.
- XIII. Dr. Ledesma inquired of the body and officers how new members could be recruited. It was suggested and approved by having each member obtain application blanks and give to prospective members and in turn send the applications to Dr. Bautista.
- XIV. Discussions were touched regarding the Visa Qualifying Exam (VQA).
- XV. Meeting adjourned.

Respectfully submitted,
E. P. Quilala, M.D., Secretary

COUNCIL ACTIONS:

Present during the Council meeting, which followed the General Business meeting, were: Doctors Villanueva, Bautista, Quilala, Torres, Apanay, and Porquez. Doctor Abellera was absent.

The Council made the following decisions:

1. The policy that all communication should be made official by using the organization's stationery.
2. The winter Scientific Meeting will be held on the first weekend of December, 1977.
3. The summer Scientific Meeting will be held on the third weekend of July, 1978.
4. The creation of the Nominating Committee to be composed of the out-going President, as Chairman Ex-Officio, and three members who are non-officers. Doctors Munsayac, Silan, and Parungao were appointed to be on this Nominating Committee.
5. The creation of the Committee on Continuing Medical Education with Doctor Rodriguez as Chairman.
6. The recommendation to the members' spouses regarding the creation of a medical auxillary.

SECOND SCIENTIFIC CONFERENCE SOUVENIR PROGRAM:

This souvenir program, which included the 1977-78 Directory of Members and PAMAG Constitution and Bylaws, was excellently done and has had numerous comments about how well thought-out it was. We thank all of the advertisers who helped make this souvenir program possible. If any of our members have failed to receive a copy of the souvenir program, please inform Doctor Villanueva so that he may send it to you. Also, if you would like your hospital or other institution to receive one, communicate with him as well.

CERTIFICATES OF APPRECIATION:

Certificates of Appreciation were given to Dr. Jonas A. Shulman, Dr. John D. Meyer, and Dr. Antonio R. Rodriguez for their significant contribution to the Scientific Session.

A certificate was also given to Mrs. Louise Graham for supportive services to the Association.

ACKNOWLEDGEMENT:

Our sincere thanks to the following drug representatives and the companies they represent for their financial contribution towards the cost of the trophies awarded to the Tennis and Golf Tournament winners.

Mr. Charles Livesay - Abbott Laboratories

Mr. Bert Cullifer - Smith, Kline, & French Laboratories

Mr. Barry Sloan - Pfizer Laboratories

PAMAG HOSTING THE SPSA:

Our thanks to Doctor and Mrs. Emiliano Quilala for entertaining, in the name of the organization, the officers of the Society of Philippine Surgeons in America and their spouses, at their home on July 8, 1977. It was a well attended affair and the officers were grateful for the Association's welcome and hospitality while they were in Atlanta. Mrs. Louise Graham served as the bartender and prepared the hors d'oeuvres. We are grateful for her assistance.

PAMAG SINGING MEDICS:

The PAMAG Singing Medics performed at the Omni International Hotel. The occasion was a dinner being held by the Society of Philippine Surgeons in America. They were given a warm and enthusiastic reception. Our pianist, Mr. Vic Romero, bereft of a piano that night, had to settle for a guitar to accompany the group.

EXECUTIVE COMMITTEE ACTIONS:

By unanimous decision, the Executive Committee voted on July 21, 1977, to disassociate Mr. Allan Magallano from the organization.

The Executive Committee also decided to change its meeting place from Macon, Georgia to Savannah, Georgia at the Savannah Inn and Country Club, at a time to be ascertained by the Local Arrangements Committee Chairman.

SCHEDULE OF ACTIVITIES FOR THE 1978 SAVANNAH MEETING: Savannah Inn and Country Club

Friday – January 13, 1978

6 PM – till REGISTRATION, COCKTAILS – Hospitality Suite

Saturday – January 14, 1978

8 AM – 12 Noon TENNIS, GOLF & BOWLING TOURNAMENTS
SCENIC TOURS

12 Noon – 1 PM LUNCHTIME – "At your pleasure"

1 PM – 4:45 PM SCIENTIFIC SESSION – Meeting Room

5 PM – 6 PM GENERAL BUSINESS MEETING – Meeting Room

6 PM – 6:30 PM PAMAG COUNCIL CONFERENCE – Meeting Room

7 PM – 8 PM COCKTAILS – Ballroom

8 PM – 12 Midnight DINNER AND DANCE – Ballroom

Sunday – January 15, 1978

8 AM – OPEN

12 Noon CHECK-OUT TIME – UNTIL WE MEET AGAIN . . .

MORE ABOUT THE THIRD SCIENTIFIC CONFERENCE:

Under the able chairmanship of Doctor Antonio R. Rodriguez, the Continuing Medical Education Committee has put up a program that we can be truly proud of. Doctor Rodriguez has arranged with Doctor Garrison, Chairman of the Continuing Medical Education at the Medical College of Georgia, to jointly sponsor our Third Scientific Conference. This enables this conference to be approved for three hours credit in Category I of the Physician's Recognition Award of the American Medical Association. This is a landmark in the Association's brief existence.

A brochure is being prepared by Doctor Rodriguez for distribution to as many physicians as possible in the State of Georgia and adjoining states. The Scientific Session will be conducted as follows:

- | | |
|---------|---|
| 1:00 PM | WELCOME
DR. LUDOVICO S. VILLANUEVA,
Clinical Assistant Professor of Psychiatry, Emory University; President,
Philippine American Medical Association of Georgia |
| 1:05 PM | BIOCHEMICAL ASSESSMENT OF FETAL WELL-BEING
DR. GEORGE H. NELSON,
Professor of Obstetrics & Gynecology and Chief of Section of Fetal
Medicine, Medical College of Georgia |
| 2:05 PM | DERMATOLOGIC DISORDERS IN CLINICAL PRACTICE
DR. DONALD C. ABELE,
Professor of Dermatology and Medicine, Medical College of Georgia |
| 3:05 PM | BREAK |
| 3:20 PM | FINANCIAL PLANNING FOR PROFESSIONAL CORPORATIONS
MR. ROBERT E. BLAIR,
President, Southeast Regional Office, Transnational Financial Planners,
Inc., Albany, Georgia |
| 4:20 PM | DISCUSSION |
| 4:45 PM | ADJOURNAMENT |

PRE-REGISTRATION AT THE SAVANNAH INN & COUNTRY CLUB:

A block of rooms have been reserved at the Savannah Inn & Country Club, "the perfect setting for your family's return to the 19th Century vacation". The address is:

612 Wilmington Island Road
Savannah, Georgia 31410
Telephone: (912) 897-1612

When making reservations, please identify yourself with the Philippine American Medical Association of Georgia group. A map of the vicinity is available upon request.

Please mail your registration form directly to:

Samuel A. Torres, M.D., Chairman
Local Arrangements Committee – PAMAG
901 East 66th Street
Savannah, Georgia 31406

Other activities planned:

Mrs. Gayle Valbuena and Mrs. Linda Torres Plan on entertaining the ladies with a fashion show to be held at the Isle of Hope Methodist Church. Also, they have surprises planned for the children. These activities represent the initial efforts of what may eventually become a more organized entity. The Medical Auxiliary.

Tournament Prizes:

In charge of obtaining tournament prizes is Doctor Valbuena. See him if you wish to donate.

NOMINATING COMMITTEE FOR 1978-80 OFFICERS:

The Nominating Committee composed of Doctors Munsayac, Romulo Parungao, and Silan, with Doctor Villanueva serving as non-voting Chairman, is expected to present a slate of nominees for the 1978-80 term of office. This will be done during the General Business Meeting on January 14, 1978. After the usual further nominations from the floor, if any, voting by the general membership will be done. Members are encouraged to contact any of the above physicians to express their preferred nominees for the positions of President, Vice-President, Treasurer, and Secretary.

We wish the Committee much wisdom in their choices as we would like to see elected the strongest possible leadership from within our ranks. The Officers-Elect will be installed on July 15, 1978, at the Dinner-Dance of our scheduled Fourth Scientific Conference to be held at Callaway Gardens.

CONGRATULATIONS:

Best wishes are in order to Doctors Pablito and Maylinda Tabanera on the birth of their daughter, Maida Mancao Tabanera, who came into the world on September 11, 1977.

A REMINDER FROM THE TREASURER:

Those who have not sent in their membership dues for the June, 1977-May, 1978, fiscal year, please do so now. We function best with funds in our coffers. Fifty dollars for an Active member, Thirty dollars for an Active member who is an intern or a resident in training. Send your check to:

Dr. Samuel A. Torres, Treasurer
P. O. Box 14459
901 East 66th Street
Savannah, Georgia 31406

NEW MEMBERS WELCOME!

Casimiro S. Garcia, M.D.
340 Boulevard, N.E., Suite 325
Atlanta, Georgia 30312

Benjamin B. deGracia, M.D.
United States Penitentiary
Atlanta, Georgia 30315

SEE YOU ALL IN SAVANNAH JANUARY 13!

CONTRIBUTION OF ITEMS OF INTEREST TO THE GENERAL MEMBERSHIP FOR PUBLICATION IN OUR NEWSLETTER IS MOST WELCOME.

Newsletter Editor: Ludovico S. Villanueva, M.D.
Editorial Assistant: Carol Wenzel

PHOTOS BY PAT O'BRIEN

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA
5801 Peachtree Dunwoody Road Suite 118
Atlanta, Georgia 30342

NEWSLETTER

5669 PEACHTREE DUNWOODY ROAD
SUITE 260
ATLANTA, GEORGIA 30342

(404) 255-1573



PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

VOLUME III

JUNE 25, 1978

NUMBER 1

SECOND ANNIVERSARY ISSUE

PRESIDENT'S MESSAGE:

Two years have come and gone - PAMAG organized June 5, 1976 - and not only is the Association still here but also is vibrant and filled with life. We are on the threshold of another phase of our progression. New officers are taking over next month to guide our organization for the next two challenging and exciting years. These officers are:

Emiliano P. Quilala, M.D. - President-Elect
Dominiciano A. Valbuena, M.D. - Vice-President-Elect
Eudora M. Abellera, M.D. - Treasurer-Elect
Grace C. Bautista, M.D. - Secretary-Elect

We are privileged to have them accept the responsibility of leadership. They do want and need our support in whatever way we can make it available to them. Let us start it by being on hand during their installation at the Dinner & Dance on July 15, 1978 at the Callaway Gardens Inn!

At this time, we wish to acknowledge the outgoing officers who have done a fine job during the first two years of our existence:

Ludovico S. Villanueva, M.D. - President
Victor Bautista, M.D. - Vice-President
Samuel A. Torres, M.D. - Treasurer
Emiliano P. Quilala, M.D. - Secretary

We are very thankful for the work of each one of them. We especially want to single out the contribution of Dr. Torres who has served outstandingly as keeper and protector of our Treasury as well as Chairman of the Local Arrangements Committee on two occasions, The First and The Third Scientific Conferences.

We also wish to recognize the Chairmen of the other committees who have made their mark during the past two years:

Antonio R. Rodriguez, M.D. - Continuing Medical Education
Jose H. Porquez, M.D. - Program and Publicity
Eligio Q. Abellera, M.D. - Constitution and Bylaws

Dr. Rodriguez and the members of his Committee, Dr. Raymond T. Mallari and Dr. Porquez, have made it possible for our scientific programs to obtain approval for credit in Category I of the Physician's Recognition Award of the American Medical Association. We continue to feel proud of this distinction. We are grateful for their dedication.

We appreciate the contribution of Dr. Manolo B. Apanay who is our Parliamentarian and who served well as Chairman of the Local Arrangements Committee for the Second Scientific Conference.

Dr. Romulo L. Parungao has been most gracious in accepting the task of being Chairman of the Local Arrangements Committee for the **FOURTH SCIENTIFIC CONFERENCE** to be held at Callaway Gardens Inn this coming July 14, 15, 16, 1978. This is in addition to his serving as Chairman of the **PAMAG SINGING MEDICS**. Aably assisting him in the soliciting of funds for the conference is Mr. Patrick O'Brien, a pharmacist and our Photographer. We are hopeful that you will reward Dr. Parungao's efforts in preparing for a great meeting by attending this conference.

Once again, let us see each other at Callaway Gardens to celebrate the Second Anniversary of the Philippine American Medical Association of Georgia!

Ludovico S. Villanueva, M.D.

SAVANNAH MEETING IN BRIEF: Held at the Savannah Inn and Country Club, Savannah, Georgia.

Friday - January 13, 1978

6 P.M. - till

REGISTRATION, COCKTAILS - Hospitality Suite

Saturday - January 14, 1978

8 A.M. - 12 Noon

TENNIS, GOLF & BOWLING TOURNAMENTS

10 A.M. - 12 Noon

LADIES' FASHION SHOW

12 Noon - 1 P.M.

LUNCHTIME - "At your pleasure"

1 P.M. - 4:45 P.M.

SCIENTIFIC SESSION

George H. Nelson, Ph.D., M.D.

"Biochemical Assessment of Fetal Well-Being"

Donald C. Abele, M.D.

"Dermatologic Disorders in Clinical Practice"

Robert E. Blair

"Financial Planning for Professional Corporations: (Economic)

Survival in a Hostile Environment"

5 P.M. - 6 P.M.

GENERAL BUSINESS MEETING

7 P.M. - 8 P.M.

COCKTAILS

8 P.M. - 12 Midnight

DINNER AND DANCE

Sunday - January 15, 1978

8 A.M. - till

OPEN

12 Noon

CHECK-OUT TIME - UNTIL WE MEET AGAIN . . .

PRESENT IN SAVANNAH:

Doctors Donald C. Abele, Eligio Q. Abellera, Eudora M. Abellera, Manolo B. Apanay, Grace C. Bautista, Victor Bautista, Melania B. Domingo, Arturo P. Flores, Rodolfo S. Lazo, Ernesto L. Ledesma, Ariston J. Mahusay, Desideria T. Mahusay, Raymond T. Mallari, Lumawig Y. Munsayac, George H. Nelson, Josefina P. Parungao, Romulo L. Parungao, Jose H. Porquez, Emiliano P. Quilala, Norberto R. Restituto, Leonardo Rimando, Antonio R. Rodriguez, Marcelo R. Santiago, Ruben D. Silan, James A. Tagle, Samuel A. Torres, Dominiciano A. Valbuena, Ludovico S. Villanueva, attended the meeting.

The guests included Mrs. Gloria Apanay, Mr. Robert E. Blair, Mrs. Sixta Vda de Cabrera, Mrs. Mary Lou Flores, Mrs. Virgita Ledesma, Mrs. Priscilla Mallari, Mr. Ernesto S. Munsayac, Mrs. Rhonda Munsayac, Miss Candelita Paulino, Mrs. Agustina Paulino, Mrs. Erlinda Porquez, Mrs. Vickie Quilala, Mrs. Margie Restituto, Mrs. Ruth Rimando, Mrs. Belma Rodriguez, Mrs. Joselyn Santiago, Mrs. Valentina Silan, Mrs. Linda Torres, Mrs. Gayle Valbuena, Mr. Hector Vargas, Mrs. Dette Vargas, Mrs. Karin Villanueva.

FRIDAY NIGHT

This night continues to be very popular as members and guest mingle freely and exchange all kinds of news "from the sublime to the ridiculous". Somehow, the cocktails help lubricate the tongue to make it more serviceable. In light of the above, those of you who have not been with us on these Fridays, make it a point to be around this time. For all who have been joyfully attending, have fun again!

SCIENTIFIC SESSION:

This was a well attended conference, with some twenty eight physicians in attendance. The number of members attending represents over 50% of our total Association membership. This is most pleasant to know.

The speakers did extremely well and we thank them ever so much. To serve as a reminder of what they taught us, here are the summaries of their presentations:

BIOCHEMICAL ASSESSMENT OF FETAL WELL-BEING:

Basically biochemical assessment of the fetus falls into 3 categories:

- (1) Assessment of placental insufficiency or fetoplacental hypoxia;
- (2) Assessment of the hemolytic process in fetal hemolytic disease;
- (3) Assessment of fetal maturity.

Maternal diseases which are likely to be associated with placental insufficiency include hypertension, preeclampsia, diabetes, intrauterine growth retardation, and postmaturity. Placental insufficiency is evaluated by monitoring the excretion of urinary estriol and plasma levels of human placental lactogen (HPL). Estriol and HPL as a rule show rising values throughout pregnancy (particularly from about 30 weeks' gestation to term). Persistently low levels or falling values antepartum alert the obstetrician to the possibility of fetoplacental hypoxia. During labor fetal hypoxia can be assessed by obtaining a sample of fetal scalp blood and measuring the pH. Normal fetal blood pH is 7.25 or >. Low values (particularly <7.10) indicate metabolic acidosis which results from hypoxia and hyperlactacidemia.

The most frequent cause of fetal hemolytic disease is Rh incompatibility. This may be assessed by performing a spectral scan on a sample of amniotic fluid following amniocentesis. Normally there is in amniotic fluid a modest amount of bilirubin which decreases in concentration as term approaches. In cases of fetal hemolytic disease the bilirubin level remains constant or increases when analyzed in serial samples. The level of bilirubin in amniotic fluid is estimated by measuring the size of the "hump" at 450 *mu* wave length after plotting the spectral scan. The Δ 450 *mu* O.D. falls into 1 of 3 zones which indicates the severity of the hemolytic process.

One of the most frequent biochemical methods for evaluation of the fetus is the assessment of fetal maturity. This is particularly useful for evaluation of fetal pulmonary maturity and assessing the risk of respiratory distress syndrome (RDS) if the fetus is delivered. Risk of RDS is best determined by measuring the concentration of lecithin in the amniotic fluid. Normally there occurs a marked surge of lecithin concentration in amniotic fluid between 33 and 37 weeks' gestation. This surge heralds the production of surfactant in fetal lungs. When the concentration of lecithin is greater than 0.100 mg % lecithin phosphorus, the risk of RDS is extremely low. In addition, 3 other tests may be done on amniotic fluid to estimate gestational age. The following values correlate with a gestational age of 36 weeks or greater: (1) creatinine concentration, 1.8 mg % or > ; (2) Δ 450 *mu* O.D. (in unsensitized pregnancies), 0.02 or < ; and orange cell count, 10% or > . Fetal maturity estimation is particularly valuable in induction of labor and elective cesarean section.

George H. Nelson, Ph.D., M.D.
Professor of Obstetrics & Gynecology
Chief, Section of Fetal Medicine
Medical College of Georgia

DERMATOLOGIC DISORDERS IN CLINICAL PRACTICE:

Slide presentation.
No summary submitted.

Donald C. Abele, M.D.
Professor of Dermatology & Medicine
Medical College of Georgia

FINANCIAL PLANNING FOR PROFESSIONAL CORPORATIONS:

(Economic) Survival in a Hostile Environment

During the past several years, more anti-business and anti-capital legislation has become law than in the previous history of our country. Witness the record: 1974 - The Employee Retirement Income Security Act of 1974; 1975 - The ending of oil depletion allowances; 1976 - The tax Reform Act of 1976; 1977 - Removal of credits for foreign income taxes; 1977 - A rewritten Social Security Law.

What has been the effect of this legislation?

(1) The Employee Retirement-Income Security Act of 1974 was written from the standpoint that the Employer was untrustworthy and was taking advantage of the employees. It was, until the Tax Reform Act of 1976, the largest single piece of legislation in our history.

It has spawned over 10,000 pages of often conflicting regulations due to the fact that it gave dual and equal regulation authority to the Internal Revenue Service and the Department of Labor. Each of these competing agencies have struggled to dominate the other, with the Employer caught in the middle. Result thus far - termination of 30% of the retirement plans with a corresponding loss of benefits to the employees the act was supposed to protect.

(2) The ending of the oil depletion allowances, designed in the words of the drafter of the legislation to "end the obscene profits of the oil companies," decreased the incentive to explore for new oil and increased our dependency on foreign sources.

(3) The Tax Reform Act of 1976 was reform only if your definition of reform is the same as for rape. It: a) Increased estate taxes for estates in excess of \$250,000; b) Imposed an entirely new tax whereby the heir to property would, when the property was sold, pay capital gains tax on the increase in value over the cost of the decedant. (Previously, the tax was on the increase in value over the value at the time of death.); c) established a new way of calculating capital gains taxes which increased the maximum rate from 35% to 49.5% (plus state taxes); d) Destroyed virtually all tax shelters; e) Added over 100 added "reforms" all aimed at increasing taxes on the more affluent.

(4) Removal of credits for foreign income taxes paid effectively means that an American can no longer work overseas. Result - loss of foreign trade and a loss to our treasury of the taxes that would have been paid. This act was designed with malice to "prevent a rip off by overpaid overseas workers". The quote is from Senator Proxmire of Wisconsin.

(5) The Social Security Act of 1977 does several things: a) It increases Social Security taxes by over 316% over the next 10 years; b) It uncouples medical costs from Social Security, thereby, mandating National Health Insurance; c) It increases benefits disproportionately, providing the average worker with 70% of pay at retirement while providing the average owner/employee with 12%; d) It obsoletes all pension and profit sharing plans not specifically designed with this bill in mind.

Most pension plans, and all pension and profit sharing plans will fail unless redesigned after 1 January 1978 to take all of this legislation into account. Property, in any form is no longer a viable investment. All that is left is the best tax shelter of all, the closely held corporation. But here, planning is all the more critical. Most pension and profit sharing plans have too great a cost for employees and do not allow an adequate inflation response for the owner/employee. Additionally, in view of the new Social Security legislation, benefit levels for middle income employees are too high and rather than retaining employees will actually result in their early termination.

On January 19, 1978, President Carter's State of the Union Message spoke of a 25 Billion Dollar Tax reduction plus "certain tax reforms". I have just evaluated his tax reform proposals and find them to be a grab bag of every doctrinaire liberal anti-business concept proposed by Senator Kennedy over the past several years. These include, but are not limited to:

A) Tax decrease for individuals earning under \$40,000; per year and tax increases for those earning over \$40,000; B) Liberalized investment tax credit; C) Decreased corporate taxes on retained earnings; D) Decreased unemployment taxes (down .2%); E) Repeal of the telephone excise tax now instead of in 1981; F) Loss of Deductions for State and Local Sales Taxes, personal property taxes and fuel taxes; G) Loss of deductions for Political contributions; H) Loss of medical expense reimbursement plans. No deductions for medical insurance, medicine or medical expenses unless they exceed 10% of income (currently the deduction occurs at 3% of income); I) Loss of 50% of entertainment deductions and a complete ban on deductions for yachts, hunting lodges, country club dues, theatre and sporting event tickets; J) First class air

travel no longer deductible; K) Minimum tax charges on capital gains, accelerated depreciation, excess depletion on minerals, to remove the current offset for half of regular taxes; L) Tax shelter laws to eliminate those few still left; M) Annuities to be currently taxed on earnings (rather than deferred to retirement as present law allows); N) Capital Gains taxes on the first \$50,000 to increase from 25% to ½ of the taxpayers tax bracket (plus 15%); O) Removal of tax credits for Domestic International Sales Corporations (this was set up to encourage U.S. Corporations to do business abroad); P) Removal of tax deferral for U.S. Corporations with overseas subsidiaries. Present law taxes income when brought into the U.S. This change would tax the income regardless; Q) Credit unions to be taxed; R) Removal of \$5,000 tax free death benefit for corporate employees. No more pension plans that pay benefits in excess of Social Security only; S) Unemployment benefits to be taxable to individuals earning over \$20,000 per year (families over \$25,000 per year); T) Municipal securities to issue taxable rather than tax free bonds; U) Industrial development board to lose their tax exempt status for hospitals, pollution control and industrial parks; V) Farm corporations to be required to use accrual accounting . . . Plus a 500 billion dollar budget with a 61 billion dollar deficit.

What will actually happen? Even the Guru's of anti-business legislation (Mikva of Illinois and Kennedy of Mass.) are split. Mikva says these changes will not pass; Kennedy says they will. Only our election year Congress holds the answer. But, the business community has received the message that the anti-business bias of the administration will continue. This will result in continued high unemployment (after all why invest for plant expansion if your gains will be taxed out of existence). High interest rates, with the government competing on the capital market with industry in order to borrow the 61 billion needed to finance the deficit and continued high inflation.

Complete financial planning is the only route to survival.

Robert E. Blair, President
Southeast Regional Office
Transnational Financial Planners Inc.
Albany, Georgia

TENNIS, GOLF & BOWLING TOURNAMENTS:

We have definitely established a pattern of winners and losers in the tennis and golf tournaments. Just the same, as they say, "it's not whether you win or lose, it's how you play the game!" We are sure though that many would rather win than lose. Hearty congratulations to our winners:

Tennis Singles	—	First Prize	—	Dr. Samuel A. Torres
		Second Prize	—	Dr. Manolo B. Apanay
Tennis Doubles	—	First Prize	—	Dr. Samuel A. Torres & Mr. John Poticny
		Second Prize	—	Dr. Jose H. Porquez & Dr. Eligio Q. Abellera
Golf Tournament	—	First Prize	—	Dr. Lumawig Y. Munsayac
		Second Prize	—	Dr. Dominiciano A. Valbuena
		Third Prize	—	Dr. Ruben D. Silan
Bowling	—	First Prize	—	Dr. Leonardo Rimando
		Second Prize	—	Dr. Ludovico S. Villanueva

Rumors are that the ladies would like to have their own tournaments. That would be very welcome as these activities provide the third dimension to our meetings.

DINNER & DANCE:

Even if the members reach into their bag of tricks, they would have a most difficult time matching this affair. The band selected by Dr. Torres was excellent and accommodated well to the requests made of them. The PAMAG Singing Medics for the second straight time did their antics. And it looks like they are growing larger as Dr. Mallari and Dr. Lazo joined them. Then came Dr. Silan - who could forget him - as he entertained the gathering with his vocal cords. And of course, Dr. Ledesma, could he sing!

The Editor has often said that so much talent resides in the Association; he has been proven.

Lest we err by omission, the food and cocktails were great.



*PRESENTING THE NEW OFFICERS:
PRESIDENT — Dr. Emil Quilala (L)
VICE-PRESIDENT — Dr. Dom Valbuena (R)
TREASURER — Dr. Eudora Abellera (CL)
SECRETARY — Dr. Grace Bautista (CR)*



Some Of The Ladies At The Ball



*Hey Folks —
Watch The Birdie!*



That's Better!

MINUTES OF THE FOURTH GENERAL BUSINESS MEETING:

The fourth general business meeting and the third scientific conference was held on January 14, 1978 at the Savannah Inn and Country Club, Savannah, Georgia. The scientific portion preceded the business meeting and was moderated by Dr. Antonio Rodriguez. The first order of the session was a welcome address by Dr. Ludovico Villanueva, President of PAMAG. Dr. Rodriguez then presented the speakers. The first, Dr. George Nelson, discussed the "Biochemical Assessment of Fetal Well-Being". The second, Dr. Donald Abele, showed slides of "Dermatologic Disorders in Clinical Practice". The third, Mr. Robert Blair, presented "Financial Planning for Professional Corporations". This was followed by questions and answers by audience participation directed to the three speakers.

The business meeting was presided by Dr. Villanueva. The following points were noted:

- I. Approval of the minutes of the previous meeting.
- II. Dr. A. Rodriguez made an excellent comment on the format of the Newsletter.
- III. Dr. L. Villanueva reported to the group that the IRS approved the organization as tax-exempt.
- IV. Reports - by Committee Chairmen:
 - A. Membership - Dr. Bautista reported 48 active members and 2 honorary members. The organization gained 3 members but lost 2 members.
 - B. Treasurer - Dr. Torres: There were 40 persons registered for the meeting and 34 paid. He presented the income as well as the expenses incurred by the organization. He also sent the letters to previous speakers.
 - C. Program and Publicity - Dr. Porquez: He encouraged members to send letters and read local papers.
 - D. Continuing Medical Education - Dr. Rodriguez: he encouraged members to send him letters as a form of "biofeedback" regarding educational topics, number of speakers, etc. He suggested that it might be necessary to attach the organization to a medical school to continue getting credit for its continuing medical education.
 - E. PAMAG Singing Medics - Dr. Parungao: He reported the singing group's past and present activities.
- V. New Business:
 - A. It was confirmed that the next scientific meeting will be on July 14, 15, 16, 1978, at Callaway Gardens.
 - B. Dr. Torres suggested that the organization should have one meeting per year instead of two. This was put into motion by Dr. Valbuena and seconded by Dr. Silan. The motion was approved unanimously.
 - C. Election of Officers: 1978 - 1980 term
Committee member Dr. Munsayac presented the slate of nominees selected by the Nominating Committee. As nobody was nominated from the floor, the body approved the following as the next officers:

President - Dr. Emiliano P. Quilala
Vice-President - Dr. Dominiciano A. Valbuena
Treasurer - Dr. Eudora M. Abellera
Secretary - Dr. Grace C. Bautista

Respectfully submitted,
E. Quilala, M.D., Secretary

CONGRATULATIONS:

Dr. and Mrs. Samuel A. Torres were blessed with a son born in Savannah, Ga., April 7, 1978 to complement their daughter, Mylin Ann. They named him Fernando Trinidad Granada Torres.

Dr. and Mrs. Hector H. Lopez, Jr. just had a daughter, Liza Victoria, born in Riverdale, Ga., June 16, 1978. It's plain that our tribe is increasing.

MORE CONGRATULATIONS:

Our hats off to Dr. Romulo L. Parungao, an Active member of our organization, for his recent election as President of the newly formed Rockdale County International Club. He also serves as Vice-President of the Filipino American Association of Greater Atlanta this year.

For their having been listed in the biographical directory, *OUTSTANDING ATLANTANS*, First Edition, 1978-1979, published by the Heritage Publishing, Inc., our sincere congratulations to Dr. Hector H. Lopez, Jr. and to Dr. Romulo L. Parungao.

Congratulations to Dr. Josefina P. Parungao for authoring an article which appeared in their local newspaper, *The Rockdale Citizen*, entitled, "Philippines Offer a Broad Spectrum of Life, Culture". We are happy to know about members who actively get involved in the happenings of their communities. This is one of the objectives of our Association.

NOMINATING COMMITTEE ACTIONS:

The Nominating Committee composed of Dr. Lumawig Y. Musayac, Dr. Romulo L. Parungao, Dr. Ruben D. Silan, and Dr. Ludovico S. Villanueva as non-voting Chairman proposed the following physicians to become officers of the Association for the 1978-80 term:

President - Emiliano P. Quilala, M.D.
 Vice-President - Dominiciano A. Valbuena, M.D.
 Treasurer - Eudora M. Abellera, M.D.
 Secretary - Grace C. Bautista, M.D.

These nominees were elected during the Fourth General Business Meeting.

ACKNOWLEDGEMENT:

We gratefully acknowledge and are deeply appreciative of the financial support of the following drug representatives and the companies they represent. We are doubly thankful for those who have provided us such support in the past as well. The Association President had written to each one of the contributors expressing our appreciation.

Mr. Rudy Craddock - UPJOHN	Mr. John Birkheimer - AYERST
Mr. Robert Corley - LEDERLE	Mr. Richard Holmes - McNEIL-CRITIKON
Mr. Gene Dunn - OHIO MEDICAL	Mr. David Spielvogel - ABBOTT
Mr. W.T. Moore, Sr. - ELI LILY	Mr. Ed Holscher - PARKE-DAVIS
Ms. Marilyn Hernandez - McNEIL	Mr. Lem Brawner - BRISTOL
Mr. John Cruz - E.R. SQUIB & SON	Mr. John Poticny - SMITH KLINE & FRENCH
Mr. Mac Thompson - ROERIG	Mr. Edward A. Kenreich, Jr. - ROCHE
	Mr. Clifton Wilson - A. H. ROBINS

PRE-REGISTRATION AT THE CALLAWAY GARDENS INN:

As of this writing, approximately twenty couples have already signed up to be at our Fourth Scientific Conference. Most have already reserved rooms at the Inn. So you can stay close to the rest of the group, call now for your reservation: Phone: In Atlanta call 688-8542

In Columbus call 324-2234

All others call (404) 663-2281

Do remember that in making reservations, identify yourself with the Philippine American Medical Association of Georgia.

The Social Registration fee is \$30.00 per person and includes the two cocktails, the dinner and the band.

COUNCIL ACTIONS:

The Executive Council unanimously approved on February 15, 1978, the following: 1) the presentation of Certificates of Appreciation to Dr. George H. Nelson, Dr. Donald C. Abele, and to Mr. Robert E. Blair; and 2) the appointment of Dr. Romulo L. Parungao as Chairman of the Local Arrangements Committee for the July 14, 15, 16, 1978, Callaway Gardens Meeting.

WELCOME DR. RIMANDO!

Our newest member is Leonardo Rimando, M.D., General Surgery, P.O. Box 1185, Vidalia, Georgia 30474.

TREASURER'S REPORT: Dated February 6, 1978 addressed to the President

Here is a brief accounting of what we have collected and what we have spent during the meeting here in Savannah:

Social Registration	\$1,320.00
Scientific Registration	625.00
Drug Representative Contributions	465.00
Dues from Six Members	300.00
Tickets purchased by non-members to Fashion Show	38.00
Total	<u>\$2,748.00</u>
Savannah Inn & Country Club	\$1,176.75
Fashion Show Expenses	217.75
Scientific Program Printing	185.60
Band	275.00
Social Program Printing & Postage	25.17
Dr. George Nelson, Honorarium	120.00
Dr. Donald C. Abele, Honorarium	120.00
Total	<u>\$2,120.87</u>

Except for a few more bills that need to come, I believe that about covers it. As soon as I get my monthly statement, I will be able to give you some more money to cover the expense for the printing of the Callaway program . . .

Samuel A. Torres, M.D., Treasurer

SCHEDULE OF ACTIVITIES FOR THE JULY, 1978 CALLAWAY GARDENS INN MEETING:Friday - July 14, 1978

6 P.M. - till

REGISTRATION, COCKTAILS - Hospitality Suite

Saturday - July 15, 1978

8 A.M. - 12 Noon

TENNIS, GOLF, & BOWLING TOURNAMENTS

11 A.M. - 12 Noon

LADIES' BUSINESS MEETING

12 Noon - 2 P.M.

LUNCHTIME - "As you please"

2 P.M. - 5:45 P.M.

SCIENTIFIC SESSION - Meeting Room G-1

6 P.M. - 7 P.M.

GENERAL BUSINESS MEETING - Meeting Room G-1

7 P.M. - 8 P.M.

COCKTAILS - Roof Garden

8 P.M. - 12 Midnight

DINNER & DANCE - Roof Garden

Sunday - July 16, 1978

8 A.M. - till

OPEN

12 Noon

CHECK-OUT TIME - UNTIL WE MEET AGAIN . . .

MORE ABOUT THE FOURTH SCIENTIFIC CONFERENCE:

This conference continues to be co-sponsored by the School of Medicine, Medical College of Georgia and is approved for three hours Category I credit towards the Physician's Recognition Award of the American Medical Association.

A beautiful brochure describing the conference was prepared by the Committee on Continuing Medical Education under the chairmanship of Dr. A. Rodriguez. Some 1,000 brochures were printed and distributed to the members, to non-member Philippine American physicians and to other physicians in Georgia and a few neighboring states.

If you have not done so, please mail your Course Registration form to Dr. Romulo L. Parungao, Chairman, Local Arrangements Committee, PAMAG, 1400 Milstead Avenue, Conyers, Georgia 30207 and enclose your \$25.00 scientific registration fee payable to the Philippine American Medical Association of Georgia.

The scientific session will be conducted as follows:

2:00 P.M.	WELCOME LUDOVICO S. VILLANUEVA, M.D., Clinical Assistant Professor of Psychiatry, Emory University; President, Philippine American Medical Association of Georgia
2:05 P.M.	TREATMENT OF BURNS IN THE COMMUNITY HOSPITAL STEPHEN BOYLE, M.D., Attending Surgeon, Intern and Resident Training Program, Georgia Baptist Hospital
3:05 P.M.	SURGERY IN INFLAMMATORY BOWEL DISEASE TALMADGE A. BOWDEN, JR., M.D., Assistant Professor of Surgery, Medical College of Georgia
4:05 P.M.	BREAK
4:20 P.M.	HEADACHE DONALD J. MARCUS, M.D., Assistant Professor of Neurology, Medical College of Georgia; Staff Neurologist and Co-Chief of the EMG Laboratory, Veterans Administration Hospital, Augusta, Georgia
5:20 P.M.	DISCUSSION
5:45 P.M.	ADJOURNMENT

FINAL REMINDER FROM THE OUTGOING TREASURER:

Your membership dues for the June, 1978 - May, 1979, fiscal year is now payable. **Fifty dollars for an Active member.** Thirty dollars for an Active member who is an intern or a resident in training. Make your check payable to PAMAG and mail to:

Dr. Samuel A. Torres
Treasurer, PAMAG
P.O. Box 14459
901 East 66th Street
Savannah, Georgia 31406

SEE YOU AT CALLAWAY GARDENS JULY 14!

CONTRIBUTION OF ITEMS OF INTEREST TO THE GENERAL MEMBERSHIP FOR PUBLICATION IN OUR NEWSLETTER IS MOST WELCOME.

Newsletter Editor: Ludovico S. Villanueva, M.D.
Photographer: Patrick O'Brien, R. Ph.
Acting Photographer: Romulo L. Parungao, M.D.
Editorial Assistant: Carol Wenzel

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA
5669 Peachtree Dunwoody Road
Suite 260
Atlanta, Georgia 30342

NEWSLETTER

5669 PEACHTREE DUNWOODY ROAD
SUITE 260
ATLANTA, GEORGIA 30342

(404) 255-1573



PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

VOLUME III

MAY 30, 1979

NUMBER 2

NEW ADMINISTRATION ISSUE



PRESIDENT'S MESSAGE:

Beloved members and friends. On June 5, 1979, we will be three years old. The Philippine American Medical Association of Georgia was conceived with sincerity by our able Immediate Past President Doctor Villanueva. In surmounting many problems of a young organization, we have become stronger and have come to know our tremendous potential. This success has been accomplished by the sacrifices of its officers and committee chairmen but most of all by the support of its devoted and enthusiastic members.

Now that we have gone this far, there is no reason to stop. Our educational program is solid. More than ever, we have more physicians working for the good of the Association. Our membership is increasing at a good rate. We have an organization which listens to suggestions from its members and from interested others and which caters to the needs of its members.

I appreciate your trust in me but for us to be more successful, I ask for your continuing support. I appeal to you to invite Filipino, Filipino-American, American, and other physicians to attend our meetings as guests and hopefully to join our group. I urge you to contribute news and other items, your input, to the PAMAG NEWSLETTER so as to make our official organ worthwhile reading. You might not be aware that we are not the only ones reading our paper but also outsiders from other organizations.

As I see it, we would like to foster our organization not as a separate ethnic group but as an organization established to help Georgians in particular and the United States in general. Everybody will agree with me that we are here to stay and probably here to die. This particular part of the country has been so good to us and we are thankful.

In closing, I do appreciate your support. I am eagerly looking forward to seeing you and to knowing you more at Jekyll Island this July 12 - 15, 1979.

Emiliano P. Quilala, M.D.

EDITORIAL:

Onward PAMAG to Jekyll Island!

This is our slogan as we prepare to gather once again as a group come July 12-15, 1979. This is the first time we will be meeting there. Announcements have been sent. Invitations extended. Anticipation and excitement are filling the air. We trust you will send in your one night's deposit to the Sheraton-By the Sea Hotel to assure your accommodations. Their address and rates will be found in the later pages of this newsletter. In sending your deposit, please identify yourself with PAMAG.

Fun, Fellowship, Education. These have characterized our meetings since our inception. We are not about to change that! In fact, we have an expanded program — the biggest we have so far. And we hope, the best we have so far. Our Local Arrangements Committee Chairman and our Committee on Continuing Medical Education Chairman are in the very thick of things to assure that you will remember your experience at Jekyll Island with much fondness. Please read the details of the sports, social, and scientific programs in the later pages of this newsletter.

Fellow members, let us come in great numbers. And as you are able, actively encourage your colleagues to join us to their enjoyment and ours.



Ludi

Ludovico S. Villanueva, M.D.

CALLAWAY GARDENS MEETING IN BRIEF: Held at Callaway Gardens Inn, Pine Mountain, Georgia.

Friday - July 14, 1978

6 P.M. - till

REGISTRATION, COCKTAILS — Hospitality Suite

Saturday - July 15, 1978

8 A.M. - 12 Noon

12 Noon - 2 P.M.

2 P.M. - 5:45 P.M.

TENNIS, GOLF & BOWLING TOURNAMENTS

Lunchtime — "As you please"

SCIENTIFIC SESSION — Meeting Room G-1

Stephen Boyle, M.D.

"Treatment of Burns in the Community Hospital"

Talmadge A. Bowden, Jr., M.D.

"Surgery in Inflammatory Bowel Disease"

Donald J. Marcus, M.D.

"Headache"

6 P.M. - 7 P.M.

7 P.M. - 8 P.M.

8 P.M. - 12 Midnight

GENERAL BUSINESS MEETING — Meeting Room G-1

COCKTAILS — Roof Garden

DINNER & DANCE — Roof Garden

Sunday - July 16, 1978

8 A.M. - till

12 Noon

OPEN

CHECK OUT TIME — UNTIL WE MEET AGAIN . . .

PRESENT AT CALLAWAY GARDENS:

Doctors Eligio O. Abellera, Eudora M. Abellera, Manolo B. Apanay, Grace C. Bautista, Victor Bautista, Erlinda Belen, Ruben B. Belen, Ben L. Bobon, Talmadge A. Bowden, Jr., Stephen Boyle, Benjamin B. Cala, Alfonso T. Dampog, Barbara Dampog, Senen J. Encinas, James E. Hissam, Rodolfo S. Lazo, Fidel T. Makapugay, Jr., Zenaida DeLeon Makapugay, Raymundo T. Mallari, Donald J. Marcus, Nieva F. Mendoza, Milagros J. Montesclaros, Hally T. Morales, Romulo G. Morales, Lumawig Y. Munsayac, Lorna Beldia O'Brien, Josefina P. Parungao, Romulo L. Parungao, Emiliano P. Quilala, Antonio R. Rodriguez, Elmo R. Tamayo, Samuel A. Torres, Dominiciano A. Valbuena, Ludovico S. Villanueva attended the meeting.

Guests included Mrs. Gloria Apanay, Mrs. Pat Bobon, Mrs. Marion Bowden, Mrs. Ethel Boyle, Mrs. Emma Cala, Mrs. Jean Encinas, Mrs. Prudence Hissam, Mrs. Priscilla Mallari, Mrs. Rhonda Munsayac, Mrs. Belma Rodriguez, Mrs. Linda Torres, Mrs. Gayle Valbuena, Mrs. Karin Villanueva.

New affiliate member and our photographer, Mr. Patrick O'Brien was also on hand, busily taking pictures. Plus family members of the above.

FRIDAY NIGHT:

A tradition with the Association that we can not do without! Makes everybody feel welcome and at home. Enhances the bonds of friendship among members and guests. The absence of any agenda for this free-floating gathering creates a very relaxed atmosphere conducive to the savoring of the moments.

To complement the cocktails and the soft drinks, an idea by Mrs. Karin Villanueva of having members bring in food of all kinds made this period even more enduring. It was possible then to no longer have to leave the Hospitality Suite to find something to eat. The plan is to continue the practice at our next meeting at Jekyll Island. Bring a dish or whatever.

Incidentally, even if July 12, 1979 is a Thursday, we will treat it like a Friday Night anyway.

SCIENTIFIC SESSION:

With thirty four physicians in attendance in this Category I accredited program, this is by far the best attended scientific conference we have had. Once again, the number of members attending represented over 50% of our total Association membership. We are indeed most fortunate in having "die-hard" members.

The speakers were very interesting such that no one was observed to be drowsy. Indeed, one of the speakers amplified his lecture with appropriate slides designed to wake up most anybody. As a record of their teachings, here are the summaries of their presentations:



DR. ANTONIO R. RODRIGUEZ MODERATING THE SCIENTIFIC SESSION

TREATMENT OF BURNS IN THE COMMUNITY HOSPITAL:

The treatment of burns has lately fallen to the general surgeon. This may be due to the fact that surgeons became very interested in the physiology and pathology of the burn wound in the 1950's and 1960's. Famous surgeons such as Artz, Moncrief, Evans and Moore come to mind. Despite this avid interest in the care of the burn patient by surgeons in general, it is my contention that much of the care of burn patients can be expertly handled by local physicians using community facilities. In fact, the emergency care of burn patients is best done as soon as possible and as such the community hospital is the ideal setting for this aspect of the burn wound care.



DR. STEPHEN BOYLE ANSWERING QUESTIONS DURING THE DISCUSSION PERIOD.

After resuscitation, the long process of healing and rehabilitation is a joint effort involving doctors, nurses, physical therapists and social workers. Most, if not all, of these disciplines include some training in the care of burn patients. As such, when these nurses and therapists and social workers come into the community setting, they have had some burn training. Usually only organization is needed to complete the desired effect. Most community hospitals can develop the capability of supporting the care of the moderately burned patient. The burn center should be reserved to the 50 to 70 per cent burn in the good risk patient. The fatally burned patient and the moderately burned patient can both be adequately cared for in the local setting and the needless transfer to a far away center is both unnecessary and painful for the patient.

Certain aspects of the burn patient's emergency resuscitation, healing and rehabilitation were discussed as they relate to the community setting.

Stephen Boyle, M.D.
 Attending Surgeon
 Intern and Resident Training Program
 Georgia Baptist Hospital
 Atlanta, Georgia

SURGICAL ASPECTS OF INFLAMMATORY BOWEL DISEASE:

Nonspecific inflammatory bowel disease, ulcerative colitis and Crohn's disease, comprise some of the most challenging problems confronting the modern physician. These conditions can frequently be distinguished by their clinical features and pathological characteristics; however, it is not unusual for the exact diagnosis to be undefined even when the entire specimen is in the pathologist's hands. This would seem to suggest that inflammatory bowel disease is a spectrum with overlaps between ulcerative colitis and Crohn's disease.

Inflammatory bowel disease most frequently affects young persons in their late teens and early twenties. Both sexes are affected equally. People living in Western countries are most vulnerable.

Defining the exact nature of the two conditions is necessary for optimum surgical results since the basic operative approaches between Crohn's disease and ulcerative colitis differ.

In Crohn's disease the type of operation necessary depends entirely on the extent of the disease present. Conservative resection is always carried out and sparing of the rectum and sphincter function is frequently accomplished. Recurrence rates remain high in small bowel disease but are very low when the disease is limited to the colon.

In ulcerative colitis proctocolectomy with ileostomy is curative. The lesser procedure of colectomy with ileorectal anastomosis while subjectively attractive has produced results that are unsatisfactory in the hands of most surgeons.

To obviate the necessity of an external appliance following total proctocolectomy, a continent (or reservoir) ileostomy with a valve mechanism has been devised. This requires a highly intricate operation which should be performed in the patient with ulcerative colitis and probably never in the patient with Crohn's disease.

In either of the two diseases when surgery is performed under emergency conditions the mortality rates are very high. Every effort should be made to either perform elective surgery or to get the patient over a severe acute attack and resect the diseased bowel as soon as possible.



Talmadge A. Bowden, Jr., M.D., FACS
Associate Professor of Surgery
Chief, G. I. Surgery Service
Medical College of Georgia
Augusta, Georgia

HEADACHE:

No Summary submitted.

Donald J. Marcus, M.D.
Assistant Professor of Neurology
Medical College of Georgia
Staff Neurologist and Co-Chief,
EMG Laboratory, V.A. Hospital
Augusta, Georgia



MINUTES OF THE FIFTH GENERAL BUSINESS MEETING:

The fifth general business meeting and the fourth scientific conference were held on July 15, 1978 at the Callaway Gardens Inn, Pine Mountain, Georgia. The scientific meeting was opened by Dr. Ludovico Villanueva giving his welcome address. The subjects covered were: "Treatment of Burns in the Community Hospital" by Stephen Boyle, M.D.; "Surgery in Inflammatory Bowel Disease" by Talmadge A. Bowden, Jr., M.D.; and "Headache" by Donald J. Marcus, M.D. Dr. Antonio Rodriguez moderated the scientific session.

Following the scientific meeting, the general business meeting was conducted and was presided by Dr. Ludovico Villanueva. The following highlights were noted:

- I. Approval of the minutes of the previous general business meeting.
- II. Reports by Officers and Committee Chairmen:
 - A. Membership Committee — Membership Committee Chairman, Dr. Victor Bautista indicated that there are 57 active members.
 - B. Treasurer's Report — Dr. Samuel A. Torres reported that there were 44 registrants, including guests. The money left in the treasury from the previous meeting was approximately \$372.00.
 - C. Secretary's Report — None.
 - D. Program and Publicity Committee — None
 - E. Committee on Continuing Medical Education — Dr. Antonio Rodriguez reported that plans are already underway for next year's scientific meeting which will be a two-day program.
 - F. Constitution and By-laws Committee — No changes proposed.
 - G. PAMAG Singing Group — No report.
 - H. Local Arrangements Committee Chairman — Dr. Romulo Parungao reported that things went smoothly and that attendance is very good.
 - I. Newsletter Editor — Dr. Ludovico Villanueva plans to bookbind the newsletter issues and possibly send a copy to the Library of Congress and also to the Atlanta Historical Society.
- III. New Business:
 - A. Next scientific and next general business meeting — The site, the dates, and the appointment of the Local Arrangements Committee Chairmen will be decided on by the Executive Council.
 - B. New Affiliate Member — Pharmacist Patrick O'Brien was approved as a new affiliate member of the Association. The motion was made by Dr. Dominiciano Valbuena and seconded by Dr. Romulo Parungao.
 - C. Regional Reporters to the PAMAG Newsletter — A suggestion was made to appoint regional reporters to the PAMAG Newsletter so as to broaden the base of coverage. The body decided to authorize the Executive Council to accomplish this.
 - D. Invitation by the Association of Philippine Practicing Physicians in America (APPPA) — The APPPA has issued an invitation to the PAMAG to affiliate with this national organization. The general membership voted to authorize the Executive Council to study the activities of the APPPA and to send delegate observers to their next meeting at the Playboy Great Gorge Resort and Country Club in McAfee, New Jersey to be held on August 9 to 13, 1978.
- IV. Adjournment — Since there was no further business to take care of, the meeting was duly adjourned.

Respectfully submitted,
E. Quilala, M.D., Secretary

EXECUTIVE COUNCIL ACTIONS:

Present during the Executive Council Meeting held on July 16, 1978 at the Callaway Gardens Inn, Pine Mountain, Georgia were Doctors Emiliano P. Quilala, Dominiciano A. Valbuena, Eudora M. Abellera, Grace C. Bautista, Ludovico S. Villanueva, Antonio R. Rodriguez, and Romulo L. Parungao. Absent were Doctors Ruben D. Silan and Ernesto L. Ledesma.

The Executive Council made the following decisions:

1. The 1979 Annual Meeting will be held at Jekyll Island with Dr. Dominiciano A. Valbuena appointed as Local Arrangements Committee Chairman. The tentative meeting dates are from July 12 through 15, 1979. Dr. Valbuena is authorized to check facilities of hotels like the Sheraton-By the Sea, especially sport facilities in golf, tennis and bowling. He is also authorized to prepare general rules and regulations concerning the sport tournaments. The Executive Council advised him that participation in tournaments should only be by registered members and registered guests. The presentation of a talent show possibly for Friday night, July 13, 1979 was mentioned. This could well be called a cultural night or family night involving dancing like Tinikling, singing, and other presentations of talent by both children and adults.
2. To defer any decisions about affiliating with APPPA until we have checked the advantages and disadvantages of joining with this organization. The Executive Council authorized the Secretary, Dr. Grace C. Bautista, to write a letter to the President of the APPPA as to PAMAG sending Doctors Quilala, Villanueva, Eudora Abellera, and Eligio Abellera as our representative-observers to the forthcoming meeting scheduled for August 9 to 13, 1978.
3. To authorize Dr. Samuel A. Torres to pay the honorarium to the three speakers as well as to authorize the sending of letters of appreciation and certificates of appreciation to these same speakers. Dr. Antonio R. Rodriguez will be sending the letters of appreciation while the certificates of appreciation will be sent by the Immediate Past President.
4. To have the President write letters of thanks and appreciation to the Sales Representatives who contributed to the 1978 conference and to send a copy of such letters to the Supervisors of these Representatives.
5. To authorize the Committee on Continuing Medical Education to send announcements, including brochures to Philippine American physicians of neighboring states to attend our meetings. Dr. Rodriguez, Committee Chairman, solicited suggestions of topics or subjects for presentations during our Scientific Conferences. Mentioned as possible subjects were Infectious Diseases, Respiratory Care, Acid Base Balance, and Emergency Care and Management.
6. To print a new souvenir program or directory for 1979 because of increasing numbers of new members. This directory is only for active members who are current with their annual dues. Pictures are requested from all members. A 1" x 1½" black and white glossy picture is desired.
7. To mail communications, including dues statements to the office address of members unless specified otherwise in the application form.
8. To print new application forms and stationery.
9. To appoint regional reporters for the PAMAG Newsletter. Dr. Quilala was appointed for the Atlanta area and vicinity. Dr. Valbuena for Savannah, Hinesville, Springfield and vicinity. Dr. Rodriguez for Augusta, South Carolina and vicinity. Dr. Ledesma for Vidalia, Claxton and vicinity. No one so far was appointed for Columbus and vicinity.
10. To disapprove the idea of putting classified ads in the PAMAG Newsletter.
11. To encourage the Program and Publicity Committee to make an effort to publish PAMAG activities in national newspapers like the Filipino Reporter, the Philippine News and others. Also to have these activities published in the local papers.

Respectively submitted,
Grace C. Bautista, M.D., Secretary

CERTIFICATES OF APPRECIATION:

Dr. Talmadge A. Bowden, Jr., Dr. Stephen Boyle, and Dr. Donald J. Marcus were awarded Certificates of Appreciation for their significant contributions to the scientific conference held on July 15, 1978. Members and guests of the Association present during the meeting rated their presentations an average of 3.9 on a scale of 0-4, with 4 being excellent. They also felt that the subject matters were quite appropriate for their own private practices, very interesting and educational, as well as practical.

Those who would like to see how the Certificates look, we have made copies of them for the Association's permanent file and will be available for viewing during our forthcoming meeting at Jekyll Island on July 12-15, 1979.

ACKNOWLEDGEMENT:

We are very happy in acknowledging our having received financial support from the following drug representatives and the companies they represent. Such contribution was utilized solely for the purpose of defraying part of the expenses in connection with the Association's activities, including the cost of the trophies awarded to the sports tournament winners. Once again, we thank them ever so much!

Mr. William R. Crawford — PFIZER

Ms. Sandi Ard — ROERIG-PFIZER

Ms. Debbie L. Vickery — EATON

Ms. Adrienne M. King — SMITH KLINE & FRENCH (GI Therapy Program Coordinator)

Dr. George Crevar — SMITH KLINE & FRENCH

Mr. John G. Curtin — SMITH KLINE & FRENCH

Mr. Edward Hughes — PFIZER LABORATORIES

We are especially grateful to BAXTER-TRAVENOL LABORATORIES for a most generous contribution to the Callaway Gardens meeting.

"GEORGIA ON MY MIND"

"Georgia On My Mind," the new official state song, was written in 1930. The music was composed by Hoagy Carmichael and the lyrics written by Stuart Gorrell. The song is copyright by Peer International Corp. of New York. The first official rendition of the new state song was done by blind Albany-born singer Ray Charles before the Georgia state legislature on March 7, 1979. The lyrics are:

Melodies bring memories that linger in my heart.

Make me think of Georgia, why did we ever part?

Some sweet day when blossoms fall and the world's a song.

I'll go back to Georgia 'cause that's where I belong.

Georgia, Georgia, the whole day through,

Just an old sweet song keeps Georgia on my mind.

Georgia, Georgia, a song of you

Comes as sweet and clear as moonlight through the pines.

Other arms reach out to me;

Other eyes smile tenderly;

Still in peaceful dreams I see

The roads lead back to you,

Georgia, Georgia, no peace I find,

Just an old sweet song keeps Georgia on my mind.

TENNIS, GOLF & BOWLING TOURNAMENTS:

Once again, the tournaments were well conducted and were marked by much competitive spirit. As is bound to happen sometime, there have been changes in the finishers. Wish everyone came first but alas, that is not possible. The ladies have finally entered the sports activities. This was a welcome sight. To the winners, our genuine congratulations:



MEN'S SINGLES TENNIS CHAMPION

Singles Tennis	Men
First Prize	Dr. Manolo B. Apanay
Second Prize	Dr. Samuel A. Torres



WOMEN'S SINGLES TENNIS CHAMPION

Singles Tennis	Women
First Prize	Mrs. Ethel Boyle
Second Prize	Mrs. Gloria Apanay



DOUBLES TENNIS CHAMPION

Doubles Tennis	"Battle of the Sexes"
First Prize	Dr. Samuel A. Torres & Mr. Patrick O'Brien
Second Prize	Mrs. Ethel Boyle & Mrs. Gloria Apanay

Golf Tournament	
First Prize	Mr. Hector Vargas
Second Prize	Dr. Lumawig Y. Munsayac
Third Prize	Dr. Talmadge A. Bowden, Jr.



BOWLING CHAMPION

Bowling	
First Prize	Dr. Emiliano P. Quilala
Second Prize	Dr. Ludovico S. Villanueva
Third Prize	Dr. Victor Bautista

Dr. Romulo L. Parungao, Chairman, Local Arrangements Committee for the 1978 Callaway Gardens Meeting presided over the awarding of prizes. Assisting him was the President. The awarding ceremony took place during the Installation and Awards Banquet held on July 15, 1978.

DINNER & DANCE:

When does a Dinner become a Banquet? Anyhow, we had an Installation & Awards Banquet. It went very smoothly and in a regal fashion. Food was excellent. The band selected by Dr. Romulo L. Parungao was "in the groove" and played many old time favorites.

Members and guests, including two of the guest speakers and their spouses were there. Most everyone observed enjoyed themselves, talking, laughing, dancing. It was a night to remember for a long, long time.

PRESIDENTS' SPEECHES:

The outgoing President, Doctor Villanueva, reviewed with the group the substantial progress the Association has made over the two years of its existence.

Doctor Quilala, after being installed as President, spoke about the solid present and the great future of our organization.



DOCTOR TORRES RECEIVING THE PRESIDENT'S AWARD

PRESIDENT'S AWARD:

For outstanding and meritorious service to the Association for the past two years, the President's Award was tendered to Samuel A. Torres, M.D. He was presented by the President with a small statue, symbol of his adept handling of the Association's finances.

PLAQUES OF APPRECIATION:

For helping him effectively run the organization for the past two years, Dr. Ludovico S. Villanueva, President, presented the following with Plaques of Appreciation:



OUTGOING OFFICERS WITH PLAQUES OF APPRECIATION

Vice President – Victor Bautista, M.D.
 Treasurer – Samuel A. Torres, M.D.
 Secretary – Emiliano P. Quilala, M.D.
 Parliamentarian – Manolo B. Apanay, M.D.
 Chairman, Committee on Continuing Medical Education – Antonio R. Rodriguez, M.D.
 Chairman, Program & Publicity Committee – Jose H. Porquez, M.D.
 Chairman, Constitution & Bylaws Committee – Eligio Q. Abellera, M.D.
 Chairman, PAMAG Singing Medics – Romulo L. Parungao, M.D.

Except for Dr. Porquez, everyone was present to receive his plaque: The President expressed his deep appreciation to them for services rendered to the Association. The awarding ceremony was done during the Installation and Awards Banquet held on July 15, 1978.

INCOMING OFFICERS AND COMMITTEE CHAIRMEN BEING INSTALLED.

LEFT TO RIGHT:

CHAIRMAN, CONTINUING MEDICAL EDUCATION COMMITTEE – ANTONIO R. RODRIGUEZ, M.D.
 CHAIRMAN, CONSTITUTION & BYLAWS COMMITTEE – ROMULO L. PARUNGAO, M.D.
 TREASURER – EUDORA M. ABELLERA, M.D.
 SECRETARY – GRACE C. BAUTISTA, M.D.
 VICE-PRESIDENT – DOMINICIANO A. VALBUENA, M.D.
 PRESIDENT – EMILIANO P. QUILALA, M.D.
 ABSENT WERE ERNESTO L. LEDESMA, M.D., CHAIRMAN, PROGRAM & PUBLICITY COMMITTEE AND RUBEN D. SILAN, M.D., PARLIAMENTARIAN.



INSTALLATION CEREMONY:

The outgoing President, Doctor Villanueva, installed the incoming officers and committee chairmen, utilizing the same pledge that was said two years ago by the outgoing officers. This oath of office can be found on page 6 of Volume I Number 1, PAMAG NEWSLETTER.

Our Association is fortunate in having excellent and dedicated physicians in charge of governing it. The names of the 1978-1980 officers and committee chairmen can be found on the back page of this newsletter.

CHILDREN'S BIRTHDAY PARTY:

Three children of Association members celebrated their birthdays in one of the rooms of Callaway Gardens Inn. As you can see from the picture, they had a mighty good time! May you be blessed with many many more.

**A PLEASANT LETTER:**

Dated July 18, 1978, addressed to Dr. Antonio R. Rodriguez, Chairman, Committee on Continuing Medical Education, PAMAG.

Dear Tony:

I want to take this opportunity to extend to you and the Philippine American Medical Association of Georgia my sincere appreciation for being allowed to participate in your recent meeting at Callaway Gardens. I felt the meeting was exceptionally well organized and the officers responsible for all the work behind the scenes, which culminated in a very pleasant time for everyone, should be congratulated.

I was impressed with the viability of the organization and am certain that if you continue with the foundation that the present group represents that you will have a long and fruitful future.

Again, many thanks for including me in the meeting and I extend my best wishes to you and the Association.

Sincerely,

Talmadge A. Bowden, Jr., M.D.
Associate Professor of Surgery
Chief, G. I. Surgery Service
Medical College of Georgia
Augusta, Georgia

PAMAG NEWSLETTER FUND:

Because of the considerable cost of printing our newsletter, the Editor has initiated the establishment of the PAMAG NEWSLETTER Fund. The first contributor is Francis H. Rowe, R.Ph. of BOEHRINGER INGELHEIM. We acknowledge here his contribution and express our sincere appreciation.

NEW MEMBERS WELCOME!

We are happy you are aboard. We hope you will be active in the activities of our Association. Be on hand at our Jekyll Island conference so we can greet you then and formally introduce you to the group.

Erlinda Belen, M.D.
Pediatrics
Martin Army Hospital
Fort Benning, Georgia 31905

Ernesto Coligado, M.D.
Internal Medicine
Central State Hospital
Milledgeville, Georgia 31062

Isabel Guerrero, M.D.
Internal Medicine-Infectious Diseases
Center for Disease Control
Atlanta, Georgia 30322

Zenaida C. Magat, M.D.
24 S. Ellis Street
Camilla, Georgia 31730

Josefina Tan, M.D.
Anesthesiology
Springfield, Georgia 31329

Ruben Belen, M.D.
General Surgery
Martin Army Hospital
Fort Benning, Georgia 31905

Ernesto G. Lopez, M.D.
Pathology
410 Darling Avenue
Waycross, Georgia 31501

Conrado V. Costa, M.D.
General Practice
P.O. Box 294
Rincon, Georgia 31326

Abelardo B. Magat, Jr., M.D.
General Surgery
24 S. Ellis Street
Camilla, Georgia 31730

Milagros Montesclaros, M.D.
Pediatrics
4136 Braddock Drive
Columbus, Georgia 31907

REMINDER FROM THE TREASURER:

Your membership dues for the June, 1979 - May, 1980, fiscal year is now payable. **Fifty dollars for an Active member.** Thirty dollars for an Active member who is an intern or resident in training.

As your dues support the vital functions and activities of your Association, the Treasurer appreciates your remittance. Make your check payable to PAMAG and mail to:

Eudora M. Abellera, M.D.
Treasurer, PAMAG
5330 Warrington Place
College Park, Georgia 30349

SEE YOU AT JEKYLL ISLAND JULY 12!

MEMBERSHIP APPLICATION:

Name _____ Age _____ Birthdate _____

Type of Practice _____

Office Address _____

Office Phone _____

Home Address _____

Home Phone _____

With my signature, I hereby signify my commitment to comply with the Constitution and Bylaws of this Association and with the Principles of Medical Ethics of the American Medical Association.

Date _____ Signature _____

CONGRATULATIONS:

Dr. & Mrs. Warlito Rollolazo are the proud parents of a daughter to complete their family. She was named Corinne Lee and was born in Atlanta, Georgia on August 1, 1978. They have a son, Michael Thomas age 3.

Patricia Cabrera Mallari, Daughter of Dr. & Mrs. Ray T. Mallari, celebrated her first birthday last March. We inadvertently omitted the announcement of her birth which took place in Riverdale, Georgia on March 20, 1978.

Dr. & Mrs. Ludovico S. Villanueva had a third child on March 18, 1979. He answers to the name Jason Crawmer and was born in Atlanta, Georgia.

Dr. Josefina P. Parungao recently became a Diplomate in Clinical Pathology. We wish her continued and greater success in her field.

For his efforts in keeping up with medical developments, Dr. Dominiciano A. Valbuena was recently awarded the increasingly important Physician's Recognition Award of the American Medical Association.

Dr. Romulo L. Parungao currently serves as President of the Filipino-American Association of Greater Atlanta. He is PAMAG's Chairman of the Constitution and Bylaws Committee.

Dr. Ludovico S. Villanueva chairs the Hospital Committee of the Sandy Springs Chamber of Commerce and the Attendance Committee of the Rotary Club of Sandy Springs.

A Diplomate in Pediatrics, Dr. Grace C. Bautista practices in Hinesville, Georgia. She is the Secretary of PAMAG.

Dr. Alfonso T. Dampog is the Treasurer of the Filipino-American Association of Greater Atlanta for 1979. He practices at West Paces Ferry Hospital in Atlanta, Georgia. He is a Diplomate in Anesthesiology.

WAYS AND MEANS COMMITTEE:

Dr. Emiliano Quilala, President, has appointed the following to serve as members of the newly constituted standing committee, Ways and Means.

Victor Bautista, M.D.
Alfonso Dampog, M.D.
Senen Encinas, M.D.
Ernesto Ledesma, M.D.
Raymundo Mallari, M.D.
Milagros Montesclaros, M.D.

Lumawig Munsayac, M.D.
Romulo Parungao, M.D.
Jose Porquez, M.D.
Ruben Silan, M.D.
Samuel Torres, M.D.
Ludovico Villanueva, M.D.

The President will act as chairman of this committee.

The main function of this committee is to solicit funds for the speakers' honorariums. Contributions of from \$25.00 to \$100.00 or more are welcome.

SCHEDULE OF ACTIVITIES FOR THE JULY, 1979 JEKYLL ISLAND MEETING:**Thursday - July 12, 1979**

6 P.M. - till

REGISTRATION, COCKTAILS - Hospitality Suite

Friday - July 13, 1979

9 A.M. - 12 Noon

SCIENTIFIC SESSION - Meeting Room

12 Noon - 2 P.M.

LUNCHTIME "As you please"

2 P.M. - 6 P.M.

TENNIS, GOLF & BOWLING TOURNAMENTS

6 P.M. - 7 P.M.

EXECUTIVE COUNCIL MEETING - Meeting Room

6 P.M. - till

COCKTAILS - Hospitality Suite and/or DISCO - Dance Hall

Saturday - July 14, 1979

8 A.M. - 11 A.M.

SCIENTIFIC SESSION - Meeting Room

11 A.M. - 12 Noon

GENERAL BUSINESS MEETING -- Meeting Room

12 Noon - 2 P.M.

LUNCHTIME "As you please"

2 P.M. - 6 P.M.

TENNIS, GOLF & BOWLING TOURNAMENTS

7 P.M. - 8 P.M.

COCKTAILS - Dance Hall

8 P.M. - 12 Midnight

DINNER & DANCE - Dance Hall

Sunday - July 15, 1979

8 A.M. - till

OPEN

12 Noon

CHECK OUT TIME - UNTIL WE MEET AGAIN . . .

PRE-REGISTRATION AT THE SHERATON-BY THE SEA HOTEL:

Dr. D. A. Valbuena, Chairman, Local Arrangements Committee has reserved 5 one-Bedroom Villas and 45 two-Bedroom Villas at the hotel for PAMAG members and guests.

To assure your accommodations, please send one night's deposit to the Sheraton-By the Sea Hotel, 1175 N. Beachview Drive, Jekyll Island, Georgia 31520. The rates are: 1 Bedroom Villa - \$50.00; 2 Bedroom Villa - \$65.00; and 3 Bedroom Villa - \$79.00. Please do so before June 14, 1979 as the reserved Villas will be released to the general public at that time. In sending your deposit, please identify yourself with PAMAG.

The social registration fee is \$40.00 per person payable at the meeting and includes the three cocktails, the disco, the dinner and the band.

MORE ABOUT THE FIFTH SCIENTIFIC CONFERENCE:

This conference continues to be co-sponsored by the School of Medicine, Medical College of Georgia and is approved for six hours of Category I credit towards the Physician's Recognition Award of the American Medical Association.

An excellent brochure describing the conference is being prepared by the Committee on Continuing Medical Education under the Chairmanship of Dr. Antonio R. Rodriguez. Some 1,000 brochures will be distributed to PAMAG members, to non-member Philippine American physicians, and to other physicians in Georgia, Alabama, South Carolina, Tennessee and Florida.

You will be asked to mail the Course Registration form incorporated in the brochure to Dr. D.A. Valbuena, Chairman, Local Arrangements Committee, PAMAG, 36 Medical Arts, Savannah, Georgia 31405 and enclose your \$30.00 scientific registration fee payable to the Philippine American Medical Association of Georgia.

The scientific session will proceed as follows:

FRIDAY

- | | |
|------------|---|
| 9:00 A.M. | WELCOME
Emiliano P. Quilala, M.D.
President, Philippine American Medical
Association of Georgia |
| 9:05 A.M. | ENT FOR THE GENERAL PRACTITIONER I
Marshall Nathan, M.D.
Assistant Professor of Surgery
ENT Section, Dept. of Surgery
Medical College of Georgia
Augusta, Georgia |
| 9:50 A.M. | UROLOGY IN GENERAL PRACTICE
Samuel A. Torres, M.D.
Attending Urologist
Memorial Medical Center
Savannah, Georgia |
| 10:35 A.M. | BREAK |
| 10:50 A.M. | MANAGEMENT OF THE COMMON ARTHRITIDES I
Donald Loebel, M.D.
Assistant Professor of Medicine
Rheumatology Section, Dept. of Medicine
Medical College of Georgia
Augusta, Georgia |
| 11:35 A.M. | DISCUSSION |
| 12:00 Noon | ADJOURNMENT |

SATURDAY

- | | |
|------------|---|
| 8:00 A.M. | WELCOME BACK
Emiliano P. Quilala, M.D. |
| 8:05 A.M. | MANAGEMENT OF THE COMMON ARTHRITIDES II
Donald Loebel, M.D. |
| 8:50 A.M. | MANAGEMENT OF GRAM NEGATIVE SEPSIS
Paul Jurgensen, M.D.
Practicing Internist
Savannah, Georgia |
| 9:35 A.M. | BREAK |
| 9:50 A.M. | ENT FOR THE GENERAL PRACTITIONER II
Marshall Nathan, M.D. |
| 10:35 A.M. | DISCUSSION |
| 11:00 A.M. | ADJOURNMENT |

FINANCIAL INVESTMENTS, TAX, RETIREMENT, AND ESTATE PLANNING:

A program with the above title will be presented by the Division of Continuing Education, Medical College of Georgia, Augusta, Georgia on July 16 - 20, 1979 at Jekyll Island, Georgia. You will note that this conference is being held immediately following our meeting. If any of you are interested in attending, please write directly to the CME Division, Medical College of Georgia, Augusta, Georgia 30901. Dr. Glen E. Garrison, Chairman of the Division will be happy to hear from you.

**PHILIPPINE AMERICAN MEDICAL
ASSOCIATION OF GEORGIA**

**5669 PEACHTREE DUNWOODY ROAD
SUITE 260
ATLANTA, GEORGIA 30342**

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President

Dominiciano A. Valbuena, M.D.,
Vice President

Eudora M. Abellera, M.D., Treasurer
5330 Warrington Place
College Park, Georgia 30349

Grace C. Bautista, M.D., Secretary
Fraser Drive
Hinesville, Georgia 31313

Ludovico S. Villanueva, M.D., Historian
& Immediate Past President
5669 Peachtree Dunwoody Road, Suite 260
Atlanta, Georgia 30342

Ruben D. Silan, Parliamentarian
P.O. Box 884
Hinesville, Georgia 31313

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409 Arrowhead Blvd., Bldg. C, Suite 2
Jonesboro, Georgia 30236

Dominiciano A. Valbuena, M.D., Membership
36 Medical Arts
Savannah, Georgia 31405

Antonio R. Rodriguez, M.D.,
Continuing Medical Education
Hematology, Medical College of Georgia
Augusta, Georgia 30902

Ernesto L. Ledesma, M.D.,
Program & Publicity
105 Freeman Street
Claxton, Georgia 30417

Romulo L. Parungao, M.D.,
Constitution & Bylaws
1315 Milestead Avenue
Conyers, Georgia 30207



PAMAG NEWSLETTER

EDITOR: Ludovico S. Villanueva, M.D.
PHOTOGRAPHER: Patrick O'Brien, R.Ph.
EDITORIAL ASSISTANT: Pamela Hansen

*CONTRIBUTION OF ITEMS OF INTEREST
TO PAMAG MEMBERS AND COLLEAGUES
FOR PUBLICATION IN THE PAMAG NEWSLETTER
IS MOST WELCOME.*

*PAMAG NEWSLETTER IS PUBLISHED BY THE
PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA.*

NEWSLETTER

PAMAG NEWSLETTER
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PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

VOLUME IV

JULY 5, 1980

NUMBER 1

FOURTH ANNIVERSARY ISSUE

PRESIDENT'S MESSAGE:



Beloved members and friends. Last June 5, 1980, we turned four years old! You might say we are a little precocious because we are doing things that are not age-appropriate. We have a full-blown continuing medical education program, now preparing to unveil its Sixth Scientific Conference.

We have held meetings in Atlanta, in Savannah, in Callaway Gardens — Pine Mountain, in Jekyll Island, and now we will gather in Lake Lanier Island — Buford at the Stouffer's Pineisle Resort Hotel. Pineisle is an exciting place to be in and I hope to see you there. The Philippine American Medical Association of Georgia welcomes you warmly. Bring your entire family, your friends, and your colleagues along with you. Let us learn something to keep us growing medically but let us also sup together, play together, and just enjoy each other's company in song, talk, and dance.

As I look back over the past two years as President, I see how much more closely we have come to know each other through communication fostered by our Association. No longer are we strangers. Through our Membership Directory, we only have to write or call to feel each other's presence. I am grateful for the help you all have given me in my genuine attempts to fulfill the duties of my office. You all have made my work easier.

I thank my fellow officers and all the committee chairmen who served well with me:

D.A. Valbuena, M.D., Vice President and Membership Chairman, for engineering the highly successful Jekyll Island Fifth Scientific Conference and Sixth General Business Meeting.

Eudora M. Abellera, M.D., Treasurer, for keeping our organization in quite a solvent condition.

Grace C. Bautista, M.D., Secretary, for her devotion and care.

Antonio R. Rodriguez, M.D., Chairman, Committee on Continuing Medical Education, for his unflinching dedication and outstanding handling of the continuing medical education program of the Association. He has served as Course Director of our scientific conferences with distinction. Through his committee, Category I accreditation of our continuing education program was secured via co-sponsorship with the School of Medicine, Medical College of Georgia. Aably assisting him are committee members Raymundo T. Mallari, M.D. and Jose H. Porquez, M.D.

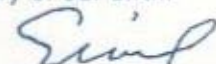
Romulo L. Parungao, M.D., Chairman, Constitution and Bylaws Committee and Ernesto L. Ledesma, M.D., Chairman, Program and Publicity Committee, for their help and support.

Ruben D. Silan, M.D., Parliamentarian, and Ludovico S. Villanueva, M.D., Historian, Newsletter Editor, and Immediate Past President, for presiding during the Fifth Scientific Conference.

Senen J. Encinas, M.D., for taking on the challenging task of chairing the Local Arrangements Committee for the Sixth Scientific Conference and Seventh General Business Meeting.

New officers will be elected during the seventh general business meeting to be held on July 25, 1980. Also, new committee chairmen will be appointed. Think about serving our organization . . . We can certainly utilize dedicated, enthusiastic, and interested physicians who would like to leave "footprints in the sands of time." Our Association will treasure your contribution.

To PAMAG members, I plead for your continued support. To non-members, I encourage you to join us. To all, attend our July meeting and we will celebrate there at Pineisle the Fourth Anniversary of our birth!


Emiliano P. Quilala, M.D.

SIXTH SCIENTIFIC CONFERENCE & SEVENTH GENERAL BUSINESS MEETING:

July 24 - 27, 1980
Stouffer's Pineisle Resort Hotel
Lake Lanier Islands
Buford, Georgia

EDITORIAL:

Onward PAMAG to Lake Lanier Islands!

We echo the call of our President Quilala for each and everyone to come to Pineisle. Fun, Fellowship, Education await you as usual. Share your joy with us as we share ours with you. This year, there can be no better setting than Pineisle for our annual gathering. All the necessary ingredients for a successful meeting, save one, have been so ordered and so obtained. Only the last ingredient remains — YOU. We will look for you there and will be sorely disappointed if we do not find you to complete the menu.

Ours is an organization which dared to become a living and moving being. Many of us have made significant contributions to its life and work and in the process, have become enriched ourselves. To the measure that we gave to that same measure and often more, have we received.

The Philippine American Medical Association of Georgia lives on with more substance and with greater anticipation of grander things to come. We desire from all physicians within reading distance to be a part of this dynamic body. Our collective constructive force for good can indeed make a vital and unique contribution to Georgia life and medicine.



Ludi

Ludovico S. Villanueva, M.D.



SOME OF THE PEOPLE
Taking time to pose — looks like an ALL RIGHT Bunch?

JEKYLL ISLAND MEETING IN BRIEF: Held at Sheraton By the Sea Hotel, Jekyll Island, Georgia**Thursday - July 12, 1979**

4 P.M. - till

REGISTRATION, COCKTAILS — Hospitality Suite

Friday — July 13, 1979

9 A.M. - 12:35 P.M.

SCIENTIFIC SESSION — Meeting Room

Marshall D. Nathan, M.D.

"Infections of the Head and Neck"

Samuel A. Torres, M.D.

"Urinary Tract Infections: Their Implications"

Donald H. Loebel, M.D.

"Approach to Patients with Arthritis"

12:35 P.M. - 2 P.M.

LUNCHTIME "As you please"

2 P.M. - 6 P.M.

TENNIS, GOLF, BOWLING & DEEP SEA FISHING TOURNAMENTS

6 P.M. - 7 P.M.

EXECUTIVE COUNCIL MEETING

6 P.M. - till

COCKTAILS — Hospitality Suite and/or DISCO — Dance Hall

Saturday - July 14, 1979

8 A.M. - 11:35 A.M.

SCIENTIFIC SESSION — Meeting Room

Donald H. Loebel, M.D.

"Rheumatoid Arthritis"

Paul F. Jurgensen, M.D.

"Management of Gram Negative Sepsis"

Marshall D. Nathan, M.D.

"Drugs and Hearing Loss"

11:35 A.M. - 12:35 P.M.

GENERAL BUSINESS MEETING — Meeting Room

12:35 P.M. - 2 P.M.

LUNCHTIME "As you please"

2 P.M. - 6 P.M.

TENNIS, GOLF, BOWLING & DEEP SEA FISHING TOURNAMENTS

7 P.M. - 8 P.M.

COCKTAILS — Dance Hall

8 P.M. - 12 Midnight

DINNER & DANCE — Dance Hall

Sunday — July 15, 1979

8 A.M. - till

OPEN

12 Noon

CHECK OUT TIME — UNTIL WE MEET AGAIN . . .

PRESENT AT JEKYLL ISLAND:

Doctors E. Q. Abellera, Eudora M. Abellera, Belle Almojera, Grace C. Bautista, Victor Bautista, Ben L. Bobon, Ernesto Coligado, Melania B. Domingo, Senen J. Encinas, Asteria H. Ferrer, Bonifacio Gabertan Jr., Enrique R. Gandionco Jr., Benjamin B. de Gracia, Paul F. Jurgensen, Rodolfo S. Lazo, Ernesto L. Ledesma, Donald H. Loebel, Ernesto G. Lopez, Milagros J. Montesclaros, Lumawig Y. Munsayac, Marshall D. Nathan, Lorna Beldia O'Brien, Emiliano Quilala, Leonardo Rimando, Antonio R. Rodriguez, Leonardo S. del Rosario, Antonio L. Samson, Marcelo R. Santiago, Ruben D. Silan, Maylinda Tabanera, Pablito Tabanera, James A. Tagle, Caridad G. Tinio, Edgardo T. Tinio, Samuel A. Torres, D.A. Valbuena, Ludovico S. Villanueva attended the meeting. Also present were affiliate member and our photographer, Mr. Patrick O'Brien, and Dr. Robert Phipps, a practicing podiatrist.

Guests included Mr. & Mrs. Cornelio Balderian, Mrs. Pat Boban, Mrs. Pochee Coligado, Mrs. Jean Encinas, Mrs. Enrique Gandionco, Jr., Mrs. Idefonsa de Gracia, Mrs. Virgita Ledesma, Mrs. Donald Loebel, Mrs. Rose Lopez, Mr. Rodolfo Montesclaros, Mrs. Miriam Phipps, Mrs. Belma Rodriguez, Mrs. Ruth Rimando, Mrs. Leonardo del Rosario, Mrs. Corazon Samson, Mrs. Joselyn Santiago, Mrs. Valentina Silan, Mrs. Linda Torres, Mrs. Gayle Valbuena, Mrs. Karin Villanueva.

Most of the children and other family members of the above were also there at Jekyll Island.

THURSDAY NIGHT:

It has now become official! Because of our longer annual meeting period, FRIDAY NIGHT has given way to THURSDAY NIGHT as the Association's traditional time for registration and for just plain being together with each other. As the members are of diverse backgrounds and personalities, an exciting time is almost practically guaranteed.

In the Hospitality Suite, another traditional fixture of our meetings, will be cocktails provided by the Association and food of all kinds brought by members (really members' spouses). Be as relaxed as you can be as a way of recharging your batteries from medical practice or just from the ordinary or extraordinary toll of daily living.

Come to the Hospitality Suite on Thursday, July 24, 1980, starting at 2 P.M. and ending until we need to rest for the activities of the days following.

SCIENTIFIC SESSION:

Antonio R. Rodriguez, M.D., Course Director of our scientific programs and PAMAG's Chairman of the Committee on Continuing Medical Education reported that we had a total of 37 physicians in attendance at the scientific conference. As before, this conference was co-sponsored by PAMAG and by the School of Medicine, Medical College of Georgia and approved for 6.5 hours credit in Category I towards the Physicians Recognition Award of the American Medical Association.

Welcoming those in attendance was PAMAG President, Emiliano P. Quilala, M.D. Presiding during the first conference day was Ludovico S. Villanueva, M.D. During the second day, Ruben D. Silan, M.D. presided. You should recall fondly some of Dr. Silan's jokes. The speakers gave their best performance and were appropriately rewarded by an attentive audience. The summaries of their presentations appear below:



Dr. Antonio R. Rodriguez

INFECTIONS OF THE HEAD AND NECK:

Infections of the head and neck comprise almost fifty percent of all nonpsychogenic office visits. The majority of head and neck infectious disease can be handled in a straight forward manner. Several examples of infections in each area of the head and neck were presented and the appropriate management discussed.

Special attention was directed towards infections which might require aggressive therapy (i.e. malignant otitis externa) and/or surgical management (i.e. Ludwig's angina). A high index of suspicion is important in diagnosing the less common infections of the head and neck which do not respond to common therapeutic modalities.



Marshall D. Nathan, M.D.
Assistant Professor of Surgery
Section of Otolaryngology
Medical College of Georgia
Augusta, Georgia



A SEMINAR BREAK
Pleasant time for coffee and a chat.



RAPT IN ATTENTION
While a lecturer emphasizes one of many points.

URINARY TRACT INFECTIONS: THEIR IMPLICATIONS:

The etiology and recurrence rate of urinary tract infections were discussed. The incidence of urinary tract infections appeared to be higher in women and young girls compared to the male population. Most of the recurrent UTI's that we see are most likely re-infections, which means that a different type of organism is almost always involved. Not all patients who develop recurrent urinary tract infections are at risk in developing significant renal impairment later in life. Patients who have normal genito-urinary systems will most likely have no problems with recurrent urinary tract infections if adequately treated.

However, patients with acquired or congenital abnormalities in their genito-urinary systems such as the following are considered at risk in developing significant renal impairment with recurrent urinary tract infections: 1) those with vesicoureteral reflux 2) those with neurogenic bladder 3) pregnant patients with urinary tract infection 4) those who are drug abusers, particularly of Phenacetin and Aspirin 5) those who are diabetics 6) those with infected kidney stones and 7) those with prostatitis.



Samuel A. Torres, M.D.
Private Practice of Urology
Staff Member, Urology
Memorial Medical Center
Savannah, Georgia

APPROACH TO PATIENTS WITH ARTHRITIS; RHEUMATOID ARTHRITIS:

The general approach to a patient with arthritis was discussed in reference to the various symptoms and signs. Points helpful in differentiation between the non-inflammatory and the inflammatory disorders were stressed. Distinguishing physical findings of each disease were highlighted as well as the typical X-ray changes. The gross, microscopic and biochemical examination of the joint fluid was presented.

Typical physical and X-ray changes of rheumatoid arthritis were presented. Therapy was discussed.

Donald H. Loebl, M.D.
Assistant Professor of Medicine
Section of Rheumatology
Medical College of Georgia
Augusta, Georgia



DRUGS AND HEARING LOSS:

Ototoxic substances are drugs, chemicals, etc., which can damage the structure or functions of the delicate auditory-vestibular system. Common symptoms are tinnitus, neurosensory hearing loss and vertigo.

The aminoglycoside antibiotics are the most studied ototoxic drugs. Other important drugs include the diuretics, ethacrinic acid and furosemide, quinine derivatives, salicylates and nitrogen mustard.

Guidelines on the use of aminoglycoside antibiotics are:

- 1) Determining the patients who are at increased risk
- 2) Monitoring closely
- 3) Following the renal function

The best security we can offer our patients is an excellent working knowledge of both the desired and the undesired effects of the drugs we as physicians prescribe daily.

Marshall D. Nathan, M.D.
Assistant Professor of Surgery
Section of Otolaryngology
Medical College of Georgia
Augusta, Georgia

MANAGEMENT OF GRAM-NEGATIVE SEPSIS:

The risk factors in Septicemia were discussed. The common sites of origin, predisposing factors and organisms in gram negative bacteremias were dealt with. The effective antimicrobial agents for specific organisms were enumerated and explained. Also discussed were clinical signs and symptoms, diagnosis and management of gram negative bacteremia. Finally, specific measures in the treatment of gram negative bacteremic shock were given.

Paul F. Jurgensen, M.D.
Associate Clinical Professor of Medicine
Medical College of Georgia
Augusta, Georgia
Memorial Medical Center
Savannah, Georgia

MINUTES OF THE SIXTH GENERAL BUSINESS MEETING:

The sixth general business meeting was held on July 14, 1979. This was preceded by the fifth scientific conference held on July 13-14, 1979 at the Sheraton By the Sea Hotel, Jekyll Island, Georgia which dealt with material which will be reported separately. The general business meeting was presided by Dr. Emiliano P. Quilala. The following took place:

- I. Approval of the minutes of the previous general business meeting as well as of all Executive Council meetings.
- II. Reports by Officers and Committee Chairmen:
 - A. Treasurer's Report — Dr. Eudora M. Abellera reported that the money left in the treasury from the previous meeting was \$355.23. Collections from this meeting for membership dues and for registration total \$2,760.00. Contributions received during this meeting amounted to \$470.00. The total amount therefore is \$3,585.23. Dr. Abellera did not have an accounting of the expenses incurred during this meeting but she estimated that we have sufficient funds to cover the expenses.
 - B. Secretary's Report — None.
 - C. Membership Committee Chairman's Report — Dr. D. A. Valbuena stated that there are about 50 active members.
 - D. Constitution and Bylaws Committee — No changes proposed.
 - E. Program and Publicity Committee — No report.
 - F. Newsletter Editor's Report — Dr. Villanueva indicated that we should maintain the excellent quality of our newsletter.
- III. New Business:
 - A. Next scientific and general business meeting — The body unanimously decided to entrust to the Executive Council all decisions regarding the site and date of the next scientific and general business meeting. Suggestions though were taken from members as to the possible location such as Pineisle and Callaway Gardens.
 - B. Appointment of the Chairman, Local Arrangements Committee for the 1980 meeting — The President appointed Senen J. Encinas, M.D. as Chairman of the Local Arrangements Committee for the 1980 meeting, with no objections from the general membership.
- IV. Adjournment, since there were no further business to take care of.

Respectfully submitted.

(Signed) Grace C. Bautista, M.D.
Secretary, PAMAG

APPPA HOLDING NINTH ANNUAL CONVENTION AND SEMINAR:

The Association of Philippine Practicing Physicians in America is holding their Category I accredited seminar on August 14-16, 1980 at the Omni International Hotel, Miami, Florida. The University of Texas Health Science Center, Office of Continuing Education for the Medical School, certifies that this continuing medical education offering meets the criteria for 13 credit hours in Category I of the Physician's Recognition Award of the American Medical Association.

The convention is expected to convene on August 13, 1980 and will continue through August 17, 1980. APPPA has extended an invitation for all of our members to attend their Ninth Annual Convention and Seminar.

EXECUTIVE COUNCIL ACTIONS:

At the July 13, 1979 meeting of the Executive Council, the report of the Treasurer was received. Dr. Eudora M. Abellera stated that we have sufficient funds to cover the expenses of the meeting.

The following Regional Membership Committee Chairmen were appointed to assist the Membership Committee Chairman in his work.

- 1) For the Atlanta area — Drs. E.Q. Quilala & Eudora M. Abellera
- 2) For the Augusta area—Dr. Antonio R. Rodriguez
- 3) For the Claxton area — Dr. Ernesto L. Ledesma
- 4) For the Columbus area — Dr. Milagros Jorda-Montesciaros
- 5) For the Hinesville area — Dr. Grace C. Bautista
- 6) For the Savannah area — Dr. D.A. Valbuena
- 7) For the Macon area — Dr. Senen J. Encinas
- 8) For the Milledgeville area — Rodolfo S. Lazo
- 9) For the Waycross and Valdosta area — Dr. Ernesto G. Lopez

To facilitate collection of membership dues on time, the Treasurer was instructed to mail three statements — one each in January, February and March. The Secretary was instructed to write letters of welcome to new members.

Concerning the cost of record keeping by the Medical College of Georgia, Division of Continuing Education and Continuing Medical Education, for our C.M.E. credits, Dr. Antonio R. Rodriguez reported that it is \$7.00 per physician per year. He recommended that a donation be made to MCG to help cover this cost. The Executive Council unanimously voted favorably.

Lectureship Fund: Dr. Villanueva reminded everyone that our Bylaws contain provisions for initiating and handling a lectureship fund. This, if established, will greatly increase capability to offer more in terms of our continuing education programs.

PAMAG NEWSLETTER: The consensus was to maintain its excellent quality in spite of the considerable cost. The cost can be justified by the real enduring value of such an organ to the Association. However, continuing efforts are to be exerted to make it less costly to the organization by soliciting ads or promoting the newsletter fund.

A new Ways and Means Committee Chairman was appointed. He is Senen Encinas, M.D. Appointed Co-Chairman was Mr. Patrick O'Brien, an affiliate member. They will be working on increasing the financial base of the Association so as to make more significant contributions to its members and to the state.

An idea of Dr. Antonio R. Rodriguez was brought up by Dr. Villanueva about our Association sponsoring a cultural affair to benefit a particular charity. This could be for instance, presenting the "Bayanihan Dance Troupe," for the benefit of the Leukemia Society. This would accomplish one of the goals of our organization, namely, to contribute to the presentation and enjoyment of Philippine American culture.

Next meeting site and date and appointment of Chairman, Local Arrangements Committee: The Stouffer's Pineisle Resort Hotel, Lake Lanier Islands, Buford, Georgia was decided upon as the site of the next scientific conference and general business meeting. The exact date was left up to the Chairman of the Local Arrangements Committee, provided that this shall be in the month of July, 1980. Dr. Senen J. Encinas was appointed earlier during the General Business Meeting to be the Chairman, Local Arrangements Committee. He was instructed to proceed with whatever was necessary to effect a successful next meeting.

SPORTS TOURNAMENTS:

For the first time, a deep sea fishing tournament was conducted. This was a pleasant addition to the usual tournaments in tennis, golf and bowling. Boy, did they sweat it out! We are indeed proud of the winners and of all those who tried real hard but whose best was not good enough. Congratulations!

Dr. D.A. Valbuena, PAMAG Vice President & Chairman, Local Arrangments for the 1979 Jekyll Island Meeting, announced the winners and assisted by President E.Q. Quilala, presented them with their well deserved trophies during the awarding ceremony which took place at the Dinner and Dance on July 14, 1979.

Singles Tennis:

First Prize

Samuel A. Torres, M.D.

Second Prize

Robert de Gracia

Doubles Tennis:

First Prize

Samuel A. Torres, M.D. & Bonifacio Gabertan, Jr., M.D.

Second Prize

Leonardo S. del Rosario, M.D. & Robert de Gracia

Golf:

Low Net

D.A. Valbuena, M.D.

Low Gross

Lumawig Y. Munsayac, M.D.

Bowling

First Prize

Benjamin B. de Gracia, M.D.

Second Prize

Rodolfo F. Montesclaros

Fishing:

Most Fish

Pablito A. Tabanera, M.D.

Biggest Fish

Rodolfo S. Lazo, M.D.



PROUDLY DISPLAYING . . .

Mr. Montesclaros, Dr. P. Tabanera, Dr. Valbuena, Dr. Munsayac and Dr. Torres.

DINNER & DANCE:

Another excellent tradition of our Association is our Dinner & Dance. This provides us the opportunity to formally sit down and enjoy the evening in a wholesome atmosphere among friends followed by a display of our dancing prowess. Good food and drink help relax the body and the emotions. The band selected by Dr. D.A. Valbuena had played for us two years ago and hence, was familiar with our preferences.

There was no doubt that this was yet another time well spent. Dr. E.P. Quilata led members and guests into the beautiful Disco dance steps he has learned so well from his Disco dancing lessons. Come and join the next Dinner & Dance which promises to be even better. Dr. Senen Encinas, Chairman, Local Arrangements Committee for the 1980 Lake Lanier Islands meeting has assured us so.



WHAT JOY!

Dr. Munsayac gets to have an extra plate from a conventioner who left too soon.



ANOTHER TABLE AT THE BALL Judge their expressions for yourself.



A TABLE AT THE BALL

No question about it — you can tell it from their faces.



DANCING TIME

Members & Spouses caught in action by camera.

PRESIDENT'S AWARD:

This year, the President's Award went to Dr. Ludovico S. Villanueva. PAMAG President Quilala presented him with a plaque reading, "Founder, President, PAMAG 1976-78." The Association has done quite well since its founding and is well on its way to greater accomplishments. This has been made possible by the combined efforts of officers, committee chairmen and dedicated members.



LETTER TO THE EDITOR:

"Thank you for the copy of your PAMAG NEWSLETTER. I am quite impressed with the progress your organization has made since its inception. The officers and members of your organization should be congratulated for your efforts.

"I have been unable to attend any of your conferences because of a conflict with the Continuing Education programs of the Society of Philippine Surgeons in America. It may be wise to mention to your President that if it is at all possible, these scheduling conflicts be eliminated in order for some of your members who are active members of the Society, will be able to attend both meetings. Again, I extend my congratulations to you as well as the officers of the Philippine American Medical Association of Georgia for an excellent job and organization.

Sincerely yours,"

Hernan M. Reyes, M.D.
 Professor of Surgery and
 Surgeon-in-Chief
 Cook County Children's Hospital
 The Abraham Lincoln School of Medicine
 Chicago, Illinois

DR. JORDA-MONTESCLAROS:

An active member of our Association, we thank Dr. Milagros Jorda-Montesclaros for providing us the names and addresses of some 20 Philippine American physicians in the Columbus area. She is involved in recruiting them to become members of PAMAG as well as in encouraging them to attend our forthcoming Sixth Scientific Conference at Pineisle.

BIRTHS:

Jodi Lee Parungao, fourth and "last baby" of Drs. Romulo and Josefina Parungao, was born on February 15, 1980 at Crawford Long Hospital, Atlanta, Georgia. She has three brothers.

Peter Crawmer Villanueva, born May 7, 1980 at Piedmont Hospital, Atlanta, Georgia, is the fourth child of Dr. & Mrs. Ludovico S. Villanueva. He has two brothers and a sister.

Pilita Mallari, second child of Dr. & Mrs. Raymundo T. Mallari, opened her eyes on May 26, 1980 at Clayton General Hospital, Riverdale, Georgia. She has a sister.

Kenneth Cabatingan Rodriguez, fourth child of Dr. and Mrs. Antonio R. Rodriguez, was born on April 29, 1980 at University Hospital, Augusta, Georgia. He has two sisters and a brother.

MEMBERSHIP APPLICATION:

\$50.00

MAIL YOUR MEMBERSHIP APPLICATION TODAY

\$50.00

NAME (Please Print) _____

ADDRESS _____

CITY, STATE, ZIP CODE _____

PHONES: Office _____ Home _____

I wish to become a member of the Philippine American Medical Association of Georgia. I subscribe to its Constitution and Bylaws and to the principles of medical ethics of the American Medical Association. Enclosed is my check for \$50.00 (\$30.00 for intern or resident in training). I would also like to make a donation in the amount of \$_____ to further the work of the Association. Checks should be made to PAMAG. I understand that such membership fee and donation are tax deductible.

Date _____ Signature _____

NEWEST MEMBER, WELCOME!:

Mike Y. Tan, M.D., anesthesiologist, who graduated from the Far Eastern University, Manila, Philippines, is our newest member. He is married to Corazon G. Tan, R.N. and has a 3 year old son Mark.

DR. EUDORA ABELLERA WRITES:

"Dear Dom (Dr. D.A. Valbuena), Congratulations on a job very well done! I'm sure everybody will agree that it was a most enjoyable and productive weekend and we are especially grateful to you and Tony Rodriguez for that. I apologize for not extending help as much as I should have, but I promise to make-up for that in next year's affair.

"I am certain that everyone is interested to know how we stand financially. An itemized list of income and expenses is attached.

"To reiterate, I can not compliment you and Tony enough for all your efforts. I hope next year's and all the other coming meetings will be equally as successful.

Sincerely,"

Eudora M. Abellera, M.D.
Treasurer, PAMAG

REMINDER FROM THE TREASURER:

Your membership dues for the June, 1980 — May, 1981, fiscal year is now payable. **Fifty dollars for an Active member.** Thirty dollars for an Active member who is an intern or resident in training.

Also, a reminder to bring your dues up to date (such as for the preceding year) if not already done.

As your dues support the vital functions and activities of your Association, the Treasurer appreciates your remittance. Make your check payable to PAMAG and mail to: Eudora M. Abellera, M.D.

Treasurer, PAMAG
5330 Warrington Place
College Park, Georgia 30349

DONATION TO MEDICAL COLLEGE OF GEORGIA:

A \$200.00 donation was made to the Division of Continuing Education and Continuing Medical Education of the Medical College of Georgia by PAMAG. This was to help pay for the administrative costs involved in MCG's accreditation of our continuing medical education programs. The check was presented to Glen E. Garrison, M.D., Professor of Medicine and Family Practice and Director of said Division. Presentation was done by Antonio R. Rodriguez, M.D., Chairman of our Committee on Continuing Medical Education.

SEE YOU AT LAKE LANIER ISLANDS JULY 24!

CONGRATULATIONS:

To E.Q. Abellera, M.D. for his being elected Chief, Department of Surgery, Henry General Hospital, Stockbridge, Georgia, December, 1979 to the present. He was also named to the Medical Advisory Board of the WSB, Blue Cross/Blue Shield, and American Red Cross sponsored community project HEALTH FAIR.

Raymundo T. Mallari, M.D. became a Fellow of the American College of Gastroenterology. He is a President-Elect of the Filipino-American Association of Greater Atlanta. He also serves on the Utilization Review Committee of Clayton General Hospital, Riverdale, Georgia.

Victor Bautista, M.D., anesthesiologist and general practitioner, is the current Chief of Staff of Liberty Memorial Hospital, Hinesville, Georgia. A member of the American Anesthesiology Association, he was Vice-President of PAMAG for the years 1976-78.

Samuel A. Torres, M.D., a Diplomate of the American Board of Urology, and a practicing urologist with the Urological Associates of Savannah, P.C., is the author of four publications with such titles as, "Carcinoma in a Ureteral Diverticulum," "Primary Mucinous Adnocarcinoma of the Bladder," "Urethral Stricture; Its Treatment with internal urethrotomy and six weeks of silastic catheter drainage," and "Tumors of the Penis; a chapter on plastic and reconstructive surgery of the genital area," edited by Charles E. Horton.

Abelardo B. Magat, Jr., M.D., a practicing general surgeon in Camilia, Georgia, is a Fellow of the American College of International Physicians. He is also quite active in his local Rotary Club.

Romulo L. Parungao, M.D., certified by the American Board of Abdominal Surgery, is the current Vice Chief of Staff of Rockdale County Hospital, Conyers, Georgia. He is a member of the American Society of Abdominal Surgeons and also is Chief of the Emergency Room Committee of Rockdale County Hospital. Dr. Parungao is extremely active in community affairs, having served as President of the Filipino-American Association of Greater Atlanta last year and is currently on the Board of Directors of the Rockdale Kiwanis Club.

Antonio R. Rodriguez, M.D., recently elected Fellow of the American College of Physicians, has added three more publications to his credit: "L-Asparaginase and Toxic Epidermal Necrolysis," "Cancer of Unknown Primary," and "Compensated Thrombocytolytic Purpura." Dr. Rodriguez is our dynamic Chairman of the Committee on Continuing Medical Education.

Ludovico S. Villanueva, M.D., Editor, PAMAG NEWSLETTER, was awarded "Outstanding Service 1979," award by the Sandy Springs Chamber of Commerce, Sandy Springs, Georgia. He edited the 40-page "Sandy Springs Directory of Medical Doctors" which included definitions of medical and surgical specialties and subspecialties in layman's terms; and published an article, "Reflections of a UR Committee Chairman." Dr. Villanueva is the Vocational Service Director of the Rotary Club of Sandy Springs and edits his neighborhood's newsletter, NORTH HARBOR NITTY GRITTY.

SCHEDULE OF ACTIVITIES FOR THE JULY, 1980 LAKE LANIER ISLANDS MEETING:

Thursday — July 24, 1980

2:00 P.M. - till

ARRIVAL, REGISTRATION, COCKTAILS — Hospitality Suite

Friday — July 25, 1980

7:30 A.M. - 8:30 A.M.

BREAKFAST on your own

8:30 A.M. - 9:30 A.M.

GENERAL BUSINESS MEETING, including Election of Officers
Meeting Room

9:30 A.M. - 1:00 P.M.

SPORTS TOURNAMENTS (Tennis, Golf, Bowling and Fishing)

1:00 P.M. - 2:00 P.M.

LUNCH on your own

2:00 P.M. - 5:35 P.M.

SCIENTIFIC SEMINAR — Meeting Room

6:00 P.M. - 9:00 P.M.

FAMILY PICNIC

9:00 P.M. - till

Hospitality Suite remains open

Saturday — July 26, 1980

7:30 A.M. - 9:00 A.M.

BREAKFAST on your own

9:00 A.M. - 12:35 P.M.

SCIENTIFIC SEMINAR — Meeting Room

12:35 P.M. - 2:00 P.M.

LUNCH on your own

2:00 P.M. - 6:00 P.M.

SPORTS TOURNAMENTS (Tennis, Golf, Bowling and Fishing)

8:00 P.M. - 12:00 P.M.

DINNER & DANCE (Prime rib, Cash bar, Sports awards, Installation
Officers and Committee Chairmen)

Sunday — July 27, 1980

7:30 A.M. — till

OPEN

12 Noon

CHECK OUT TIME — UNTIL WE MEET AGAIN . . .

CONCERNING THE SIXTH SCIENTIFIC CONFERENCE:

The Philippine American Medical Association of Georgia will be holding its Sixth Scientific Conference at Stouffer's Pineisle Resort Hotel, Lake Lanier Islands, Buford, Georgia on July 25-26, 1980.

This continuing medical education activity is sponsored by PAMAG and the School of Medicine, Medical College of Georgia and meets the criteria for 6.5 credit hours in Category I of the Physician's Recognition Award of the American Medical Association.

The course objective is to give practical clinical information on topics of general interest to all practitioners of medicine.

The course director, Antonio R. Rodriguez, M.D., Assistant Professor of Medicine, Medical College of Georgia and PAMAG's Chairman of its Committee on Continuing Medical Education, said that the program will be as follows:

FRIDAY, JULY 25, 1980

Dr. Jose H. Porquez, Presiding
Chief of Surgery, Walton County Hospital
Monroe, Georgia

2:00 p.m.

WELCOME

Dr. Emiliano P. Quilala
PAMAG President, Jonesboro, Georgia

2:05 p.m.

BREAST CANCER

Dr. Robert H. Johnson, Jr.
Professor of Surgery, Medical College
of Georgia, Augusta

CONCERNING THE SIXTH SCIENTIFIC CONFERENCE (continued)

- 3:05 p.m. COMMON FUNGAL INFECTIONS
Dr. John F. Fisher
Assistant Professor of Medicine,
Medical College of Georgia, Augusta
- 4:05 p.m. BREAK
- 4:20 p.m. OFFICE WORKUP OF STERILITY
Dr. Richard H. Reindollar
Fellow, Reproductive Endocrinology
Medical College of Georgia, Augusta
- 5:20 p.m. DISCUSSION
- 5:35 p.m. ADJOURNMENT

SATURDAY, JULY 26, 1980

Dr. Raymundo T. Mallari, Presiding
Active Staff, Medicine,
Clayton General Hospital
Riverdale, Georgia

- 9:00 a.m. WELCOME
Dr. Emiliano P. Quilala
- 9:05 a.m. EVALUATION OF PATIENT IN LATE SEXUAL DEVELOPMENT
Dr. Richard H. Reindollar
- 10:05 a.m. SPECIAL PROBLEMS IN ANESTHESIA
Dr. Alfonso T. Dampog
Chairman of Anesthesia, Gwinnett Community
Hospital, Snellville, Georgia
- 11:05 a.m. BREAK
- 11:20 a.m. MELANOMA
Dr. Robert H. Johnson, Jr.
- 12:20 p.m. DISCUSSION
- 12:35 p.m. ADJOURNMENT

The course registration fee is \$35.00. For accommodations, a block of rooms has been reserved at the Stouffer's Pineisle Resort Hotel, Lake Lanier Islands, Buford, Georgia 30518; phone (404) 945-8921. When making reservations, please identify yourself with the PAMAG group.

PAMAG members and guests will congregate at the hotel on Thursday afternoon, July 24, 1980. This will be a time for renewing old friendships and making new ones, stated Senen J. Encinas, M.D., Chairman, Local Arrangements Committee.

SEE YOU AT LAKE LANIER ISLANDS JULY 24!!

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

5669 PEACHTREE DUNWOODY ROAD
SUITE 260
ATLANTA, GEORGIA 30342

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Augusta, Georgia 30902

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PAMAG NEWSLETTER

EDITOR: Ludovico S. Villanueva, M.D.
PHOTOGRAPHER: Patrick O'Brien, R.Ph.
EDITORIAL ASSISTANT: Carol Wenzel

*CONTRIBUTION OF ITEMS OF INTEREST
TO PAMAG MEMBERS AND COLLEAGUES
FOR PUBLICATION IN THE PAMAG NEWSLETTER
IS MOST WELCOME.*

*PAMAG NEWSLETTER IS PUBLISHED BY THE
PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA.*

PAMAG LETTER

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PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

VOLUME V

NOVEMBER 7, 1980

NUMBER 1

THIRD ADMINISTRATION ISSUE

PRESIDENT'S MESSAGE:



Last July 24-27, 1980 we held our Sixth Scientific Conference and Seventh General Business Meeting at Stouffer's Pineisle Resort Hotel in Lake Lanier Islands, Buford, Georgia and once again the event turned out to be a smashing success. Many thanks to Dr. Senen Encinas, Local Arrangements Committee Chairman, for his efforts

and adept handling of the affair. We are equally indebted to Dr. Tony Rodriguez, Continuing Medical Education Chairman, who together with Dr. Joe Porquez and Dr. Ray Mallari have once again provided us with an excellent continuing Medical Education Program that is good for 6.5 credit hours of Category I towards the AMA Physician's Recognition Award.

I am proud to announce to everyone that the Philippine American Medical Association of Georgia is in fine shape—in every aspect. And I can not let this opportunity pass without expressing acknowledgement and deep appreciation to all the officers, committee members and chairmen of the past two administrations for their endless dedication and hard work that led us to where we are today. Of course, without the ardent support of all the members, none of this is possible; for our organization or any other organization for that matter is just as good as the enthusiastic participation of its membership.

As we look ahead into the 1980's, I see a decade of rapid growth, excitement, and accomplishments within our organization. The number of Philippine American physicians practicing in Georgia is

increasing at a rapid rate and with our active Membership Committee being chaired by Dr. Romy Parungao, I can only envision a steady recruitment and rapid growth in number. And as we grow in number, we not only become stronger as a group but we also grow together intellectually, medically and culturally. The spirit of camaraderie within us brings out joy and excitement in a group, whether big or small, which we found to be very true during the past four years. For the first time, we will attempt to accomplish the fifth goal of our very existence as an organization and this is the contribution to the presentation and enjoyment of Philippine American culture. More specifically, I am referring to the idea of sponsoring the Philippine Bayanihan Dance group to perform in Atlanta with the proceeds going to a charitable organization. This will be discussed in detail at our upcoming Eighth General Business Meeting at the Terrace Garden Inn in Atlanta on November 15, 1980. Your presence at the meeting will be greatly appreciated and with your active participation and support this Herculean task of trying to accomplish all our goals will be a cinch! I am looking forward to seeing each and everyone of you in Atlanta come November 15, 1980.

Lastly, I would like to thank our Past President and still Editor of our PAMAG LETTER, Dr. Ludi Villanueva, for making all the necessary arrangements for our upcoming meeting at the Terrace Garden Inn. Let us all show our appreciation and reward him by coming to the meeting.


D. A. Valbuena, M.D.

EIGHTH GENERAL BUSINESS MEETING:

November 15 - 16, 1980
Terrace Garden Inn
Atlanta, Georgia

EDITORIAL: PAMAG — 1980 . . . QUO VADIS?

June 5, 1976—at this very same place we are gathering for the Eighth General Business Meeting, the concept of PAMAG came into its first visible existence. Nurtured by a cohesive group of Philippine American medical practitioners in Georgia desirous of an effective organization to best project our image, we have grown from the few original members to the considerable present active members.

Nearly five years in existence, initially under the inspired leadership of Dr. Ludi Villanueva, then with Dr. Emil Quilala, and now with Dr. Dom Valbuena, we



have grown not just in membership but more so in the realization of the immensity of the sphere of what our organization can do now and in the future . . . The potentials are there . . . Nearly five years and now we're just entering the decade of the 80's! Quo Vadis PAMAG? . . . Let's set our goals . . . and set it high . . . Together . . . not just with a few but, all of us . . . bound in the same spirit . . . let's set our goals up there and do it!

Fellow members, it is auspicious that were here again at the Terrace Garden Inn—where we started almost five years ago . . . We did it . . . We've shown everyone that we have what it takes to keep an effective organization growing . . . let's realize our goals and set priorities . . . Now!

Alfonso T. Dampog, M.D.

LAKE LANIER ISLANDS MEETING IN BRIEF: Held at Stouffer's Pineisle Resort Hotel, Lake Lanier Islands, Buford, Georgia

Thursday—July 24, 1980

2:00 P.M.-till

ARRIVAL, REGISTRATION, COCKTAILS—Hospitality Suite

Friday—July 25, 1980

8:30 A.M.-9:30 A.M.

GENERAL BUSINESS MEETING—Meeting Room

9:30 A.M.-1:00 P.M.

SPORTS TOURNAMENTS (Tennis, Golf, Bowling and Fishing)

1:00 P.M.-2:00 P.M.

LUNCH on your own

2:00 P.M.-5:35 P.M.

SCIENTIFIC SESSION—Meeting Room

Robert H. Johnson, Jr., M.D.

"Breast Cancer"

John F. Fisher, M.D.

"Common Fungal Infections"

Richard H. Reindollar, M.D.

"Office Evaluation of the Infertile Patient"

6:00 P.M.-9:00 P.M.

PAMAG FAMILY PICNIC

9:00 P.M.-till

COCKTAILS—Hospitality Suite

Saturday—July 26, 1980

9:00 A.M.-12:35 P.M.

SCIENTIFIC SESSION—Meeting Room

Richard H. Reindollar, M.D.

"Evaluation of the Patient with Delayed Sexual Development"

Alfonso T. Dampog, M.D.

"Special Problems in Present Anesthesia Practice"

Robert H. Johnson, M.D.

"Melanoma"

12:35 P.M.-2:00 p.m.

LUNCH on your own

2:00 P.M.-6:00 p.m.

SPORTS TOURNAMENTS (Tennis, Golf, Bowling and Fishing)

8:00 P.M.-12:30 A.M.

DINNER & DANCE—Dance Hall

Sunday—July 27, 1980

8:00 A.M.-9:30 A.M.

EXECUTIVE COUNCIL MEETING—Meeting Room

9:30 A.M.-till

OPEN

12 Noon

CHECK OUT TIME—UNTIL WE MEET AGAIN . . .

PRESENT AT LAKE LANIER ISLANDS

Doctors E.Q. Abellera, Eudora M. Abellera, Manolo B. Apanay, Melania Balderian-Domingo, Grace C. Bautista, Victor Bautista, Lorna Beldia-O'Brien, Ben L. Bobon, Alfonso T. Dampog, Barbara A. Dampog, Benjamin B. deGracia, Winlove Eduarte, Senen J. Encinas, John F. Fisher, James E. Hissam, Milagros Jean Jorda—Montesclaros, R. Julian Johnson, Robert H. Johnson, Jr., Rodolfo S. Lazo, Ernesto L. Ledesma, Ernesto G. Lopez, Abelardo B. Magat, Jr., Fidel Makapugay, Zenaida Makapugay, Raymundo T. Mallari, Maylinda MancaoTabanera, Lumawig Y. Munsayac, S. T. Ortiz, Josefina Padiernos-Parungao, Romulo L. Parungao, Jose H. Porquez, Emiliano P. Quilala, Richard H. Reindollar, Leonardo Rimando, Antonio R. Rodriguez, Marcelo R. Santiago, Pablito A. Tabanera, Mike Y. Tan, M. O. Taruc, Samuel A. Torres, D. A. Valbuena, Ludovico S. Villanueva graced the

meeting. Also on hand was our photographer and affiliate member, Patrick O'Brien, R.Ph.

Guests included Mrs. Gloria Apanay, Mrs. Pat Bobon, Mrs. Brigid Eduarte, Mrs. Jean Encinas, Mrs. Ildefonsa deGracia, Mrs. Prudence Hissam, Mr. Rodolfo Montesclaros, Mr. Robert Bodimer, Mrs. Anne Johnson, Mrs. Virgita Ledesma, Mrs. Rose Lopez, Mr. Burton Landry, Mrs. Priscilla Mallari, Mrs. Rhonda Munsayac, Mrs. S. T. Ortiz, Mrs. Erlinda Porquez, Mrs. Ruth Rimando, Mrs. Belma Rodriguez, Mrs. Joselyn Santiago, Mrs. Corazon Tan, Mrs. M. O. Taruc, Mrs. Linda Torres, Mrs. Gayle Valbuena, Mrs. Karin Villanueva, Mr. Robert Blair.

Most of the children and some of the parents and other family members of the above who were brought there at Pineisle made the meeting a family affair.

THURSDAY NIGHT:

The Traditional "Arrival, Registration, Cocktails" at the Hospitality Suite live on! We wish to acknowledge here our appreciation to Mr. Bob Blair who in his usual jovial manner and friendship contributed to the joy of being together. You really would not wish to miss this

night even if you have to cancel a few patients to get to the Hospitality Suite. Once there, you can have your choice of people to discuss a wide variety of subjects seemingly without end.

SCIENTIFIC SESSION:



Dr. Antonio R. Rodriguez

With 42 physicians in attendance at the scientific conference, this was by far our highest record according to the Course Director, Dr. Antonio R. Rodriguez. As in the past, this conference was co-sponsored by PAMAG and by the School of Medicine, Medical College of Georgia and approved

for 6.5 hours credit in Category I towards the Physician's Recognition Award of the American Medical Association.

Emiliano P. Quilala, M.D., PAMAG President, welcomed those in attendance. Presiding during the first day was Dr. Jose H. Porquez, Chief of Surgery, Walton County Hospital, Monroe, Georgia. Appropriate humor was injected in his introductions and comments which made the meeting lively. During the second day, Dr. Raymundo T. Mallari presided. He is a gastroenterologist on the active staff of the Department of Medicine, Clayton General Hospital, Riverdale, Georgia.

Excellent presentations were made by the speakers and were received extremely well by the audience since they were interesting and educational as well as practical. It is to be noted that it does take considerable skill in giving lectures to a group of physicians of varied specialties (surgeons, anesthesiologists, family practitioners, psychiatrists, etc.). The summaries of their presentations appear below:

BREAST CANCER:

Presented by:
Robert H. Johnson, Jr., M.D.,
Professor of Surgery,
Medical College of Georgia,
Augusta, Georgia

Dr. Johnson provided a review and update of the current surgical management of breast cancer. He began his talk by showing the natural history of this disease and emphasized the remarkably long survival of these patients even without definitive treatment. He used this data to make the point that any new advances in the management of breast cancer can only be evaluated after several years of observation, perhaps longer than 10-15 years. The various indications for surgery and the role of radical mastectomy were discussed. This was particularly relevant in light of the current questions regarding the role of lesser procedures than radical mastectomy in the management of this disease.

He ended his talk by presenting some data regarding surgical practices in the management of breast cancer in the state of Georgia. Thus, it allowed the audience to make meaningful comparisons of their own surgical approach to that of their colleagues in the management of this disease at a local level.

Summarized by:

Antonio R. Rodriguez, M.D.
Assistant Professor of Medicine
Medical College of Georgia
Augusta, Georgia

COMMON FUNGAL INFECTIONS:

Presented by:
John F. Fisher, M.D.,
Assistant Professor of Medicine,
Medical College of Georgia,
Augusta, Georgia.

opportunity to recognize and differentiate the various appearance in tissue and in culture of the pathogenic organisms and of the fungal diseases they cause. Diseases taken up included Candidiasis, Cryptococcosis, Histoplasmosis, Blastomycosis, Coccidioidomycosis, Aspergillosis, Phycomycosis, Actinomycosis, Nocardiosis and Sporotrichosis.

He detailed how the specific organism is contracted, the predisposing factors, the symptoms and signs, the diagnosis and the treatment. To illustrate: *Histoplasma capsulatum* causing Histoplasmosis is contracted by inhalation of conidia from blackbird, chicken, bat excreta or soil. This occurs in normal individuals as well as in those with debilitating disease. Symptoms consist of cough, fever, night sweats and weight loss. Signs as seen on chest X-ray are upper lobe cavities, hilar adenopathy, "buck-shot" calcifications, and a target lesion. Diagnosis is by demonstration of the organism in sputum or in tissue and by serologic tests. Usually no treatment is required. However, for cavitory or disseminated disease, Amphotericin B is indicated.

Summarized by:

Ludovico S. Villanueva, M.D.
Clinical Assistant Professor of Psychiatry
Emory University School of Medicine
Atlanta, Georgia

Dr. Fisher started the lecture by saying that actually the common fungal infections are not that common. Nevertheless, when they do occur, they provoke sufficient disturbance that it is worth being knowledgeable about them. His excellent slide presentation provided the conference participants an

OFFICE EVALUATION OF THE INFERTILE PATIENT:

The physiology of reproduction was presented and was followed by an exploration of the important etiological factors involved in infertility. These factors include the male factor, anovulation, tubal factor, male-cervical interaction factor, and corpus luteal factor. An unknown factor which involves approximately 5-10% of patients seen with infertility was discussed.

Specific etiologies of male infertility were presented and these include genetic, medical, traumatic and environmental. Evaluation of the infertile male as well as specific treatment were discussed. Etiologic factors



responsible for female infertility were discussed. An example study cycle, including the particular studies to be performed, was described. Specific treatment for female infertility was outlined. Emphasis was placed on the need for counseling in these infertile couples.

This talk was concluded with new developments in infertility. The most revolutionary event in this area was the birth of Louise Brown, the first child born who was conceived *in vitro*.

Richard H. Reindollar, M.D.
Instructor, Obstetrics & Gynecology
Research Fellow, Reproductive
Endocrine Unit
Medical College of Georgia
Augusta, Georgia.

EVALUATION OF THE PATIENT WITH DELAYED SEXUAL DEVELOPMENT:



Attentively Absorbing the scientific lectures

A discussion was presented of patients who have abnormalities of pubertal development. This discussion included the normal timing and onset of puberty. The appearance of subsequent pubertal landmarks and the tempo of this pubertal development were discussed. A classification of patients with pubertal abnormalities was presented and discussion was related to the normal timing and sequencing of

pubertal events. Patients were grouped as to those individuals who had no ovarian function and those patients who presented with abnormalities of puberty with associated gonadal function. Patients without ovarian function were described as either having ovarian failure or having never been given the pituitary or hypothalamic signals that would initiate ovarian function. Discussion of the syndromes involved in all groups revealed that ovarian failure was the most common etiology for pubertal abnormalities and was followed by those patients having congenital absence of the vagina and the uterus. Physiologic delay was one of the infrequent causes of pubertal abnormalities.

Subsequent discussion involved the approach to the patient with pubertal abnormalities as well as the management. Because of associated morbidity, mortality and poor reproductive function, emphasis was placed upon the need of counseling as well as for education in these patients.

Richard H. Reindollar, M.D.
Instructor, Obstetrics & Gynecology
Research Fellow, Reproductive Endocrine Unit
Medical College of Georgia
Augusta, Georgia

SPECIAL PROBLEMS IN PRESENT ANESTHESIA PRACTICE:

Now, more so than in the recent past, there is a special need for the practitioner in Anesthesia to "polish his act" and renew vigilance in order to avoid a resurgence of the malpractice craze that swept the medical community as a whole and the field of Anesthesiology in particular in the early years of the 70's. Reviewing a series of articles related to the subject, the signs of the "times" are there for us to realize that we are, if not more so, as vulnerable now as then to the horrors of a so-called "litigation resurgence" . . . There, likewise, is a need for us practitioners in Anesthesia to "police" ourselves as well as the surgeons we are working with before we find ourselves being "policed" by "other agencies."

The second part of the lecture dealt with a review and slide presentation of the patho-physiology and epidemiology of Malignant Hyperpyrexia prior to a more thorough introduction of a new drug of choice for its treatment — Dantrolene Sodium or Dantrium. Various hospital protocols were discussed related to the management of Malignant Hyperpyrexia.

Alfonso T. Dampog, M.D.
Chairman of Anesthesia
Gwinnett Community Hospital
Snellville, Georgia



MELANOMA:

Presented by: Robert H. Johnson, Jr., M.D., Professor of Surgery, Medical College of Georgia, Augusta, Georgia.

Dr. Johnson's lecture consisted of case presentations of Melanoma patients he has treated over the years. His slides showed the varying features of the lesions before treatment as well as lesions confused grossly with Melanoma. Other slides showed the cosmetic results after proper surgical excision of Melanomas and also cases of improper biopsy and/or surgical excision that recurred locally and/or distantly. Lastly, he presented statistics from various cancer centers concerning patient survival related to modes of therapy and then concluding that proper, complete surgical excision of a Melanoma when seen and suspected early is best.

Summarized by:
Barbara A. Dampog, M.D.
Department of Pathology
Decatur Hospital
Decatur, Georgia

PAMAG FAMILY PICNIC JULY 25th:

A first and a very successful innovation for the 1980 PAMAG Scientific Conference, the picnic started about 6 P.M. (actually much earlier for a group of "super-ladies" who had to shop for the food) at the Azalea Pavilion. It was very well attended by members and families of all ages—from diaper-age to the *Loios* (grandfathers) and the *Lolas* (grandmothers) who partook of the various picnic fares. Everything tasted super-delicious but everybody will agree to the extra-kudos for the folks from Milledgeville for the fresh barbecued trout direct from the waters of Lake Lanier!

PRESENTATION OF PLAQUES BY PRESIDENT QUILALA:

By helping him make his two-year administration a great success, Dr. Emil Quilala presented his fellow officers and committee chairmen plaques of appreciation: D.A. Valbuena, M.D., Vice President and Membership Chairman; Eudora M. Abellera, M.D., Treasurer; Grace C. Bautista, M.D., Secretary; Ludovico S. Villanueva, M.D., Historian and Newsletter Editor; Ruben D. Silan, M.D., Parliamentarian; Antonio R. Rodriguez, M.D., Continuing Medical Education Chairman; Ernesto L. Ledesma, M.D., Program & Publicity Chairman; Romulo L. Parungao, M.D., Constitution & Bylaws Chairman; and Senen J. Encinas, M.D., Local Arrangements Chairman for the Lake Lanier Islands 1980 Meeting. This presentation was made during the Dinner & Dance at Stouffer's Pineisle Resort Hotel on July 26, 1980.

PRESENTATION OF CERTIFICATE TO OUTGOING PRESIDENT:



TWO PRESIDENTS
Past and Present

New President Dr. Dom Valbuena, on behalf of the outgoing officers and chairmen, presented to outgoing President Dr. Emil Quilala a Certificate in lieu of a plaque which did not get to the meeting on time. It read, "In appreciation — Emiliano P. Quilala, M.D. — President 1978 1980 - Philippine American Medical Association of Georgia." The plaque was presented to Dr. Quilala in private later.

DINNER & DANCE:

A magnificent setting for this usual feature of our meeting: the top floor of Stouffer's Pineisle Resort Hotel overlooking the islands (which used to be but tops of mountains prior to the Army Corp of Engineers' flooding of the area to produce Lake Lanier—the largest man-made lake in the world).

Great party, clean fun, desirable company. Most everyone stayed on until the final dance. The band known as "The Immigrants" (which has provided the music to our group at Callaway Gardens—Pine

Mountain two years ago) enjoyed themselves so much, they extended their playing to everyone's delight for another 30 minutes! The pictures tell the story better of what happened that night.

Our hats off to Dr. Senen Encinas, Local Arrangements Committee Chairman, for arranging such a beautiful affair. The view, the music, the food and the service conspired to produce still another wonderful chapter in our PAMAG history.



CONGRATULATIONS!

To Rodolfo S. Lazo, M.D., erstwhile PAMAG's most eligible bachelor, who married Miss Divina Perez last August, 1980. A party in his honor was recently held at the home of Dr. & Mrs. Joe Proquez for those of us who were unable to attend the lavish celebrations in New York. From here on, Dr. Rudy Lazo, a most faithful Association member, will no longer come to our meetings alone.

To Drs. Pablito and Maylinda Tabanera who were blessed with the arrival of their second child, Blitz Mancao Tabanera. He was born on September 10, 1980 at Macon Coliseum Park Hospital, Macon, Georgia and weighed 7 lbs. 13 oz. Blitz has a sister.

Josefina Padiernos-Parungao, M.D. recently became a Fellow of the College of American

Pathologists. She has been with PAMAG from the very beginning.

Ludovico S. Villanueva, M.D. is the first President of the newly incorporated Sandy Springs Arts & Heritage Society, Inc., Sandy Springs, Georgia. The Society's formation was initiated by the Sandy Springs Chamber of Commerce and by the Sandy Springs Junior Woman's Club and were later joined by many other local civic and service organizations and businesses.

Romulo L. Parungao, M.D. was recently elected a Director of the Rockdale Savings and Loans Association. Also recently, he was elected Vice President of the Rockdale/Conyers Kiwanis Club. Dr. Parungao serves as PAMAG Vice President and Membership Chairman.

SPORTS TOURNAMENTS:

As before, the sports tournaments enjoy excellent involvement from members and their families and guests. There is gradually the developing feeling that if one can not win the game, then at least he or she can just participate and have fun. The cause for this kind of a feeling is the fact that there does tend to be perennial winners who just won't let up. We may have to import better players, if in fact there are any, who can beat our champions.

To get an inside look at one of the tournaments, please read Dr. Sam Torres' article titled, "Love-Set-Match."

Dr. Senen J. Encinas, Local Arrangements Committee Chairman, announced the winners and assisted by new President D.A. Valbuena, presented them with their well earned trophies. The awarding ceremony was conducted during the Dinner & Dance on July 26, 1980. The two fishing trophies as you see below were caught by a lady member of the Association, Dr. May Mancao-Tabanera. Congratulations to all the winners!



THE WINNERS

(Left to Right) Dr. Ely Abellera, Dr. Senen Encinas, Dr. May Mancao-Tabanera, Dr. Ben deGracia, Dr. Manny Apanay, Mr. Pat O'Brien, Dr. Sam Torres, and Dr. Ernie Ledesma.

Singles Tennis:

First Prize Samuel A. Torres, M.D.
Second Prize Manolo B. Apanay, M.D.

Doubles Tennis:

First Prize Samuel A. Torres, M.D. & E.Q. Abellera, M.D.
Second Prize Manolo B. Apanay, M.D. & Patrick O'Brien, R. Ph.

Golf:

First Prize Ernesto L. Ledesma, M.D.
Second Prize Senen J. Encinas, M.D.
Third Prize D.A. Valbuena, M.D.

Bowling:

First Prize Benjamin B. deGracia, M.D.
Second Prize Mr. Rodolfo Montesclaros
Third Prize Mrs. Virgita Ledesma

Fishing:

Most Fish May Mancao-Tabanera, M.D.
Biggest Fish May Mancao-Tabanera, M.D.

LOVE-SET-MATCH:

The tennis tournament in Lake Lanier Islands in conjunction with our annual meeting produced few surprises as far as the winners were concerned. Certainly though there are up and coming tennis players in our group that we will be hearing much from in the future. Noteworthy among these is Lisa Apanay, Dr. & Mrs. Manny Apanay's daughter, who currently ranks quite high in the state in the fourteen year olds. Others are Manny Apanay, Jr. and Bob deGracia, Dr. & Mrs. Ben deGracia's son.

The weather complied with us in the sense that there was no precipitation during the entire tournament. You can say, however, that the courts were hot literally. It must have been close to 100 degrees Fahrenheit during the two days we were playing. It was so hot that during the second day of play, some of the players forfeited the courts for an airconditioned room where another game was played.

In spite of the claims of the participants of having practiced for the tournament, the confidence they had during the reception the night before did not spread over on the court . . . The singles winner, perhaps mainly due to patience and perseverance and after perhaps gallons of Gatorade, went to your reporter. The runner-up was Lisa's father, Dr. Manny Apanay. In the doubles, the champions were Dr. Ely Abellera and again, your reporter; the runnersup were Dr. Manolo Apanay and Mr. Pat O'Brien. The matches were played in an eight game pro-set, round robin.

Our next annual meeting will be in Hilton Head Island, South Carolina and there is a very high possibility that the tournament will be held on clay courts. For those who are unfamiliar with it, it is a slow court and you will need to bring good shoes with you because you will have to do a lot of running and of course, utilizing specific clay court tennis balls.

See you in the next tournament.

Samuel A. Torres, M.D.

ASSOCIATION GUESTS FROM OTHER STATES:

We were glad to have Dr. & Mrs. S.T. Ortiz from McMechen, West Virginia and Drs. Fidel and Zenaida Makapugay from Columbia, South Carolina as our guests. You will recall that the Makapugay's were also with us two years ago during our meeting at Callaway Gardens — Pine Mountain. It is so nice to have friends return.

DONATION TO MEDICAL COLLEGE OF GEORGIA:

Glen E. Garrison, M.D., Professor of Medicine and Family Practice and Director of the Division of Continuing Education and Continuing Medical Education, Medical College of Georgia was presented a \$300.00 check as donation from PAMAG. This presentation was made by Antonio R. Rodriguez, M.D., outgoing Continuing Medical Education Chairman. The donation was intended to help defray the administrative costs involved in MCG's accreditation of our continuing medical education programs.

NEW MEMBERS, WELCOME!

Conrado E. Fernandez, M.D.
Pediatrics
15 Medical Park
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(205) 756-4111
Spouse: Myrna

Josefina Canlas-Tan, M.D.
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Spouse: Brigid

Martin Taruc, M.D.
Family Practice
Eisenhower Medical Center
Fort Gordon, Georgia 30905
(404) 791-5222
Spouse: Gloria

SEVENTH GENERAL BUSINESS MEETING:

On July 25, 1980, the Seventh General Business Meeting was held at Stouffer's Pineisle Resort Hotel. This was a very lively meeting presided over by outgoing President Quilala. Many significant subjects were discussed and decisions made. Among these decisions included the majority's recommendation to hold the next Annual Meeting in Hilton Head Island, South Carolina; the concensus that PAMAG as a whole is not ready to affiliate with the Association of Phillipine Practicing Physicians in America (APPPA) but that PAMAG members were encouraged to join APPPA individually; the election of new officers; and the decision to hold a second Business Meeting every November in Atlanta.

NEXT ANNUAL MEETING:

Our Seventh Scientific Conference and Ninth General Business Meeting will be held in Hilton Head Island, South Carolina on June 11-14, 1981. Appointed Local Arrangements Committee Chairman by the Executive Council was Victor Bautista, M.D. We will be celebrating our Fifth Anniversary as an organization at that time.

ELECTION OF OFFICERS FOR THE 1980-82 TERM:

The Nominating Committee composed of Samuel A. Torres, M.D., Ernesto L. Ledesma, M.D., Romulo L. Parungao, M.D. and outgoing President E. P. Quilala, M.D. as non-voting Chairman presented the following slate:

President Lumawig Y. Munsayac, M.D.
Vice President Romulo L. Parungao, M.D.
Treasurer Lorna Beldia-O'Brien, M.D.
Secretary Maylinda Mancao-Tabanera, M.D.

There was only one nomination from the floor during the General Business meeting: D.A. Valbuena, M.D. was nominated for the position of President.

Dr. Valbuena was elected by the general membership by a great majority. The rest of the nominees presented by the Nominating Committee were elected without opposition.

COMMITTEE CHAIRMEN APPOINTED:

The list of new officers, both elected and appointed, as well as the new Committee Chairmen can be found at the back cover of this issue. We wish all of them success in the coming two years.

REGIONAL MEMBERSHIP CHAIRMEN & REGIONAL REPORTERS:

In order to assist the Vice President and Membership Chairman, Regional Membership Chairmen were appointed by the President:

Atlanta area Eligio Q. Abellera, M.D. & Emiliano P. Quilala, M.D.
Athens area Ben L. Bobon, M.D.
Augusta area Antonio R. Rodriguez, M.D.
Claxton area Ernesto L. Ledesma, M.D.
Columbus area .. Miligros Jean Jorda-Monteclaros, M.D.

Hinesville area Ruben D. Silan, M.D.
Macon area Senen J. Encinas, M.D.
Milledgeville area Rodolfo S. Lazo, M.D.
Savannah area James E. Hissam, M.D.
Springfield area Romualdo Laygo, M.D.
Waycross & Vidalia area Ernesto G. Lopez, M.D.
These same physicians will serve concurrently as Regional Reporters to the PAMAG LETTER.

CLINICAL MEDICINE

SECTION Antonio R. Rodriguez, M.D., Section Editor

This is the first of a series of original articles contributed by members of the Philippine American Medical Association of Georgia.

THE WORK UP OF HEMATURIA

Samuel A. Torres, M.D., F.A.C.S.

The frequency of hematuria in the adult population is not known. In the pediatric population, however, screening urinalysis on asymptomatic children revealed that the incidence of hematuria is 0.5 to 2 percent. (1, 2, 3) Hematuria, nevertheless, as a presenting symptom of disease has been well studied and reported. (4, 5) As in any other symptom complex, there are certain factors that are of importance in the development of a practical work up of hematuria.



The history and physical examination which the physician obtains and performs give him clues as to which of the steps will be taken next in the work up of these patients. The presence of pain on urination suggests a lower urinary tract problem. Flank pain indicates an upper tract or ureteral problem. Painless hematuria indicates several things. The most common etiology is a tumor but other causes include a bleeding dyscrasia, sickle cell disease, hemoglobinuria, hemangioma, AV malformation and glomerulopathies. An antecedent upper respiratory tract infection suggests a poststreptococcal glomerulonephritis or an IgA or Berger type nephropathy. The drug history, i.e. Coumadin or Cyclophosphamide, can explain the hematuria. The appearance of hematomas or petechiae indicates a form of bleeding dyscrasia or coagulopathy. One must also rule out from the history any form of trauma to the patient which may explain

the hematuria. On palpation of the abdomen, the presence of a tumor mass coupled with the history of weight loss and significant gastrointestinal complaints suggest a malignancy. Table I is a list of common and not-so-common causes of hematuria.

Table I
Common Causes of Hematuria

- 1) Trauma
- 2) Stone
- 3) Tumors
- 4) Urinary tract infection
- 5) Glomerulopathies
- 6) Sickle cell trait
- 7) Systemic lupus erythematosus
- 8) Ureteropelvic junction obstruction

No-So-Common Causes of Hematuria

- 1) IgA or Berger's nephropathy
- 2) Arteriovenous malformations and hemangiomas
- 3) Hemoglobinurias
- 4) Henoch-Schonlein purpura
- 5) Goodpasture's syndrome
- 6) Alport's syndrome
- 7) Systemic lupus erythematosus
- 8) Idiopathic hematurias

Urinalysis is of importance in arriving at the correct diagnosis of hematuria:

- 1) The presence of red cells alone means any of the following: renal stones, tumor, medullary sponge kidneys, sickle cell disease, IgA nephropathy, blood dyscrasia, hemangiomas or AV malformation.

- 4) Henoch-Schonlein purpura
- 5) Goodpasture's syndrome
- 6) Alport's syndrome
- 7) Systemic lupus erythematosus
- 8) Idiopathic hematurias

Urinalysis is of importance in arriving at the correct diagnosis of hematuria:

1) The presence of red cells alone means any of the following: renal stones, tumor, medullary sponge kidneys, sickle cell disease, IgA nephropathy, blood dyscrasia, hemangiomas or AV malformation.

2) The presence of red cells, bacteria and white blood cells (WBC's) indicates urinary tract infection unless proven otherwise.

3) The presence of casts in the urine, significant protein and WBC's is a common finding in glomerulonephritis or any of the glomerulopathies.

4) The presence of occult blood on dipstick without red blood cells on microscopic examination is a feature of hemoglobinuria.

Since the diagnosis of urinary tract infection is quite difficult to make on the basis of microscopic examination of the urine alone, it is advisable to do a culture and sensitivity test in practically all cases of hematuria. In the absence of bacterial growth on culture and sensitivity yet in the presence of strong clinical suspicion of an infectious process being the

cause of hematuria, such as tuberculosis, appropriate smears and cultures should be done. Bladder tumor is sometimes detected by means of urine cytology. Class IV or Class V cytology certainly indicates with a very high probability, that this indeed is a neoplastic process.

An elevated ASO titer and reduced Complement III level indicate most likely a glomerulonephritis. Certain blood dyscrasias can be diagnosed by means of a bleeding survey, namely, platelet count, prothrombin time, partial thromboplastin time and other coagulation tests. A sickle cell preparation confirmed by a hemoglobin electrophoresis, can make a diagnosis of sickle cell trait which will explain the hematuria.

A thorough evaluation of the genitourinary system is not possible without the inclusion of the intravenous pyelogram. Just like any other study, a normal IVP will not rule out the presence of disease. It still leaves the clinician with a myriad of possibilities. Any of the following diseases may present with a normal IVP: 1) Glomerulopathies 2) Jogger's nephritis 3) Sickle cell trait 4) Hemangiomas and AV malformations 5) Hemoglobinuria 6) Henoch-Scholein purpura 7) Alport's syndrome 8) Lupus erythematosus 9) Hemophilias 10) Idiopathic hematurias. An abnormal IVP, of course, is self-explanatory (Figure 1 and 2).



Figure 1: IVP showing transitional cell carcinoma of left renal pelvis



Figure 2: IVP showing staghorn calculi.

Cystoscopy is the final step in the work up of these patients. This procedure is safely omitted in those cases where the physician is reasonably certain about the cause of the hematuria (i.e. glomerulonephritis or hemophilia). However, in the majority of patients, cystoscopy needs to be performed. On cystoscopy, stepwise evaluation of the lower urinary system is important. Careful examination of the urethra, and the prostate area in males and complete and careful examination of the bladder is mandatory. The orifices should be observed carefully to determine the type of efflux from either side. It is therefore preferable to perform the cystoscopy while the patient is actively bleeding. In this manner, the clinician can accurately assess the source of bleeding. Failing to find the anatomic site of the bleeding, the indicated procedure is catheterization of the ureteral orifices then proceeding with differential urinalysis from each side. From these samples, differential cultures and urine cytologies can be ordered.

For completeness, renal arteriograms may help in the diagnosis of unexplained hematuria. Large AV malformations and certainly large hemangiomas may be visualized through this procedure.

Discussion of specific diseases:

1) IGA or Berger's disease. (6) This diagnosis is made by electron microscopy of a renal biopsy. The majority of these patients present with an upper respiratory infection prior to the onset of hematuria. Most studies now indicate that this is a benign condition although follow up of these cases is still necessary.

2) Hereditary nephritis (Alport's syndrome). These patients may present only with hematuria. Many of these patients may present with proteinuria as well. Helpful aids in the diagnosis are hearing loss and a family history of hematuria and uremia, especially in adult male relatives. The prognosis, particularly for male patients, is very poor.

3) Systemic lupus erythematosus. This can be diagnosed by means of analysis of anti-DNA antibody and serum complement.

4) Henoch-Scholein purpura. It is often unusual for this type of disease to appear without other diagnostic features, such as typical purpuric rash, abdominal or joint pain or bloody diarrhea.

5) Jogger's nephritis. The etiology of the hematuria in Jogger's nephritis is not known. It may be a form of prostatitis or cystitis.

6) Sickle cell trait. Patients with this trait may sometimes present with hematuria. They often bleed from the left kidney; the reason for this is not exactly known. They may be prone to having hematuria primarily because of the high osmolality of the renal medulla and its acidic medium which induces the red cells to hemolyze in this area.

7) Idiopathic hematuria. (7) this is a diagnosis arrived at by exclusion following complete and extensive work up, including renal biopsies. These patients require follow up for a considerable period of time and some of the studies may have to be repeated. No treatment is indicated unless the hematuria is debilitating.

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The Author

SAMUEL A. TORRES, M.D., is an Associate in Urology with the Urological Associates of Savannah, P.C. A graduate of the University of the Philippines College of Medicine, Manila, Philippines, he served an internship at Mercy Hospital, Baltimore, Maryland. He took residency training in general surgery at the State University of New York Upstate Medical Center, a residency in urology at Memorial Medical Center, Savannah, Georgia and served a fellowship in urology at the Baylor College of Medicine, Houston, Texas. He is a diplomate of the American Board of Urology.

1981 DIRECTORY OF THE PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA:

Dr. Romulo L. Parungao, Vice President and Membership Chairman reported that progress is good in obtaining material for the 1981 Directory of our Association. He is in the process of sending the third mailing to those who have so far not responded to his two letters concerning possible inclusion in said Directory. Its greatest usefulness is that it is designed to contain the names of members as well as nonmembers of the Association. The entry on each physician listed will include the office and home addresses, office and home telephone numbers, specialty (ies), name of spouse and names of children.

Perchance you have not replied, will you do it now?

ACKNOWLEDGEMENT:

PAMAG acknowledges its appreciation of financial support provided by the following pharmaceutical companies toward the Lake Lanier Islands 1980 Meeting:

CIBA PHARMACEUTICAL COMPANY
 GEIGY PHARMACEUTICAL
 SMITH KLINE & FRENCH LABORATORIES
 MERCK SHARP & DOHME
 PFIZER LABORATORIES
 AMERICAN CYANAMID
 MAYRAND, INC.
 ABBOTT LABORATORIES
 SCHERING CORPORATION

WORD FROM THE TREASURER:

Dr. Lorna Beldia-O'Brien wishes to thank all those who have paid their June, 1980—May, 1981 annual dues. Your continued financial support has enabled the Association to be quite solvent and to have the confidence to move forward and actualize its stated purposes.

Donations from the following PAMAG members toward the Lake Lanier Islands 1980 Meeting are gratefully acknowledged: Ruben D. Silan, M.D. and Romulo L. Parungao, M.D.

CONSTITUTION

ARTICLE I—Name of the Association

The name of this organization is **Philippine American Medical Association of Georgia**.

ARTICLE II—Purposes of the Association

The purposes of the Association are: (1) to create an awareness of the Philippine American physicians' presence in the state, (2) to promote the high level of medical competence of its members and to raise it through the development of continuing medical education programs, (3) to enhance its members' involvement in their particular communities in health and other civic matters, (4) to encourage greater knowledge of the state, its history, geography, culture and continuing progress and (5) to contribute to the presentation and enjoyment of Philippine American culture.

ARTICLE III—Membership

Section 1. Members: The members of the Association are Filipino physicians, Filipino-American physicians, physicians with Filipino spouses, and other physicians who subscribe to the Constitution and Bylaws of the Association and to the Principles of Medical Ethics of the American Medical Association. The Association is composed of Active members. Other types of membership may be provided for in the Bylaws. **Section 2. Tenure of Membership:** A member shall retain his membership as long as he complies with the provisions of the Constitution and Bylaws of this Association and with the Principles of Medical Ethics of the American Medical Association.

ARTICLE IV—Council

Section 1. Composition: Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian, the Parliamentarian, and the Committee Chairmen as provided for in the Bylaws. Other Past Presidents shall be ex-officio members of Council without the right to vote. **Section 2. Duties:** The Council is the Board of Trustees, and the governing body of the Association. It is responsible for the execution of the business of the Association. The Council has charge of all property and financial affairs of the Association and performs such duties as may be prescribed in the Bylaws.

ARTICLE V—Officers

Section 1. Designation: The elected officers of the Association shall be a President, a Vice-President, a Treasurer, and a Secretary. Historian and Parliamentarian shall be appointed by the President. These officers shall constitute an Executive Committee to meet at the call of the President to act in emergencies. **Section 2. (A) Election and Eligibility:** The officers of the Association shall be elected during the Annual Session as provided for in the Bylaws. Starting 1979-80, no member shall serve as an officer who has not been a member for the preceding two years. (b) Procedure: After verbal nominations from the floor, the voting shall either be by voice vote or secret ballot as the members of the Association present during the Annual Session so desire. **Section 3. Terms of Officers:** All officers shall be elected for terms of two years each. The President shall not have the privilege of immediate succession. All officers

shall serve until their successors are elected and installed. **Section 4. Vacancy:** If any vacancy occurs in any elective office except that of President, the Council shall appoint a replacement to serve for the remainder of the unexpired term. **Section 5. Successor to the President:** If the President dies, resigns, or is removed from office, the Vice-President shall immediately become President and shall serve for the remainder of the unexpired term. If the Vice-President is unable to serve, only then is the Council authorized to name an acting President who shall have all the powers and duties of the President for the remainder of the unexpired term.

ARTICLE VI — Meeting

Section 1. Annual Session: The Association shall hold an Annual Session at a time and place fixed by Council. **Section 2. Other General Meetings:** Other general meetings will also be held at a time and place fixed by Council. **Section 3. Special Meetings:** (a) Special meetings of the Association may be called upon written petition of one-fourth of the members of the Association. (b) A written notice shall be sent out to all Active members at least 2 weeks prior to any special meeting along with the stated agenda for such meeting.

ARTICLE VII — Quorum

Section 1. One-third of the Association members shall constitute a quorum for a regular meeting and for a special meeting. **Section 2.** One-third of the members of the Council shall constitute a quorum at a meeting of that body.

ARTICLE VIII — Newsletter

The Association shall have a Newsletter which shall contain all official Association notices, general meetings of the Association, and abstracts of meetings of Council, financial reports, and other items of significance to its membership.

ARTICLE IX — Seal

The Association shall have a common seal. The Council is authorized to approve a design for the seal which will be ratified by the general membership at any regular or special meeting.

ARTICLE X — Amendments

This Constitution may be amended or revised at any annual session of the Association by a 2/3 majority vote of all members present, provided written notice listing proposed changes shall have been sent through the Newsletter at least two months in advance.

ARTICLE XI — Parliamentary Authority

"Robert's Rules of Order, Newly Revised" shall be the authority upon parliamentary questions not covered by this Constitution and Bylaws.

BYLAWS

CHAPTER I — Membership

Section 1. Active Members: Any Filipino physician, Filipino-American physician, physician with a Filipino spouse or any physician subscribing to the Constitution and Bylaws of this Association and to the Principles of Medical Ethics of the American Medical Association may become an Active Member in the Association. He shall hold the degree of Doctor of Medicine or Bachelor of Medicine from a medical college acceptable to the Council of the Association. **Section 2. Dues:** An active member shall pay the full annual dues except that if he is an intern or resident in training, he shall pay only approximately 2/3 of the annual dues. **Section 3. Privileges:** An active member shall have the privilege to vote, to hold office, to be appointed to Historical Parliamentarian, Chairman or member of a committee, to receive the Newsletter or other publications of the Association and all other privileges of full membership. **Section 4. Affiliate Members:** Persons in the following classes may become affiliate members: a. Dentists, who hold the degree of D.D.S. or D.M.D., who are members of their state or local dental societies, b. Pharmacists who are active members of a state or local pharmaceutical association; c. Veterinarians who hold the degree of D.V.M. and are members of a state or local veterinary association; d. Teachers of Medicine who are not eligible for active membership. All nominations must be made by at least 5 Active members and then approved by the Council of the Association not

later than the meeting prior to the Annual Session. A majority of the Association members present shall elect the person to affiliate membership. An affiliate member shall not be required to pay membership dues, and shall enjoy the privileges of the scientific meetings without the right to vote, hold office or receive any publication of the Association except by personal subscription. **Section 5.** No person may become a member of the Association who has been judged guilty of moral turpitude or other serious crime, as determined by the Council.

CHAPTER II — General Meetings

Section 1. The general meetings shall be open to all members and guests who have complied with the registration requirements. These meetings shall be presided over by the President or the Vice-President. Distinguished lay persons and guest physicians may be invited as special guests of the Association by the President or by action of Council. **Section 2.** The program for the general meeting shall be prepared and approved by the Council of the Association at least 60 days before the Annual Session of the Association and published in the Newsletter in an issue preceding the Annual Session. **Section 3.** All papers read before meetings shall be deposited with the Secretary or the presiding officer and shall become the property of the Association. Without an acceptable excuse, failure to comply with this and other rules as regards the Annual Session as set forth by the Council shall automatically prohibit a member from participating in schedule scientific sessions for a period of no less than three years. **Section 4.** Lectureship (A) Lectureships for presentation at general meeting may be established by interested donors honoring distinguished deceased members or former members of the Association or honoring someone not a former member or physician who has rendered distinguished service to the Association or to Georgia medicine. (B) Council of the Association must approve all lectureship and they must meet the following provisions: (1) P.A.M.A.G. will control the programming of all approved lectureships; (2) that any lectureship, if approved, must be established by setting up a trust fund which shall be in accordance with the present pattern of the lectureship trust fund; (3) the amount of any lectureship trust fund must be approved by Council; (4) a representative of the lectureship trust fund shall be invited to submit suggestions concerning the choice of speakers. Such representatives shall be chosen by Council from three nominees, who must be members of P.A.M.A.G., to be submitted by the donor or the trustee of the lectureship fund. **Section 5.** Meeting Places of Annual Sessions and Other General and Special Meetings: Meeting places shall be rotated among the different cities in the state. **Section 6.** Local Arrangements Committee: Any number of members from a particular city may invite to host the Annual Session and other general and special meetings. They shall elect a local arrangement committee which shall recommend a suitable meeting place and shall have general charge of all local arrangements subject to the approval of Council.

CHAPTER III — Council

Section 1. Composition: The Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian and Parliamentarian, and the Committee Chairman. **Section 2.** The President of the Association shall serve as the President of Council. The Vice-President of the Association shall serve as the Vice-President of Council. The Secretary of the Association shall serve as the Secretary of Council. The President or Vice-President shall preside over meetings of Council.

CHAPTER IV — Rights and Duties of Officers

Section 1. President: The President shall: (a) preside at all general meetings of the Association; (b) report to a general session of the Annual Session; (c) serve as President of Council and as Chairman of the Executive Committee; (d) serve as a member of all committees of the Association with the authority to call a meeting of any committee when necessity demands it or after failure of the chairman to do so. With the approval of Council, he may terminate any committee whose function has been fulfilled or replace any members of any committee who fails to show interest in performing the duties assigned to him; (e) appoint the Historian, Parliamentarian, and Committee Chairmen except that he shall not appoint the Chairman of the Grievance Committee. The composition and functions of the Grievance Committee are detailed in Chapter VIII of this Bylaw. **Section 2.** Vice-President: The Vice-President shall: (a) assist the President in the discharge of his duties. Upon request or in the absence of the President, he shall preside over the general meetings of the Association or of the Council; (b)

serve as Vice-President of the Council and as Chairman of the Membership Committee; (c) become President in event the President dies, resigns, or is removed from office. **Section 3.** Treasurer: The Treasurer shall: (a) receive all funds of the Association together with bequests and donations; (b) pay money out of the treasury only on authorization of the President; (c) furnish a balance sheet to the Council at its last meeting of the fiscal year. The fiscal year includes the period of time between June 1 to May 31 inclusive. A financial report shall be published in the Newsletter as soon as practicable after the end of each fiscal year; (d) serve on the Membership Committee. **Section 4.** Secretary: The Secretary shall: (a) keep accurate minutes of all meetings and should send a copy of the minutes to the President immediately following each meeting; (b) be custodian of all records of the Association not assigned specifically to others; (c) conduct the correspondence of the Association and assist the President with all special communications. **Section 5.** Historian: The Historian shall: (a) keep a record of outstanding activities in a scrapbook and shall compile the year's history for permanent record; (b) serve as Editor of the Newsletter of the Association. **Section 6.** Parliamentarian: The Parliamentarian shall render a Parliamentary opinion when called to do so. He shall be guided by the "Robert's Rule of Order, Newly Revised." In the absence of the Parliamentarian, the acting parliamentarian shall be appointed by the Presiding Officer.

CHAPTER V — Standing Committees

Section 1. Standing Committees: Standing Committees shall be: (a) Executives; (b) Membership; (c) Program and Publicity; (d) Constitution and Bylaws. **Section 2.** Duties: Each committee chairman shall: (a) submit at the end of the fiscal year a typewritten and annual report to the President; (b) notify the President of all committee meetings and shall keep an accurate file of all activities.

CHAPTER VI — Special Committees

Special committees as required for the conduct of the business of the Association shall be instituted by Council.

CHAPTER VII — Dues and Assessments

Section 1. The annual dues shall be Fifty Dollars (\$50.00). Assessments, if necessary, shall be determined by the general membership during an annual session upon recommendation of Council and shall be levied per capita on the active members of the Association. **Section 2.** An active member who fails to pay dues (or additional dues) for one year shall be dropped from the roll of active members but shall be eligible for reinstatement upon payment of all indebtedness for the current year of application. **Section 3.** The record of payment of dues and assessments on file in the office of the Association shall be final as to the fact of payment by a member and as to his right to participate in the business and proceedings of the Association.

CHAPTER VIII — Grievance Committee

Section 1. Composition: Three Active members of the Association shall be elected by the general membership at any regular or special session and the person with the highest number of votes shall act as Chairman of the Grievance Committee. This is the only committee that is not formed by the Council and whose chairman is not appointed by the President. During the process of the election of the Grievance Committee members, the Vice-President shall preside. **Section 2.** Functions: The Grievance Committee is a special committee formed by the general membership and shall: (a) be in charge of reviewing and deliberating on the charges against the President which constitute grounds for removal from the office of President; (b) make recommendations to the general membership on the basis of their findings. The recommendations have to be voted on by the general membership at any regular or special meeting and a 2/3 majority vote is required for removal from the office of President. During the period of presentation of findings by the Grievance Committee to the general membership, as well as during the voting, the Vice-President shall preside. **Section 3.** Grounds for Removal from the Office of President: Non-discharge or improper discharge of his duties as President and non-compliance with the provisions of this Constitution and Bylaws and with the provisions of this Constitution and Bylaws and with the Principles of Medical Ethics of the American Medical Association shall constitute grounds for removal from the office of President.

CHAPTER IX — Amendments

These Bylaws may be amended or revised at any annual session of the Association by a 2/3 majority vote of all members present, provided written notice listing proposed changes shall have been sent through the Newsletter at least two months in advance.

SCHEDULE OF ACTIVITIES FOR THE NOVEMBER, 1980 ATLANTA MEETING

Saturday—November 15, 1980

10:00 A.M.-11:00 A.M.

11:00 A.M. - 12 Noon

12 Noon - 2:00 P.M.

2:00 P.M. - 2:45 P.M.

2:45 P.M. - till

REGISTRATION, COCKTAILS

EXECUTIVE COUNCIL MEETING **

LUNCHEON-GENERAL BUSINESS MEETING

EXECUTIVE COUNCIL MEETING **

OPEN (Hospitality Suite is open)

Sunday—November 16, 1980

8:30 A.M. — till

12 Noon

OPEN

CHECK OUT TIME — UNTIL WE MEET AGAIN . . .

EDITOR'S NOTES:

It is with great delight that we welcome Dr. Al Dampog as Co-Editor and Dr. Tony Rodriguez as Clinical Medicine Section Editor commencing with this issue.

We are also thankful and grateful for the many contributors who sent in written material for publication in PAMAG LETTER.

As you may already have noticed, our official organ has changed its name from PAMAG NEWSLETTER to PAMAG LETTER. We are appreciative to the Executive Committee which authorized the change on recommendation by the Editorial staff. The new name reflects the expanded nature of our publication. We hope you like it.

Ludovico S. Villanueva, M.D.



MEMBERSHIP APPLICATION:

\$50.00

MAIL YOUR MEMBERSHIP APPLICATION TODAY

\$50.00

NAME (Please Print) _____

ADDRESS _____

CITY, STATE, ZIP CODE _____

PHONES: Office _____ Home _____

I wish to become a member of the Philippine American Medical Association of Georgia. I subscribe to its Constitution and Bylaws. Enclosed is my check for \$50.00 (\$30.00 for intern or resident training.) I would also like to make a donation in the amount of \$ _____ to further the work of the Association. Checks should be made to PAMAG. I understand that such membership fee and donation are tax deductible.

Date _____ Signature _____

**PHILIPPINE AMERICAN MEDICAL
ASSOCIATION OF GEORGIA**
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*CONTRIBUTION OF ITEMS OF INTEREST
TO PAMAG MEMBERS AND COLLEAGUES
FOR PUBLICATION IN THE PAMAG LETTER
IS MOST WELCOME.*

*PAMAG LETTER IS PUBLISHED BY THE
PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA*

PAMAG LETTER

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PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

VOLUME V

JUNE 5, 1981

NUMBER 2

FIFTH ANNIVERSARY ISSUE

PRESIDENT'S MESSAGE:



I consider it a great honor and a distinct privilege to be your Incumbent President on this the Fifth Anniversary of our beloved organization. Since its inception on June 5, 1976, the Philippine American Medical Association of Georgia has proven to be a dynamic, vibrant and unified group of Filipino-American physicians fully capable of achieving its goals and objectives. United in our efforts, we aimed

high resulting in some admirable accomplishments in a short period of time. Our Immediate Past President Dr. Emil Quilala once referred to PAMAG as being a bit precocious. I couldn't agree with him more because within five years we have remarkably accomplished the following:

1. We have certainly created an awareness of our presence not just in the state of Georgia but also around the neighboring states of Florida, South Carolina and Alabama. Physicians from these three states have participated in our scientific conferences at one time or another.
2. Our Continuing Medical Education Program has grown from a meager 3 hours unaccredited lectures at the outset to a *bona fide* 6.5 hours Category I AMA accredited program.
3. Increasingly, we have members involved in community organizations as recorded yearly in the PAMAG LETTER. Every year we have also observed PAMAG members obtaining distinguished awards in Medicine, with an increasing number passing specialty boards.
4. As we peregrinate throughout the state of Georgia to convene our scientific and business meetings, we have effectively broadened our knowledge about our adopted state, its culture, history as well as its continuing progress.

These are four of the five goals set forth by the founding fathers of our Association five years ago. We have fulfilled all but one and so with a resounding recognition of these outstanding accomplishments we can be proud to be called PAMAG Members!

For the first time in our history, this administration is addressing our fifth and last goal which is the presentation and enjoyment of Philippine American culture. We started

working on this project during our Eighth Business Meeting at the Terrace Garden Inn in Atlanta last November 15, 1980. At that time I appointed a committee to investigate the feasibility of sponsoring the *Bayanihan Philippine Dance Company* to perform in Atlanta with proceeds going to the Leukemia Society. With Dr. Lu Munsayac as Chairman, this committee now has a full report to give us at our upcoming Ninth General Business Meeting in Hilton Head Island, S.C. on June 12 and 13, 1981.

You realize, of course, that a project of this magnitude requires the cooperation of all the active members of the Association. We also would like to remind ourselves that this project is of paramount importance to us since never before have we as a group reached out and touched others with charitable deeds. Organizations like the Jaycees, Lions Club, Rotary Club, the Shriners and a host of others have attained an enviable place in our society through benevolent acts. If these groups can do it, why can't we—surely we got what it takes. Our goals will never be complete if we do not contribute to charitable causes. The opportunity is now before us to show to all that we do care about others as an organization.

It is then that I ask for your support both financially and otherwise for this worthy project of presenting the *Philippine Bayanihan Dance Company* towards a charitable cause. Even as the event will be presented in Atlanta, every single member from all over Georgia and elsewhere is expected to be present and to bring guests with them. Can we have your pledge for good old PAMAG?

In closing, let us all gather at the Ocean Dunes Villas, Adventure Inn, Hilton Head Island, South Carolina on June 11-14, 1981 for The Seventh Scientific Conference and The Ninth General Business Meeting of our Association as well as for the grand celebration of our Fifth Anniversary as an organization. It is to be pointed out that this is the very first time we will have convened in a place outside the state of Georgia. Hopefully, this unprecedented exploration will give us additional incentive to find other interesting and inspiring settings for our meetings not only in Georgia but in neighboring states as well. Let us once again enjoy each other's company in what promises to be a magnificent time for all.


D.A. Valbuena, M.D.

EDITORIAL: The Five Initial Years/The Five Subsequent Years

Five years of our existence have come and gone! Seems like just yesterday. And it would probably have been only that — vague traces of memories — except that we did save vivid memories on the printed pages of our official organ, PAMAG LETTER. One Hundred Fourteen pages of them, enough to make a book. Which is exactly what we did. Adding on to its pages the other publications of our Association, we have come up with a book entitled, *INITIUM, The Five Initial Years, Philippine American Medical Association of Georgia*. We all should be justly proud of this accomplishment since we have documented our comings and goings from our very conception.



A great celebration is what we are going to have at Hilton Head Island, South Carolina on June 11-14, 1981. A gathering of active members of our Association and of their guests will partake as in past meetings the three motives that move us — Fun, Fellowship, and Education. The PAMAG

DIRECTORY 1981, 5th Anniversary Issue, prepared by Vice President and Membership Chairman Dr. Romulo L. Parungao, will be distributed. Association lapel pins have been ordered and will be ready for presentation to each active member when he or she registers at the conference. They are very attractive and very wearable lapel pins. You will want to have one. And, of course, we will have tremendous speakers to learn from. We will have tennis, golf, bowling and fishing tournaments to participate in. Everyone, including the littlest family member, can celebrate the joy of being together at Hilton Head Island.

The five subsequent years remain to be lived and written. Certainly no one can predict their course. Nevertheless, our past gives us the confidence that they will even be greater, sweeter and better. We welcome the five subsequent years of the Philippine American Medical Association of Georgia!

Ludi

Ludovico S. Villanueva, M.D.

THE EIGHTH GENERAL BUSINESS MEETING: Held at the Terrace Garden Inn, Atlanta, Georgia

Saturday — November 15, 1980

10:00 A.M. - 11:00 A.M.
11:00 A.M. - 12:00 Noon
12:00 Noon - 2:00 P.M.
2:00 P.M. - 2:45 P.M.
2:45 P.M. - till

REGISTRATION, COCKTAILS
EXECUTIVE COUNCIL MEETING
LUNCHEON-GENERAL BUSINESS MEETING
EXECUTIVE COUNCIL MEETING
OPEN (Hospitality Suite Open)

Sunday — November 16, 1980

8:30 A.M. - till
12:00 Noon

OPEN
CHECK OUT TIME — UNTIL WE MEET AGAIN

Despite the dismal weather that early November morning, 17 strong PAMAG members braved it to the Eighth General Business Meeting at the Terrace Garden Inn! While some members had arrived the evening before and took advantage of an extra night in town, special mention should be made for the extra effort of Dr. Tony Rodriguez and of Drs. Grace and Victor Bautista who had to drive very early that rainy Saturday morning to make it to our meeting . . . That's the PAMAG spirit!

Present in Atlanta were: Doctors Manolo B. Apanay, Grace C. Bautista, Victor Bautista, Lorna Bedia O'Brien, Alfonso T.

Dampog, Barbara A. Dampog, Benjamin B. deGracia, Rodolfo S. Lazo, Maylinda Mancao Tabanera, Josefina Padiernos Parungao, Romulo L. Parungao, Jose H. Porquez, Emiliano P. Quilala, Antonio R. Rodriguez, D.A. Valbuena, Ludovico S. Villanueva. Also present was affiliate member and our photographer, Patrick H. O'Brien, R.Ph.

Guests included Mrs. Gloria Apanay, Mrs. Idefonsa deGracia, Mrs. Divina Lazo, Mrs. Pacita Perez, Mrs. Jocelyn Santiago, Ms. Wanda Strickland, Mrs. Gayle Valbuena, Mrs. Karin Villanueva.

BRIEF SOCIAL NEWS:

Best wishes and belated congratulations to **Dr. Emiliano P. Quilala** on his exchange of vows with the former **Ms. Wanda Strickland**. May you have a long and joyous marriage!

Welcome to the world, **Anne Josephine Dijamco**, daughter of Drs. Armando and Alice Dijamco, born in Atlanta, Georgia on April 1, 1981, weighing in at 7 lbs. 15 ozs. and measuring 20½ in. long.

Recent "Balikbayans" (those returning to the land of their birth) were **Dr. Lorna Beldia O'Brien** and **Mr. Patrick H. O'Brien**, **Dr. Ludovico** and **Mrs. Karin Villanueva** and family, and **Dr. Alfonso Dampog**. Welcome back to good old Georgia!

Please let us know of any worthwhile social news pertinent to PAMAG members. It will be well appreciated.

Mrs. Priscilla Mallari

FIFTH ANNIVERSARY CELEBRATION, SEVENTH SCIENTIFIC CONFERENCE & NINTH GENERAL BUSINESS MEETING:

June 11 - 14, 1981
 Ocean Dunes Villas
 Adventure Inn
 Hilton Head Island, South Carolina

RESUME OF PROCEEDINGS OF THE EIGHTH GENERAL BUSINESS MEETING:

1. President's Report—Dr. D. Valbuena has been very busy sending letters to the following:
 - a. Drug companies who donated to the organization;
 - b. Members who donated;
 - c. Members and non-members who attended the meeting for the first time;
 - d. Dr. J. Porquez regarding the possibility of having Dr. Mike Zoller speak at the next scientific session;
 - e. Dr. R. Parungao about a new Membership Directory; and
 - f. Dr. Ludovico S. Villanueva for this meeting.
2. The secretary's reading of the minutes of the last meeting.
3. Treasurer's Report—accounts found in good health.
4. Membership Committee
 - a. Dr. R. Parungao is preparing a new Membership Directory; and
 - b. Ways to encourage new members.
5. Review of the previous meeting:
 - a. That the President or the Local Arrangements Chairman obtain an extra room known previously as the Hospitality Suite; and
 - b. That the decision regarding a picnic site be made ahead of time.
6. Next Scientific Meeting Arrangements at Hilton Head:
 - a. The Adventure Inn was recommended by Dr. Vic Bautista, Local Arrangements Chairman;
 - b. Check into babysitting services;
 - c. Complete Schedule of Activities Friday, 6/12/81 thru Saturday, 6/13/81;
 - d. Dr. M. Apanay and Dr. L. O'Brien—Moderators of Seminar; and
 - e. Scheduled Speakers.
7. Program & Publicity Committee—to become more active; it is responsibility of Committee to report on any non-scientific undertakings.
8. PAMAG LETTER—covers a much broader sense than the previous PAMAG Newsletter.
9. Delegate of PAMAG to the MAG: MAG will only accept representation from organizations within the county medical components. Members are urged to be active on individual basis in their respective medical societies.
10. Project of sponsoring the Bayanihan Philippine Dance Company in 1982. Proceeds will go the Leukemia Society.
 - a. To have a committee study in detail about the endeavor; research on tax deductibility and report in our June meeting; and
 - b. The formation of Ways and Means Committee.

Maylinda Mancao Tabanera, M.D.
 PAMAG Secretary

CONGRATULATIONS:

To **Josefina Canlas Tan, M.D.** for being elected Secretary of the Medical Staff at Effingham County Hospital. She is the Chief Anesthesiologist and the Chief of Inhalation Therapy of said hospital as well as the Director of a nursing home and laboratory. A member of the American Society of Anesthesiologists and the Georgia Medical Society, she also has a membership in the American Business Women.

Antonio R. Rodriguez, M.D. for his certification in Hematology, American Board of Internal Medicine and for three more published papers: "Megaloblastic Anemia," *Am. Fam. Physician*; "Erythroleukemia with Fetal Hemoglobin After Therapy for Ovarian Carcinoma," *Am. J. Clin. Path.*; and "Bone Marrow Lymphocytosis in Felty's Syndrome," *Cancer Research*.

Romulo L. Parungao, M.D. for his appointment as a member of the Cancer Committee, Medical Association of Georgia and for serving as Vice President of the Rockdale Kiwanis Club as well as for being Chairman of the Club sponsored Youth/Key Club and as Editor of the Club Bulletin. He is a member of the Intensive Care Committee of Rockdale County Hospital.

Abelardo B. Magat, Jr., M.D. for receiving the 1980 Outstanding Service Award from the American Cancer Society and for his election as a Director of the Rotary Club

of Camilla. A member of the AMA, MAG and the Southern Medical Association, he functions as Chief of Staff of the local hospital and as Director of its Department of Surgery.

Raymundo T. Mallari, M.D. for his election as Chief of Medicine, Henry County Hospital, Stockbridge, Georgia and as Vice Chief of Medicine, Clayton General Hospital, Riverdale, Georgia. He authored a paper, "Clinical Note: Brucellosis," *J. MAG*, May 1980. Dr. Mallari is President of the Filipino-American Association of Greater Atlanta.

Ludovico S. Villanueva, M.D. for his election as a Director of the Sandy Springs Chamber of Commerce. A Clinical Assistant Professor of Psychiatry, Emory University School of Medicine, he is Chairman of the Utilization Review Committee of Brawner Psychiatric Institute, Smyrna, Georgia.

Armando C. Dijamco, M.D. for his appointment as Medical Director, Intensive Care Unit, Saint Joseph's Hospital, Atlanta, Georgia. He is a diplomate of the American Board of Internal Medicine and the Subspecialty Board of Nephrology.

Josefina Padiernos Parungao, M.D. for her appointment as Visiting Associate Professor of Pathology, Morehouse College of Medicine, Atlanta, Georgia.

PAMAG FAMILY MEMBERS MAKING GOOD:

Diana Alma Santiago, 17, daughter of Dr. and Mrs. Marcelo R. Santiago, has been selected a member of the prestigious organization, "The Society of Distinguished American High School Students." She represents Claxton High School, Claxton, Georgia. She will be listed in the annually published *Membership Registry*. Only students who have demonstrated academic excellence and have displayed leadership in extracurricular or civic activities are chosen to receive this honor.

Ronald, 4th grade and **Ray**, 5th grade, sons of Drs. Romulo and Josefina Parungao, are straight "A" students at Stone

Mountain Christian Schools.

Olga and Noreen, daughters of Dr. and Mrs. Antonio R. Rodriguez, students at St. Mary's School, Augusta, Georgia, won 2nd place in the Science Fair and 3rd place in the Art Festival; and Honorable Mention in the Science Fair and 3rd place in the Art Festival in their respective categories.

Dennis, son of Mr. Eller Tan and Dr. Josefina Tan, is on the Honor Roll in his school.

Lisa, 14, daughter of Dr. & Mrs. Manolo B. Apanay, is ranked number TWO in the state of Georgia for 14 year olds in women's tennis.

THE MILLEDGEVILLE SHINDIG:

November 29, 1980 marked the day Blitz Mancao Tabanera had his infant dedication service. The Hardwick Baptist Church that day became a congregation of a small sampling of the Philippine American Medical Association, what with 42 sponsors coming from all over the country even as far as North Dakota. PAMAG, of course, was well represented among the sponsors.

The prelude to the dedication service was beautifully rendered by Mrs. Pacita L. Perez, Dr. Rudy Lazo's mother-in-law. A lavish cocktail and dinner party held at the Milledgeville Holiday Inn followed the church service.

Dr. Milagros Jorda Montesclaros ably emceed an impromptu program after the dinner. You would think you were in Southern Philippines during the occasion — there being more Visayans than Filipinos!?! Participation was

outstanding and our PAMAGians were not to be outdone! Dr. Rudy Lazo displayed his usual virtuosity on the keyboard. The Savannah delegation led by PAMAG President Dr. & Mrs. Dom Valbuena, daughter Donna and friend Carla Cardenal showed the guests how the "Tinikling" (a dance of skill and beauty utilizing bamboo poles) should be danced. The Baroness of Monroe, Mrs. Linda Porquez accompanied the von Proquez children, Joji, Joel and Tanya, perform several violin pieces as Papa Porquez was chuckling with pride in the sideline. Mr. Rudy Montesclaros and daughter Dayday were very entertaining as they charmed the kids wide-eyed with their Houdini acts.

It was indeed a day and a night to remember and the Tabaneras once again are to be congratulated for being such outstanding hosts!

Eligio Q. Abellera, M.D.

REGIONAL NEWS AND A TOUCH OF HISTORY:

Welcome to Historic Milledgeville. The old Capital of Georgia from 1807 to 1868, it was the seat of government during the Civil War and surely did not escape General Sherman's raid. Cradled in middle Georgia, Milledgeville is the approximate geographic center of Georgia, about 100 miles southeast of Atlanta. It has 2 colleges, Georgia College and Georgia Military College which produced some outstanding alumni as former Congressman Carl Vinson, Governor George Busbee and Ex-Labor Secretary Willie Utery, Jr. Carl Vinson hails from Milledgeville. He was the congressional representative of his district for 50 years serving as House Chairman of the Naval Affairs Committee from 1931 to the end of World War II and later presided as Chairman of the Armed Forces Committee. Vinson is now over 90 years old. A new aircraft carriers, USS Vinson, is named after him.

Milledgeville is also the home of several Filipino-American physicians. The ones in private practice are Dr. Dionisio Pinero and Dr. Virgilio Valdecanas. Those connected with Central State Hospital (CSH) include the following: Dr. Gloria Castillo, Dr. Ernesto Coligado, Dr. Rodolfo Lazo, Dr. Arturo Lumapas, Dr. Jose Mendoza, Dr. Lida KiamcoMendoza, Dr. Pablito Tabanera, Dr. Maylinda Mancao Tabanera, Dr. Lutgarda Ibabao Taluyo and Dr. Erlinda Valdecanas. Of the 12 physicians in active practice, there are 3 psychiatrists, 2 surgeons, 2 pathologists, 1

radiologist, 1 obstetrician/gynecologist, 2 general practitioners and 1 "retired" anesthesiologist-turned general practitioner.

It is interesting to note that CSH is unique from other state hospitals. Built in 1842, it became the second largest hospital in the world when the patient population soared to 12,300 in 1964, but with the opening of satellite regional hospitals, the population dropped to 2,360. It is a city by itself. It is comprised of 80 buildings, 86 houses, 36 apartments and 220 dormitory rooms and covers an area of 1000 acres. CSH has 5 chapels, 3 libraries, 2 fire departments, a water department, a police department and a post office. The kitchen serves 15,000 meals daily and is one of the largest in the whole nation.

The hospital complex has its own Medical Surgical Center which serves the whole state. There are regular continuing education programs for the employees. Physicians benefit from CME programs through films or speakers from all over the country and through monthly seminars conducted by the faculty of the Medical College of Georgia. Of the 4,000 employees, there are 159 registered nurses, 8 dentists, 15 pharmacists and 82 physicians. With CSH, unemployment is low in Milledgeville, much lower than the state and national employment rates. By far, they say, Central State Hospital is the "best industry" ever produced in Milledgeville.

Maylinda Mancao Tabanera, M.D.

CLINICAL MEDICINE SECTION

Antonio R. Rodriquez, M.D., *Editor*



This is the second of a series of original articles contributed by members of the Philippine American Medical Association of Georgia.

A SYMPOSIUM ON THE MANAGEMENT OF PEPTIC ULCER DISEASE

UPDATE: MEDICAL MANAGEMENT

Raymundo T. Mallari, M.D., F.A.C.G.

Now, more than ever is the treatment of peptic ulcer disease under a period of uncertainty and controversy. Therapeutic programs that have withstood the "test of time" are being reevaluated. In the past few years innovations in the treatment for this malady have occurred.

It has been the consensus of many that the goals of treatment of peptic ulcer disease should include the relief of symptoms, healing of the ulcer, prevention of recurrence and prevention of complications. However, costs and drug side reactions should also be minimized. The principle of treatment is based on: no acid, no ulcer; and once an ulcer, always an ulcer.

CIMETIDINE: Prior to the early 1970's drugs advocated for treatment of peptic ulcer disease were based on their ability to decrease acid secretions or neutralize the acid already secreted. These fall mainly into two categories: the anticholinergics and the antacids. Histamine is a powerful gastric secretagogue. Yet the conventional antihistaminic is completely ineffective in blocking histamine stimulated gastric acid secretion. This led to the discovery of H2 receptor antagonists (in contrast to H1 receptor antagonists, which are the conventional antihistaminics).

Of the various H2 antagonists, the one most widely tested was Metinamide. However, it fell into disfavor because of its granulocytopenic effect. By manipulating its molecule and substituting cyanoimino group = N.Cn to the lone = S sulfur of Metinamide, Cimetidine was derived. It inhibits not only basal and nocturnal gastric acid secretion but also acid secretion stimulated by various compounds, such as pentagastrin, caffeine, insulin, food, histamine, and other stimulants.

Since its discovery, worldwide clinical trials with the standard dose of 300 mg. with meals and at bedtime proved that Cimetidine speeds the healing of duodenal ulcers. It has also been proven to be more effective than antacid or placebo. The composite results showed that after two weeks

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UPDATE: SURGICAL MANAGEMENT

Eligio Q. Abellera, M.D.

Patients suffering from peptic ulcer disease do not go to surgery as much as they used to. This is attributed to an unexplained decline in the incidence of duodenal ulcer disease 2nd to the introduction of the "miracle drug," Cimetidine, an H2 receptor antagonist. Prior to Cimetidine, however, there was already a noticeable decline in the incidence of duodenal ulcer disease. Whether this has resulted from changes in habit, like smoking and coffee drinking, is hard to prove. The lowest estimated percentage of patients who will ultimately require surgery is 14%.

Another reason for the decline in surgical procedures for peptic ulcer patients is the introduction of the fiberoptic instrument. In the hands of most surgeons and gastroenterologists, endoscopy makes it easy to follow up patients with the disease, especially those with gastric ulcers. These patients prior to fiberoptic endoscopy, would have been subjected to surgical resection because of the 15 to 20% incidence of malignancy. In the current state of the art, these patients can now be safely followed with repeated endoscopy and biopsy.

The treatment of peptic ulcer disease is primarily medical. This mode of therapy changed radically in the last several years. It has not been too long ago when patients were subjected to bed rest, at times necessitating 4 to 6 weeks of hospitalization with controlled diet. Milk drip along with antacids and anticholinergic drugs were not unusual treatment. The graduated Sippy diet is no more than history. Many experts now argue that even milk is contraindicated. Diet is no longer a major factor. Presently the mainstays of treatment are antacids and Cimetidine.

It is the purpose of this paper to update the surgical management of peptic ulcer disease. Surgery in peptic ulcer disease is undisputedly reserved to the complications of the disease, among which are: 1) hemorrhage 2) perforation 3) obstruction and 4) intractability. McCarthy stated that the

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UPDATE: MEDICAL MANAGEMENT:

of therapy, 80% had healed their ulcers, compared with 45% with placebo. However, as with other ulcer medication, treatment with Cimetidine confers no protection beyond the period in which the medication is being taken. Currently, the drug may be given at its full dose up to eight weeks, unless the ulcer can be proved to be healed earlier endoscopically. Thereafter, the dose can be decreased to 200 mg. during the daytime and 400 mg at bedtime up to twelve months to reduce the recurrent rate. After that period of time, it is debatable whether the drug can be continued safely.

The clinical trial of Cimetidine for treatment of gastric ulcer disease is not as widespread as for duodenal. A few trials have shown it to be superior to placebo and as effective, if not superior, to antacid. The dose is the same as for duodenal ulcer and the duration of treatment is 4 to 6 weeks. However, it is not officially approved by the Food and Drug Administration (FDA) for use in the treatment of gastric ulcer. Most endoscopists recommend endoscopic biopsy and brush cytology of the ulcer as soon as it is discovered by X-ray to rule out any malignancy (3-10%) prior to initiation of therapy. Where endoscopy is readily available, some would even recommend re-endoscopy at the end of six weeks treatment. On the other hand, in areas where excellent radiologic services are available, but there are no expert endoscopists, one is justified to treat the ulcer medically, and re-X-ray in six weeks. If the ulcer has healed in six weeks it is wise to re-check it at twelve weeks by X-ray to be sure that it is still healed.

Most side effects to Cimetidine are transient and reversible, except perhaps for gynecomastia. Mental confusion, hallucination, and muscular aches tend to develop in the elderly. Few cases of reversible granulocytopenia have been reported. Transient rise in liver function tests, BUN and creatinine have been observed, but they disappear even with continuance of the medication. Rashes usually disappear with discontinuance of the drug. The drug is excreted mainly through the kidneys, so the dose has to be adjusted in patients with renal failure. In the long run, the cost of treatment with Cimetidine is probably the same as with antacid. But because of its ease of administration, relative absence of side effects and thus better patient compliance, it is considered by many the treatment of choice for peptic ulcer disease. Other practitioners may rightly be more cautious since long term follow up is needed before toxicity and side effects can accurately be appraised.

ANTACIDS: Although it is well known that placebo relieves the pain of ulcer as well as antacid (relief of pain does not necessarily connote ulcer healing), the latter is more effective in promoting ulcer healing. There are many preparations of antacids in the market differing only in their form, cost, taste and cationic and sodium content. Generally, preparations containing aluminum and magnesium or aluminum alone (in case of renal patients) is preferred. However, one has to keep in mind the side effects/toxicity of these antacids, such as diarrhea (related to magnesium), cost to patient and phosphate depletion (aluminum related), anorexia, bone pain, weakness, magnesium and aluminum toxicity in renal patients. These compounds also interfere with absorption and excretion of various drugs and chemicals. In the elderly or in patients with the problem of sodium retention, choice of the antacid may be determined by the sodium content (see Table 1). Calcium-containing antacid is not recommended primarily because of its acid stimulation ability. Tablet antacids, although more convenient, are practically worthless.

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UPDATE: SURGICAL MANAGEMENT:

above complications are unaffected by any form of treatment.¹ No form of conservative management will obviate surgery in patients whose disease has progressed to the point where it is life threatening.

HEMORRHAGE: This is the most serious and difficult of the complications of peptic ulcer disease in terms of diagnosis and management. Up until the advent of fiberoptic endoscopy, there was considerable delay in the diagnosis, especially in patients who presented to a physician or to the Emergency Room for the first time without any prior symptoms. Fortunately, most bleeding will stop. In a number of patients, however, particularly those whose ulcers erode blood vessels, bleeding can be massive. With its attendant sequelae, this could be fatal. Bleeding is usually manifested as tarry stool with associated dizziness or faintness. This is an indication of a slow chronic bleeding and can be treated more easily than those with massive bleeding who present with hematemesis or hematochezia. In volume depleted patients, they may come in in shock and demand emergency resuscitation.

With fiberoptic endoscopy, the work up of other sources of bleeding, such as esophageal varices and hemorrhagic gastritis is facilitated. In the hands of a good endoscopist, this has an accuracy rate of over 90%. As mentioned earlier, most bleeding from peptic ulcer usually stops and should be managed conservatively, unless there are indications to approach it otherwise. Once the surgical approach is determined, there are other factors to be considered: 1) age and general condition of the patient 2) re-bleeding while in the hospital 3) previous bleeding and 4) blood availability. If 4 to 6 units of blood are needed to maintain normal vital signs and urine output, consideration for surgery is warranted. The choice of procedure depends on the circumstances during the operation, general condition of the patient and surgeon involved. At the time of surgery, attention is first centered on the immediate problem, that is, control of the bleeding. This is done through a large gastroduodenotomy and the bleeding sites ligated by a non-absorbable suture material. With the bleeding under control, various definitive procedures may be done depending on the surgeon's choice.

PERFORATION: This is a major catastrophic complication of duodenal ulcer disease if not treated promptly and adequately. This complication presents in such a very dramatic fashion that one rarely will miss the diagnosis. Sudden onset of severe, excruciating pain with nausea and vomiting along with leukocytosis in patients with or without previous history of ulcer, are the usual presentation. Examination will usually disclose a board-like rigidity of the abdomen with absent or diminished bowel sounds. Sawyers reported over 300 cases in which free peritoneal air (pneumoperitoneum) usually seen in upright or decubitus view of the abdomen, was demonstrated in 71% of patients with perforated peptic ulcer disease.²

The treatment of this problem is exploratory laparotomy, closure of the perforation with non-absorbable suture material with or without drain after a thorough peritoneal toilet. In 1937, Graham reported 94% survival rate with omental patch in 51 patients compared to historical control in which the mortality rate was in the range of 28 to 48%.³ Although primary closure, in which either sutures or omental patch is the accepted treatment of choice, there are now reports that primary definitive procedures can be done. Kirkpatrick and Bouwman recommended 4 criteria for which definitive operations may be considered in perforated ulcer

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Table 1

VARIOUS LIQUID ANTACIDS AND THEIR NEUTRALIZING CAPACITY AND SODIUM CONTENT

Antacid	Volume in cc to neutralize 80 mEq	Sodium content in 80 mEq
Alternagel	33.3	13.32
Aludrox	28.5	28.5
Amphojel	41.4	49.7
A-M-T	44.7	53.6
Camalox	22.3	11.5
Delcid	11.3	26.0
Ducon	11.4	40.8
Gelusil	60.1	85.6
Gelusil M	35.9	40.9
Maalox	31.0	34.7
Mylanta	33.6	26.2
Mylanta II	19.3	30.9
Phosphaljel	190.5	495.3
Riopan	36.2	5.1
Robalate	70.8	43.6
Trisogel	48.5	155.2
Wingel	35.6	8.8

For optimum acid neutralizing effect, antacids should be taken one and three hours after meals and at bedtime and whenever the patient is awakened by discomfort during the night. For newly diagnosed uncomplicated duodenal or gastric ulcer this regimen is advised for five to six weeks. The dose should be 80 to 100 mEq or more of neutralizing capacity (see Table 1). With this regimen, a majority of ulcer patients will be pain free in a week and healed within four to six weeks. After this period, if pain recurs, how much and how often should the patient take the antacid is open for dispute. If the discomfort is severe enough to interfere with daily activities, the regimen should be repeated as above.

ANTICHOLINERGICS: There is no doubt that anticholinergics decrease gastric acid secretion. Frequently, however, to achieve this effect the drug has to be given up to a dose that also produces undesirable side effects. They are particularly useful when given at bedtime to maintain a high intragastric pH, especially in those patients who are awakened frequently during the night because of discomfort. With the night time dose, the side effects are minimized. The drug is contraindicated in patients with gastric outlet obstruction, obstructive uropathy, glaucoma, severe pulmonary disease and chronic ulcerative colitis.

OTHER MEASURES: Experimental evidence has failed to support that any specific diet helps in healing or preventing recurrence or delay relapse of duodenal or gastric ulcer. Patients should therefore be allowed to eat a diet of their choice and avoid those that seem to increase epigastric discomfort in individual patients only. Night time snack, contrary to popular belief, should probably be avoided, unless the patient is awakened to take his antacid. This is because acid secretion is stimulated in response to food and, therefore, increases the likelihood of awakening at night with discomfort.

Alcohol damages gastric mucosa causing gastritis. There is also some evidence that alcohol stimulates gastric acid secretion. Because of these, patients are advised not to drink alcohol, especially those with established cirrhosis since they already have a high incidence of peptic ulcer disease.

There is no doubt that aspirin-containing compounds and

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disease.⁴ These are: 1) absence of shock 2) patient with previous symptoms 3) short time interval between perforation and time of exploration and 4) minimal degree of contamination. They advised that one should weigh the benefit to risk ratio, based on these indications for every patient in which definitive therapy is considered.

OBSTRUCTION: Just like perforation, classically patients with obstructed duodenal ulcer are not difficult to diagnose. They present with projectile vomiting of usually non-bilious emesis, rarely with pain, and with varying degrees of weight loss. Examination usually discloses tympany in the upper abdomen and positive succussion splash. Plain X-rays of the abdomen confirms the presence of the obstruction. Although obstruction can be relieved by continuous nasogastric suction, the natural history of the disease is that of progression. Consequently, as soon as fluid and electrolyte balance is achieved, definitive surgical intervention is in order. My choice of procedure is bilateral truncal vagotomy and hemigastrectomy. Operating on ulcer patients complicated with obstruction proved to be the most rewarding in terms of patient response and improvement in my limited experience.

INTRACTABILITY: Ochsner defined intractability as persistence of severe ulcer symptoms in spite of adequate medical therapy.⁵ Approximately 20% of duodenal ulcer patients require surgical treatment and the most frequent reason is intractability.⁶ This was prior to Cimetidine. Surgical management is usually a difficult problem especially in the selection of patients. Each of the procedures described are not without complications. These procedures include gastroenterostomy and pyloroplasty as drainage procedures. Resections are in the form of antrectomy, hemigastrectomy, or wide gastric resection. Varying types of vagotomy range from truncal vagotomy, selective vagotomy to proximal gastric vagotomy or the super selective or the parietal vagotomy.

In the 1976 edition of "Controversy in Surgery", edited by Varco and Delaney, 4 different operative treatments for duodenal ulcer disease were considered.⁷ These are wide gastric resection, truncal vagotomy with drainage, truncal vagotomy and antrectomy and proximal gastric vagotomy without drainage. For many surgeons, the choice is between truncal vagotomy with antrectomy and proximal vagotomy. I do not know of anyone doing wide gastric resection. Proximal gastric vagotomy is relatively new and is widely used in Europe. Professor Goligher gave a detailed description of the technique of this procedure.⁸ This entails denervation only of the acid-secreting part of the stomach with preservation of the vagal innervation of the antrum. Paul Jordan, speaking to the Society of Philippine Surgeons last year, did emphasize that the procedure done properly is time-consuming and one has to select a relatively thin patient if one has to do it for the first time. Sawyers is a proponent of truncal vagotomy and antrectomy, based on experience of 3,584 patients with 0.6% recurrence rate and 94% good to excellent results. Operative mortality was 1.6% with the majority of death occurring in cardiovascular and renal compromised patients.⁷

Proximal gastric vagotomy or parietal vagotomy, on the other hand, if done properly, is an effective way to control duodenal ulcer disease. It has the disadvantage of being time-consuming and with higher recurrence rate, mainly because of incompleteness of vagotomy. It has the advantage of not having the incapacitating side effects of truncal vagotomy with resection, such as diarrhea, dumping

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other anti-inflammatory agents can cause gastric ulcer and may even produce bleeding in existing ulcer craters. They also cause damage to gastric mucosa and gastritis. However, though no similar direct evidence has been shown with duodenal ulcer, lack of this evidence does not necessarily prove that an association does not exist. It is therefore prudent to advise patients not to take aspirin-containing compounds and other anti-inflammatory agents.

Clinical data have shown cigarette smoking decreases healing of duodenal ulcer. It is also associated with an increased incidence of duodenal ulcer. This association is equivocal in gastric ulcers.

Although it has been generally known that steroids lead to an increased incidence of gastric ulcers or duodenal ulcers, no objective description of this exists. Large doses of steroids, however, may reactivate a previous peptic ulcer disease. Evidence is lacking that prophylactic use of antacids alters the possibility that an ulcer will develop.

OTHER DRUGS: A large number of drugs have been evaluated for peptic ulcer disease, both here and abroad. Many have not been approved for general use because of unacceptable toxicity, incompletely understood mechanism of action or lack of evidence of efficacy. These include bismuth compound, carbenoxolone, tricyclic antidepressant, cholestyramine, prostaglandins and sucralfate. Of these, the one that appeared most promising in terms of approval by the FDA is sucralfate (personal communication). The drug seems to be as effective as Cimetidine but the mechanism of action is poorly understood. It appears to form a chemical complex that binds to the ulcer site to establish a protective barrier.

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syndrome and alkaline reflux gastritis. It has also a lower mortality and morbidity. The proponents of the procedure strongly believe that the difference of the recurrence rate, which is generally secondary to incompleteness of the vagotomy, is an acceptable one. Besides, one can always go back and do a truncal vagotomy while one can not undo a truncal vagotomy with resection in a patient who has severe post-vagotomy diarrhea or dumping. As Grossman aptly stated, "The question is whether one is willing to accept the higher recurrence rate of proximal gastric vagotomy as a reasonable trade-off for the disabling side effects of truncal vagotomy plus resection."⁹ This will be answered as soon as enough proximal gastric vagotomies are studied under controlled comparisons with other operations.

SUMMARY: Although the management of peptic ulcer disease is primarily medical, surgery plays a definite role in the treatment of this illness. The choice of surgical procedures and when these are indicated depend on the clinical setting, general condition of the patient and the surgeon involved. In many cases surgery can be rewarding not only to the patient but to his surgeon as well.

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JUST ARRIVED:

Drs. Eligio and Eudora Abellera are the proud parents of **Diana Mesina** born May 20, 1981, weighing 5 lbs. 8 oz. at Crawford Long Hospital of Emory University, Atlanta, Georgia.

UPDATE: MEDICAL MANAGEMENT:

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The Author

RAYMUNDO T. MALLARI, M.D., is in private practice of Gastroenterology and Internal Medicine in Riverdale, Georgia. A graduate of the Far Eastern University College of Medicine, Manila, Philippines, he finished his fellowship in gastroenterology at Lahey Clinic Foundation, Boston, Massachusetts. He is a member of the American Society for Gastrointestinal Endoscopy, a Fellow of the American College of Gastroenterology, and currently the Chief of Medicine, Henry General Hospital, Stockbridge, Georgia and Vice-Chief of Medicine, Clayton General Hospital, Riverdale, Georgia.

PUBLICATION-WISE, WE HAVE GONE NATIONAL!

Through Dr. Samuel A. Torres' article which appeared in our official organ, PAMAG LETTER has gone national. Then Editor and still Publisher of the PHILIPPINE AMERICAN MEDICAL BULLETIN, A.X. Janairo, M.D. asked the author and publisher of the said article official permission to reprint the article entitled, "The Work Up of Hematuria," in the PAMB Volume XX, Number 3, December 1980 issue.

You will recall that this article was published originally in the PAMAG LETTER Volume V, Number 1, November 7, 1980 issue under the Clinical Medicine Section. This Section is the brainchild of Dr. Antonio R. Rodriguez, one of the hardest working members of the Association who has come up with many innovative ideas which have resulted in the elevation of the quality of our group's existence.

The PHILIPPINE AMERICAN MEDICAL BULLETIN is circulated not only throughout the United States but also in Canada and the Philippines.

Dr. Porquez spotlighting where we first met.



SOME OF THE BUNCH 5 YEARS AGO





SCHEDULE OF ACTIVITIES FOR THE JUNE, 1981 HILTON HEAD ISLAND MEETING

Thursday - June 11, 1981

Arrival — Check in time 4:00 P.M.
Registration — Hospitality Suite, Adventure Inn 6:00 - 9:00 P.M.
Cocktails and Hors D'oeuvres

Friday - June 12, 1981

8:30 A.M. - 12:30 P.M.
9:00 A.M. - 12:00 P.M.
12:30 P.M. - 1:30 P.M.
2:00 P.M. - 5:35 P.M.

5:35 P.M. - 6:30 P.M.
6:30 P.M. - Until

Breakfast on your own
Sports Tournament — Golf, Tennis, Fishing, Bowling
Registration — Hospitality Room
Lunch on your own
Scientific Conference — Gazebo Restaurant
Refreshments at 4:05 P.M.
Business Meeting — Gazebo Restaurant
Family Picnic — Back of Villas
Filipino music, dance, and talent show

Saturday - June 13, 1981

9:00 A.M. - 12:35 P.M.

12:35 P.M. - 1:30 P.M.
2:00 P.M. - 6:00 P.M.
6:15 P.M. - 7:00 P.M.
8:00 P.M. - 1:00 A.M.

Breakfast on your own
Scientific Conference — Gazebo Restaurant
Coffee & Danish at 8:30 & 11:05 A.M.
Lunch on your own
Sports Tournament — Golf, Tennis, Fishing, Bowling
Business Meeting — Gazebo Restaurant
Banquet/Dance — Fitzgerald Restaurant
Live Band, Cocktails, Sports Awards

Sunday - June 14, 1981

10:00 - 11:00 A.M.

11:00 A.M.

Breakfast on your own
Executive Council Meeting
Hospitality Suite
CHECK OUT TIME — UNTIL WE MEET AGAIN

NEW MEMBERS, WELCOME!

ANGELITA CORDERO BYRNES, M.D.
Anesthesiology
1670 Clairmont Road
V.A. Medical Center, Decatur
Atlanta, Georgia 30033
(404) 321-6111 Ext. 246
Spouse: Russell

RUSSELL K. BYRNES, M.D.
Pathology
Emory University
Dept. of Clinical Pathology
Atlanta, Georgia 30322
(404) 329-7379
Spouse: Angelita

BEN L. BOBON, M.D.
General Practice and Pathology
Box 407
Statham, Georgia 30666
(404) 725-5776
Spouse: Patricia

BARBARA A. DAMPOG, M.D.
Pathology
6179 Windsong Way
Stone Mountain, Georgia 30087
(404) 377-3666
Spouse: Alfonso

ALICE LACHENAL DIJAMCO, M.D.
Anesthesiology
5675 Peachtree Dunwoody Road
Suite B-302
Atlanta, Georgia 30342
(404) 257-1415 or 256-7324
Spouse: Armando

ARMANDO C. DIJAMCO, M.D.
Nephrology and Internal Medicine
5669 Peachtree Dunwoody Road
Suite 155
Atlanta, Georgia 30342
(404) 256-0417
Spouse: Alice

The Seventh Scientific Conference of the Philippine American Medical Association of Georgia

June 12 - 13, 1981

Sponsored by

Philippine American Medical Association of Georgia
5669 Peachtree Dunwoody Road, Suite 260
Atlanta, Georgia 30342

and

School of Medicine, Medical College of Georgia
Augusta, Georgia 30912

Presented at

Ocean Dunes Villas / Adventure Inn
P.O. Box 5646, South Forest Beach Drive
Hilton Head Island, South Carolina 29928

PROGRAM

FRIDAY, JUNE 12, 1981

Dr. Lorna Beldia O'Brien, Presiding

- 2:00 pm WELCOME
Dr. Dom Valbuena
- 2:05 pm PRE-OPERATIVE MANAGEMENT OF
CARDIAC PATIENTS PRIOR TO
GENERAL SURGERY
Dr. Abdulla M. Abdulla
- 3:05 pm ELECTROLYTES IN
EVERYDAY PRACTICE
Dr. Armando Dijamco
- 4:05 pm BREAK
- 4:20 pm RECOGNITION AND MANAGEMENT
OF COMPLICATIONS IN ACUTE
MYOCARDIAL INFARCTION
Dr. Abdulla M. Abdulla
- 5:20 pm DISCUSSION
- 5:35 pm ADJOURNMENT

SATURDAY, JUNE 13, 1981

Dr. Manolo B. Apanay, Presiding

- 9:00 am WELCOME
Dr. Dom Valbuena
- 9:05 am COMMON ENT PROBLEMS SEEN
IN OFFICE PRACTICE
Dr. Michael Zoller
- 10:05 am ULTRASONOGRAPHY IN CLINICAL
DIAGNOSIS I
Dr. Jerome J. Cunningham
- 11:05 am BREAK
- 11:20 am ULTRASONOGRAPHY IN CLINICAL
DIAGNOSIS II
Dr. Jerome J. Cunningham
- 12:20 pm DISCUSSION
- 12:35 pm ADJOURNMENT

FACULTY

ABDULLA M. ABDULLA, M.D., Associate
Professor of Medicine, Medical College of
Georgia.

MANOLO B. APANAY, M.D., Surgeon, Jonesboro,
Georgia.

JEROME J. CUNNINGHAM, M.D., Professor of
Radiology, Medical College of Georgia.

ARMANDO DIJAMCO, M.D., Nephrologist,
Atlanta, Georgia.

LORNA BELDIA-O'BRIEN, M.D., Department of
Obstetrics and Gynecology, Piedmont Hospital,
Atlanta, Georgia

DOM A. VALBUENA, M.D., Anesthesiologist,
Savannah, Georgia;
President, Philippine American Medical
Association of Georgia.

MICHAEL ZOLLER, M.D., Otolaryngologist,
Savannah, Georgia.

COURSE DIRECTORS:

JOSE H. PORQUEZ, M.D., Chief, Surgery
Walton County Hospital, Monroe, Georgia

ANTONIO R. RODRIGUEZ, M.D., Assistant
Professor of Medicine, Medical College of
Georgia.

COMMITTEE ON CONTINUING MEDICAL EDUCATION

RAYMUNDO T. MALLARI, M.D.
ANTONIO R. RODRIGUEZ, M.D., FACP
JOSE H. PORQUEZ, M.D., Chairman

GENERAL INFORMATION

Registration Fee: \$45 (\$60 for non-members)

Please complete and return the attached
registration form. Make check payable to the
Philippine American Medical Association of
Georgia. An additional fee is needed for social
activities.

Course Objective:

To give practical clinical information on topics
of general interest to all practitioners of
medicine.

Continuing Education Credit:

As an organization accredited for continuing
medical education, the School of Medicine of
the Medical College of Georgia designates this
continuing medical education activity as
meeting the criteria for 6.5 credit hours in
Category 1 of the Physicians's Recognition
Award of the American Medical Association.

Accommodations:

A block of rooms and villas has been reserved
at the Ocean Dunes Villas.

Address: Adventure Inn
P.O. Box 5646
South Forest Beach Drive
Hilton Head Island, S.C. 29928

When making reservations, please identify
yourself with the PAMAG group.
Phone: (800) 845-9500

AMERICAN COLLEGE OF INTERNATIONAL PHYSICIANS (ACIP):

The Executive Director of ACIP, Antonio B. Donesa, M.D.,
has issued an invitation to our membership to support the
work that this organization is currently doing. He pointed out
that they are vitally interested in the activities of Foreign
Medical Graduates in every part of the country. He was

gratified of our existence as an active group in Georgia.
Should you be interested in becoming a Fellow of ACIP,
contact Dr. Donesa at 3030 Lake Avenue, Fort Wayne,
Indiana 46805, Phone (219) 424-7414 for further information.

WIDER DISSEMINATION OF OUR PAMAG SCIENTIFIC CONFERENCE:

In an effort to give further statewide exposure of our scientific conference at Hilton Head Island, S.C., Dr. Antonio R. Rodriguez was authorized to prepare the advertisement below and to have it run in the Journal of the Medical Association of Georgia.

JOURNAL of the medical association of georgia

ISSN-0025-7028 APRIL / 1981

THE 7TH SCIENTIFIC CONFERENCE OF THE PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

June 12-13, 1981
Ocean Dunes Villas
Hilton Head Island, S.C.

TOPICS

Preoperative Management of Cardiac Patients Prior to General Surgery
Recognition and Management of Complications in Acute Myocardial Infarction
Electrolytes in Everyday Practice
Common ENT-Problems Seen in Everyday Practice
Ultrasonography in Clinical Diagnosis

FACULTY

A. Abdulla, M.D., Associate Professor in Medicine, MCG
J. Cunningham, M.D., Professor of Radiology, MCG
A. Dijamco, M.D., Nephrologist, Atlanta
M. Zoller, M.D., Otolaryngologist, Savannah

6.5 credit hours in Category I of the Physician's Recognition Award of the American Medical Association

SPONSORS

Philippine American Medical Association of Georgia
and
School of Medicine, Medical College of Georgia

For information, contact
Victor Bautista, M.D.
P. O. Box 87
Midway, GA 31520
Phone: (912) 884-3323

THE SEVENTH SCIENTIFIC CONFERENCE SCHEDULED SPEAKERS' SUMMARIES:

PRE-OPERATIVE MANAGEMENT OF CARDIAC PATIENTS PRIOR TO GENERAL SURGERY; and RECOGNITION AND MANAGEMENT OF COMPLICATIONS IN ACUTE MYOCARDIAL INFARCTION:

An interactive multimedia micro-computer program will be utilized during both of Dr. Abdulla's lectures. Visual and audio data will be used to stimulate clinical settings and allow audience participation.

Abdulla M. Abdulla, M.D.

Abdulla M. Abdulla, M.D., Associate Professor of Medicine, Section of Cardiology, Medical College of Georgia, Augusta, Georgia and Director, Cardiac Rehabilitation Program, Eugene Talmadge Memorial Hospital, was born in Bombay, British India. He obtained his medical degree from Dow Medical College, University of Karachi, Pakistan and did postgraduate studies at Civil Hospital and Dow Medical College, Karachi, Pakistan; Mount Carmel Mercy Hospital and Medical Center, Detroit, Michigan; and at Medical College of Georgia Hospitals, Augusta, Georgia. Author or co-author of numerous publications, including a chapter, "Prevention, recognition and management of acute cardiac emergencies during pregnancy and labor," in a textbook, *Obstetrical Emergencies for the Primary Physician*, he is a Fellow of the American College of Physicians and of the American College of Cardiology and is a member of the American Federation of Clinical Research.

COMMON ENT PROBLEMS SEEN IN OFFICE PRACTICE:

This lecture will discuss infections of the ear and head and neck as well as tumors of the head and neck. Emphasis will be placed on diagnosis and treatment for these problems which can be seen in everyday office practice.

Michael Zoller, M.D.

Michael Zoller, M.D., in private practice of Ear, Nose, and Throat in Savannah, Georgia, was born in New Orleans, Louisiana. He obtained his medical degree from Tulane University School of Medicine, New Orleans, Louisiana and did postgraduate studies at the Jewish Hospital of St. Louis, St. Louis, Missouri; Washington University School of Medicine, St. Louis, Missouri; Massachusetts Eye and Ear Infirmary, Boston, Massachusetts; and at Harvard Medical School, Boston, Massachusetts. Author or co-author of at least five publications, he is a Diplomate of the American Board of Otolaryngology.

ELECTROLYTES IN EVERYDAY PRACTICE:

Disturbances in electrolytes are encountered in everyday practice and may present from the most simple to the most complex diagnostic and therapeutic problem. The correct approach depends on accurate concepts of the basic physiology. An assessment must be made of the extent of the deficit or excess, and of continuing loss in relationship to replacement. Multiple abnormalities usually exist, often associated with acid-base and fluid disturbances, making the therapy more challenging.

Hypokalemia is a common disorder caused by losses from the gastrointestinal tract through diarrhea, vomiting or nasogastric suction, and from the urinary tract primarily induced by diuretics. Oral therapy is desirable and is generally adequate. Parenteral therapy in some instances may be necessary but runs the risk of hyperkalemia as the extracellular K pool is small compared to cellular stores.

Hyperkalemia on the other hand oftentimes requires urgent correction. Calcium antagonizes its cardiac toxicity. NaHCO₃, Glucose-insulin, and cation exchange resins are useful in therapy.

Hyponatremia should be viewed conceptually as water excess rather than Na deficit. In congestive heart failure, cirrhosis, and nephrosis, there is an impairment in getting rid of excess water.

Hypernatremia occurs with water loss greater than salt or in the presence of insufficient water intake. Rarely salt excess (e.g. inadvertent infant feeding with Na) occurs.

The simple disturbances of acid-base are metabolic and respiratory acidosis and alkalosis. Each of the disturbance produce compensatory responses that minimize the change in pH, but never overcompensate.

Calcium and magnesium imbalances are caused by conditions that affect intake, gastrointestinal absorption, excretion, and abnormal routes of loss or gain. Bone homeostasis is an important factor in Ca disturbances.

Armando C. Dijamco, M.D.

Armando C. Dijamco, M.D., Medical Director, Intensive Care Unit, Saint Joseph's Hospital, Atlanta, Georgia and in private practice in Hypertension, Nephrology and Internal Medicine, was born in Manila, Philippines. He obtained his medical degree, magna cum laude, from the University of Santo Tomas Faculty of Medicine and Surgery and did postgraduate studies at Manila Doctors' Hospital, Manila, Philippines; Sinai Hospital of Baltimore, Baltimore, Maryland; and at The Cleveland Clinic, Cleveland, Ohio. A Diplomate of the American Board of Internal Medicine and the Subspecialty Board of Nephrology, he is a member of the American College of Physicians and the American Society of Nephrology.

ULTRASONOGRAPHY OF THE ABDOMEN IN CLINICAL DIAGNOSIS:

Physicians are ordering diagnostic ultrasound studies of the abdomen with an increasing frequency because these examinations are safe and pleasant for the patient, are reasonably inexpensive, and the information derived is almost always useful and sometimes unique. Ultrasonic studies are particularly valuable for evaluation of diseases of the heart, various organs within the abdominal cavity, and structures of interest to the obstetrician/gynecologist. This presentation will be limited to studies of the "traditional" intraabdominal contents.

The most commonly ordered abdominal ultrasonogram is a study of the gallbladder. The location, size, shape, and internal contents of this organ can be readily ascertained with ultrasonograms. In addition, the size and shape of the liver may be determined and the diameter of the bile ducts measured. Space occupying lesions of the liver can be detected and characterized. Currently, there is good evidence that several diffuse medical diseases of the liver such as cirrhosis or fatty metamorphosis can be accurately diagnosed. The size and shape of the spleen can also be determined quite precisely and the internal structure of this organ can be readily studied by the ultrasonographer.

Sonograms are particularly useful in evaluating a patient for possible disease of the pancreas. The size and shape of the gland is readily apparent and evaluation for cyst, tumor, or inflammatory mass is possible. Often the pancreatic duct can be visualized. Ultrasound examinations may also be used to study the blood vessels of the abdomen in detail, especially with reference to the abdominal aorta. Measurements of the size and shape of the aorta are frequently requested to evaluate palpable abdominal masses that are pulsatile.

A rapid decline in the use of excretory urography has occurred in many hospitals because ultrasound studies may be substituted for evaluation of the kidneys. The size, shape, and position of the kidney is easily determined and urinary obstruction may be excluded or detected. Many medical diseases of the kidney such as small vessel disease, calculi, or infectious processes can be demonstrated on sonographic examinations.

Ultrasound procedures are being used with increasing frequency in a great variety of miscellaneous conditions of the body. These include: detection of ascites, intraabdominal abscesses, detection and localization of pleural fluid collections, characterization of palpable abdominal masses, measurement of the size of lymph nodes in various entities which cause adenopathy, and diagnosis of the various gastrointestinal disorders which produce a bulky mass. Another exciting use of the ultrasound that is currently being developed involves the evaluation of several different diseases of the thyroid gland. As a corollary to the extremely useful images of the female genitourinary tract that can be produced by sonographers, the use of ultrasound has many applications in the characterization of scrotal mass lesions.

Jerome J. Cunningham, M.D.

A WORD FROM DR. VICTOR BAUTISTA, LOCAL ARRANGE- MENTS CHAIRMAN:

Please let me know how your stay in Hilton Head Island goes. This will help all of us in our future planning for convention sites and accommodations.

We have tried hard to provide you the best possible atmosphere for your enjoyment.

Thank you for the opportunity you have granted me in serving the Association as Local Arrangements Chairman.

PAMAG DIRECTORY 1981 — 5th Anniversary Issue:

This beautiful piece of work was edited by Vice President and Membership Chairman Dr. Romulo L. Parungao and is ready for distribution when you register on June 11, 1981 in Hilton Head Island, S.C. It is provided free to active members of PAMAG. Non-members are charged \$10.00 to help cover printing expenses. Extra copies are \$10.00 each.

We thank Dr. Romy Parungao for such lovely production and appreciate the amount of time and thought he put into it.

A LETTER RECEIVED BY THE MEMBERSHIP CHAIRMAN:

Dear Romy: I am honored to be recommended for PAMAG membership by Tony (Rodriguez). He is such a wonderful fellow. However, due to the fact that I will be transferred out of Georgia at the termination of my Pathology residency, June 1982, I deem it wise not to seek membership. Nonetheless, I wish to signify my support for the organization by joining your PAMAG Directory.

Although I elected not join PAMAG I'm hoping that the organization will continue to let me know about your annual scientific meetings. I'm sure in the years to come I'll be able to attend some if not all of such meetings.

Thanks again for your invitation towards PAMAG membership.

Sincerely yours,

Pablo MS Lomangcolob, Jr., M.D., M.P.H.

Major, MC, U.S. Army

P.S. Enclosed is my \$10 check.

Jerome J. Cunningham, M.D., Professor of Radiology, Medical College of Georgia, Augusta, Georgia, was born in Pittsburgh, Pennsylvania. He obtained his medical degree from the University of Florida Medical School and did postgraduate studies at the University of Texas, Southwestern, Dallas, Texas; Scenic General Hospital, Modesto, California; Stanford University Medical Center; St. Bartholomew's Hospital and affiliated Institutions, London, England; and at the University of California at San Diego. Author or co-author of numerous publications, including a chapter, "Renal Tumors and Pseudotumors," in a textbook, *Ultrasound in Urology*; he is a Diplomate of the American Board of Radiology and is a member of the American College of Radiology and the American Institute of Ultrasound in Medicine.

OFFICERS 1980 - 82

President D.A. Valbuena, M.D., Savannah
 Vice President..... Romulo L. Parungao, M.D., Conyers
 Treasurer Lorna Beldia O'Brien, M.D., Atlanta
 Secretary Maylinda Mancao Tabanera, M.D., Milledgeville
 Immediate Past President Emiliano P. Quilala, M.D., Jonesboro
 Historian & Past President Ludovico S. Villanueva, M.D., Atlanta
 Parliamentarian Ernesto G. Lopez, M.D., Waycross

COMMITTEES

D.A. Valbuena, M.D., Savannah Executive
 Romulo L. Parungao, M.D., Conyers Membership
 Jose H. Porquez, M.D., Monroe Continuing Medical Education
 Lumawig Y. Munsayac, Lumber City Program & Publicity
 Marcelo R. Santiago, M.D., Claxton Constitution & Bylaws



THE FIRST INSTALLATION CEREMONY

June 5, 1976

Dr. Quilala, Secretary; Dr. Torres, Treasurer; Dr. Villanueva, President; Dr. V. Bautista, Vice President; Judge Beldia, Installing Officer.

CONSTITUTION

ARTICLE I—Name of the Association

The name of this organization is **Philippine American Medical Association of Georgia**.

ARTICLE II—Purposes of the Association

The purposes of the Association are: (1) to create an awareness of the Philippine American physicians' presence in the state, (2) to promote the high level of medical competence of its members and to raise it through the development of continuing medical education programs, (3) to enhance its members' involvement in their particular communities in health and other civic matters, (4) to encourage greater knowledge of the state, its history, geography, culture and continuing progress and (5) to contribute to the presentation and enjoyment of Philippine American culture.

ARTICLE III—Membership

Section 1. Members: The members of the Association are Filipino physicians, Filipino-American physicians, physicians with Filipino spouses, and other physicians who subscribe to the Constitution and Bylaws of the Association and to the Principles of Medical Ethics of the American Medical Association. The Association is composed of Active members. Other types of membership may be provided for in the Bylaws. **Section 2. Tenure of Membership:** A member shall retain his membership as long as he complies with the provisions of the Constitution and Bylaws of this Association and with the Principles of Medical Ethics of the American Medical Association.

ARTICLE IV—Council

Section 1. Composition: Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian, the Parliamentarian, and the Committee Chairmen as provided for in the Bylaws. Other Past Presidents shall be ex-officio members of Council without the right to vote. **Section 2. Duties:** The Council is the Board of Trustees, and the governing body of the Association. It is responsible for the execution of the business of the Association. The Council has charge of all property and financial affairs of the Association and performs such duties as may be prescribed in the Bylaws.

ARTICLE V—Officers

Section 1. Designation: The elected officers of the Association shall be a President, a Vice-President, a Treasurer, and a Secretary. Historian and Parliamentarian shall be appointed by the President. These officers shall constitute an Executive Committee to meet at the call of the President to act in emergencies. **Section 2. (A) Election and Eligibility:** The officers of the Association shall be elected during the Annual Session as provided for in the Bylaws. Starting 1979-80, no member shall serve as an officer who has not been a member for the preceding two years. (b) Procedure: After verbal nominations from the floor, the voting shall either be by voice vote or secret ballot as the members of the Association present during the Annual Session so desire. **Section 3. Terms of Officers:** All

officers shall be elected for terms of two years each. The President shall not have the privilege of immediate succession. All officers shall serve until their successors are elected and installed. **Section 4. Vacancy:** If any vacancy occurs in any elective office except that of President, the Council shall appoint a replacement to serve for the remainder of the unexpired term. **Section 5. Successor to the President:** If the President dies, resigns, or is removed from office, the Vice-President shall immediately become President and shall serve for the remainder of the unexpired term. If the Vice-President is unable to serve, only then is the Council authorized to name an acting President who shall have all the powers and duties of the President for the remainder of the unexpired term.

ARTICLE VI — Meeting

Section 1. Annual Session: The Association shall hold an Annual Session at a time and place fixed by Council. **Section 2. Other General Meetings:** Other general meetings will also be held at a time and place fixed by Council. **Section 3. Special Meetings:** (a) Special meetings of the Association may be called upon written petition of one-fourth of the members of the Association. (b) A written notice shall be sent out to all Active members at least 2 weeks prior to any special meeting along with the stated agenda for such meeting.

ARTICLE VII — Quorum

Section 1. One-third of the Association members shall constitute a quorum for a regular meeting and for a special meeting. **Section 2.** One-third of the members of the Council shall constitute a quorum at a meeting of that body.

ARTICLE VIII — Newsletter

The Association shall have a Newsletter which shall contain all official Association notices, general meetings of the Association, and abstracts of meetings of Council, financial reports, and other items of significance to its membership.

ARTICLE IX — Seal

The Association shall have a common seal. The Council is authorized to approve a design for the seal which will be ratified by the general membership at any regular or special meeting.

ARTICLE X — Amendments

This Constitution may be amended or revised at any annual session of the Association by a 2/3 majority vote of all members present, provided written notice listing proposed changes shall have been sent through the Newsletter at least two months in advance.

ARTICLE XI — Parliamentary Authority

"Robert's Rules of Order, Newly Revised" shall be the authority upon parliamentary questions not covered by this Constitution and Bylaws.

MEMBERSHIP APPLICATION

NAME _____

ADDRESS _____

PHONES: OFFICE _____ HOME _____

I wish to become a member of the Philippine American Medical Association of Georgia. I subscribe to its Constitution and Bylaws. Enclosed is my tax deductible check for \$ _____, payable to PAMAG.

Fees:
In Practice \$50
In Training \$30

Signature _____

Date _____

THE TENTH GENERAL BUSINESS MEETING:

**November 21 — 22, 1981
Terrace Garden Inn
Atlanta, Georgia**

Plan now to attend another coming together of active and prospective members of the Philippine American Medical Association of Georgia in the capital town of Georgia!

Philippine American Medical Association of Georgia

PAMAG LETTER

Editor Ludovico S. Villanueva, M.D.
Co-Editor Alfonso T. Dampog, M.D.
Clinical Med. Editor Antonio R. Rodriguez, M.D.
Photography Patrick H. O'Brien, R.Ph.
Ed. Asst. Roxanne Kaplan

© Philippine American Medical Association of Georgia, 1981.

Contribution of items of interest to PAMAG members and colleagues for publication in the PAMAG LETTER is most welcome.

Philippine American Medical Association of Georgia

5669 Peachtree Dunwoody Road, Suite 260
Atlanta, Georgia 30342

(404) 255-1573





Office of the Governor

Atlanta, Georgia 30334

June 2, 1976

George Busbee
GOVERNOR

Buzze Riner
NEWS SECRETARY

Dear Friends:

It is a pleasure for me to send greetings upon the first general meeting of the Philippine American Medical Association of Georgia this Saturday.

Through your membership with the Philippine American Medical Association of Georgia, you will contribute significantly to the State of Georgia. I know you are proud of the recent formation of the Association and its most worthy goals.

You have my best wishes for much success in your efforts to fulfill the objectives of the Association, which in turn will contribute to strengthening the bond of friendship which exists between the citizens of Georgia and the Philippines.

Sincerely,

George Busbee
George Busbee

HERMAN E. TALMADGE
GEORGIA



ROGERS WADE
ADMINISTRATIVE ASSISTANT

United States Senate

WASHINGTON, D.C.

August 18, 1977

My dear Dr. Villanueva:

Thank you for your most kind letter, and the copy of the program for the third scientific conference of the Philippine American Medical Association of Georgia.

I am pleased to have this informative program and I appreciate your thoughtfulness very much.

It was my pleasure to meet with Dr. Bautista and others of your group. I hope you will keep in touch on matters of mutual interest and concern, and let me know if I can be of service.

With best wishes and kind personal regards, I am

Sincerely,

A handwritten signature in cursive script that reads "Herman E. Talmadge".

Dr. Ludovico S. Villanueva, President
Philippine American Medical Association
of Georgia
1676 Mulkey Road, Suite G
Austell, Georgia 30001

Address any reply to: P. O. Box 632, Atlanta, Georgia 30301

Department of the Treasury

District Director

Internal Revenue Service

Date:

DEC 15 1977

In reply refer to:

File No. 587703117

▷ *Philippine American Medical Association
of Georgia
5801 Peachtree-Dunwoody Rd., Suite 118
Atlanta, Georgia 30342*

Internal Revenue Code: **Section 501(c) (6)**
Form 990 Required: **Yes** **No**
Accounting Period Ending: **December 31**

Dear Applicant:

Based on information supplied, and assuming your operations will be as stated in your application for recognition of exemption, we have determined you are exempt from Federal income tax under the provisions of the Internal Revenue Code section indicated above.

Unless specifically excepted, you are liable for taxes under the Federal Insurance Contributions Act (social security taxes) on remuneration of \$50 or more to each of your employees during a calendar quarter. And, unless excepted, you are also liable for tax under the Federal Unemployment Tax Act on remuneration of \$50 or more to each of your employees during a calendar quarter if, during the current or preceding calendar year, you have one or more employees at any time in each of 20 calendar weeks or pay wages of \$1,500 or more in any calendar quarter. If you have any questions about excise, employment, or other Federal taxes, please address them to this office.

If your purposes, character, or method of operation is changed, you must let us know so we can consider the effect of the change on your exempt-status. Also, you must inform us of all changes in your name or address.

The block checked at the top of this letter shows whether you must file Form 990, Return of Organization Exempt From Income Tax. If the Yes box is checked, you are only required to file Form 990 if your gross receipts each year are normally more than \$5,000. If a return is required, it must be filed by the 15th day of the fifth month after the end of your annual accounting period. The law imposes a penalty of \$10 a day, up to a maximum of \$5,000, for failure to file the return on time.

You are not required to file Federal income tax returns unless you are subject to the tax on unrelated business income under section 511 of the Code. If you are subject to this tax, you must file an income tax return on Form 990-T. In this letter we are not determining whether any of your present or proposed activities are unrelated trade or business as defined in section 513 of the Code.

You need an employer identification number even if you have no employees. If an employer identification number was not entered on your application, a number will be assigned to you and you will be advised of it. Please use that number on all returns you file and in all correspondence with the Internal Revenue Service.

Please keep this determination letter in your permanent records.

Sincerely yours,

Thomas P. Schuck

Exempt Organization Specialist
404/221-4516

Exemption is being recognized under section 501(c)(6) rather than section 501(c)(10) which is inapplicable.

With respect to the filing requirements for Form 990, note that for tax years ending on or after December 31, 1976, you are required to file Form 990 only if your gross receipts each year are normally more than \$10,000.

IRS EMPLOYER IDENTIFICATION NUMBER: 58-1301250

SECOND SCIENTIFIC CONFERENCE
PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA



JULY 15, 16 & 17, 1977
HOLIDAY INN, CALAWAY GARDENS
PINE MOUNTAIN, GEORGIA 31822

Included: 1977-1978 DIRECTORY OF MEMBERS
CONSTITUTION AND BY-LAWS

The Hippocratic Oath

I swear by Apollo the Physician, by Aesculapius, by Health, by Panacea and by all the gods and goddesses, making them my witnesses, that I will carry out, according to my ability and judgment, this oath and this indenture.

To hold my teacher in this art equal to my own parents; to make him partner in my livelihood; when he is in need of money to share mine with him, to consider his family as my own brothers, and to teach them this art, if they want to learn it, without fee or indenture; to impart precept, oral instruction, and all other instruction to my own sons, the sons of my teacher, and to indentured pupils who have taken the physician's oath, but to nobody else. I will use treatment to help the sick according to my ability and judgment, but never with a view to injury and wrongdoing. Neither will I administer a poison to anybody when asked to do so, nor will I suggest such a course. Similarly I will not give a woman a pessary to cause abortion. But I will keep pure and holy both my life and my art. I will not use the knife, not even, verily, on sufferers from stone, but I will give place to such as are craftsmen therein. Into whatsoever houses I enter, I will enter to help the sick, and I will abstain from all intentional wrongdoing and harm, especially from abusing the bodies of man or woman, bond or free.

And whatsoever I shall see or hear in the course of my profession, as well as outside my profession in my intercourse with men, if it be what should not be published abroad, I will never divulge, holding such things to be holy secrets. Now if I carry out this oath, and break it not, may I gain forever reputation among all men for my life and for my art; but if I transgress it and forswear myself, may the opposite befall me.

SECOND SCIENTIFIC CONFERENCE and THIRD GENERAL BUSINESS MEETING

Souvenir Program

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HERMAN E. TALMADGE
GEORGIA



United States Senate
WASHINGTON, D.C.



Dear Dr. Villanueva:

Please let me take this opportunity to congratulate you and the Philippine American Medical Association of Georgia on the first anniversary of your organization.

I know you are proud of your achievements in your highly respected field. Your organization's goals are indeed worthy, and I commend you on your dedication and contributions to medicine in Georgia.

I wish you every future success in all your endeavors and please let me know if I may ever be of service or assistance in any way whatsoever.

With kind personal regards, I am

Sincerely,

Herman E. Talmadge

Ludovico S. Villanueva, M.D.
President
Philippine American Medical Association
of Georgia
1676 Mulkey Road, Suite D
Austell, Georgia 30001

June 22, 1977

United States Senate

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June 23, 1977

Dr. Ludovico S. Villanueva, President
Philippine American Medical Association
of Georgia
1676 Mulkey Road, Suite G
Austell, Georgia 30001

Dear Dr. Villanueva:

Congratulations on the first anniversary of the Philippine American Medical Association of Georgia and best wishes for a successful convention at Callaway Gardens. You have certainly picked one of the most beautiful spots on the face of the earth at which to convene your meeting.

You have an excellent program lined up for your scientific session which will be of great interest to all the doctors who participate.

The goals you have set for your association, as reflected in your June newsletter, are admirable indeed. It is my privilege to represent you in the United States Senate, and I urge you to contact me whenever I can be of assistance to the association or its individual members.

Again, best wishes for a successful convention.

Sincerely,

Sam Nunn



Office of the Governor
Atlanta, Georgia 30334



George Busbee
GOVERNOR

Dear Friends:

Congratulations on your first anniversary
as an organization.

We are indeed honored to have the Philippine
American Medical Association of Georgia in this
State -- in your State. You have an enthusiastic
organization of talented individuals. The State
of Georgia is greatly enriched by your dedication
and your expertise.

I hope you and yours will take full
advantage of Callaway Gardens, one of Georgia's
most beautiful recreational areas, during your
Second Scientific and Third General Business
Meeting. You have my best wishes for a most
successful and enjoyable meeting.

Sincerely,

A handwritten signature in cursive script that reads "George Busbee".
George Busbee



PHILIPPINE AMERICAN MEDICAL ASSOCIATION
OF GEORGIA

1676 MULKEY ROAD SUITE G
AUSTELL, GEORGIA 30001

(404) 941-3564
PLEASE REPLY TO NAME CHECKED

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SECRETARY - 2225 HENRY RD.
CLIFFE PARK, GEORGIA 30149
(404) 794-1164

June 28, 1977

Dear Fellow Members:

We are embarked on a journey in life that happily will take us to a place of fulfillment. We have traveled far and we have settled in this state. We now call Georgia home.

Coming as individual physicians with our families, we banded together a year ago to achieve certain purposes. These are: (1) to create an awareness of the Philippine American physicians' presence in the state, (2) to promote the high level of competence of its members and to raise it through the development of continuing medical education programs, (3) to enhance its members' involvement in their particular communities in health and other civic matters, (4) to encourage greater knowledge of the state, its history, geography, culture, and continuing progress and (5) to contribute to the presentation and enjoyment of Philippine American culture.

Groups can be formed for good or ill. We have joined hands to make an impact for good. Our Association is devoted to bringing out the very best in us, whatever that may be. Allow our talents and resources to show forth rather than be hidden.

Let us dare to matter. In thus mattering, we hope to make our significant contributions to our state and accomplish for ourselves more meaning for our lives. May God guide us on our way.

Sincerely,

Ludovico S. Villanueva M.D.
Ludovico S. Villanueva, M.D.

LSV/Im

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Secretary



VICTOR BAUTISTA, M.D.

LUDOVICO S. VILLANUEVA, M.D.
Historian

MANOLO B. APANAY, M.D.
Parliamentarian



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Executive Committee

VICTOR BAUTISTA, M.D.
Membership

JOSE MA. H. PROQUEZ, M.D.
Program & Publicity

ELIGIO Q. ABELLERA, M.D.
Constitution & By-Laws



SAMUEL A. TORRES, M.D.



EMILIANO P. QUILALA, M.D.

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

MEMBERS

1977-1978

GALLERY

IN PICTURE



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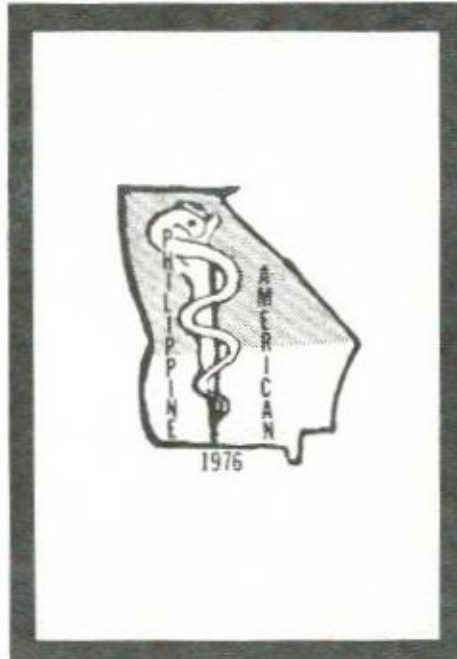
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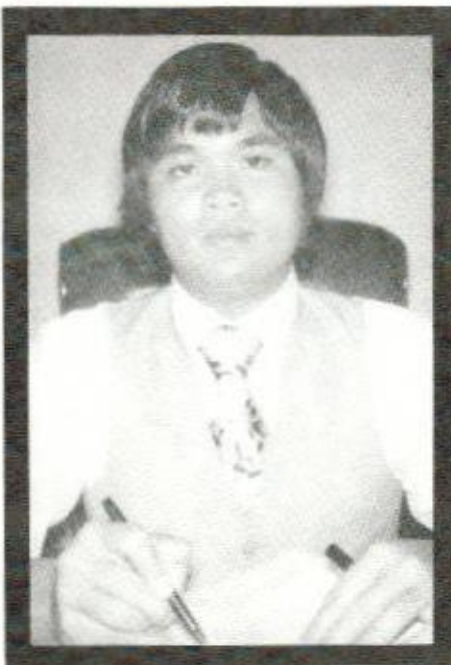
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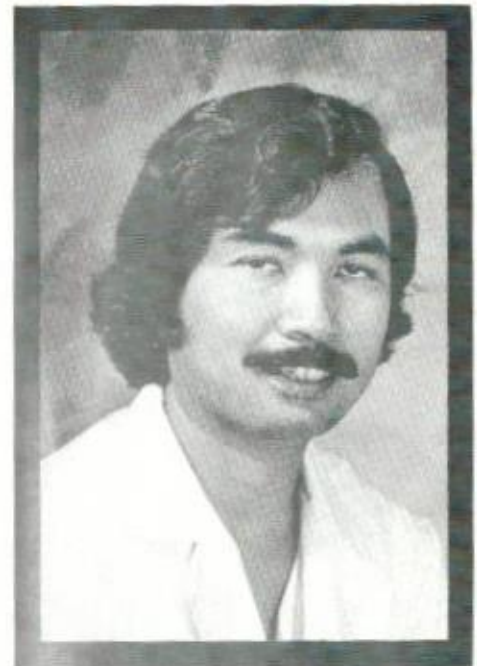
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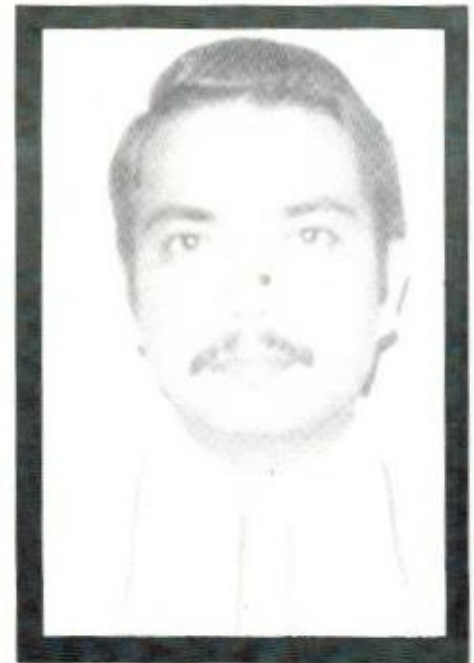


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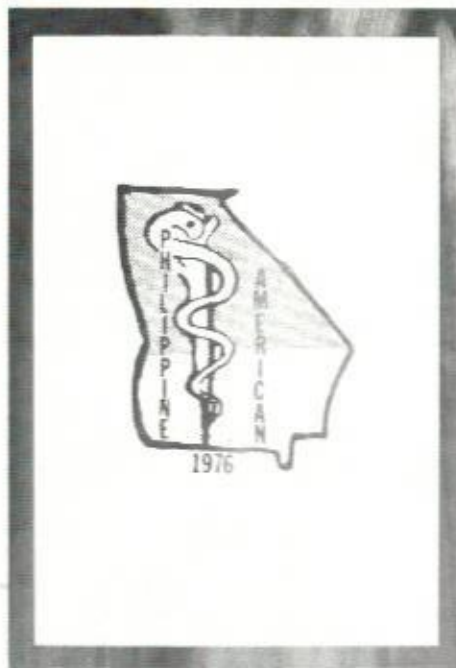
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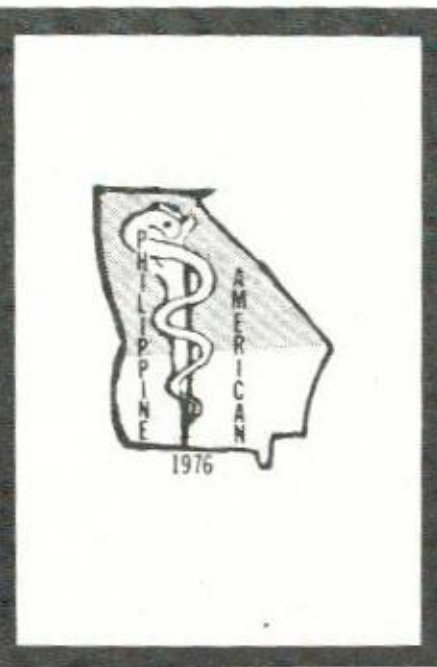
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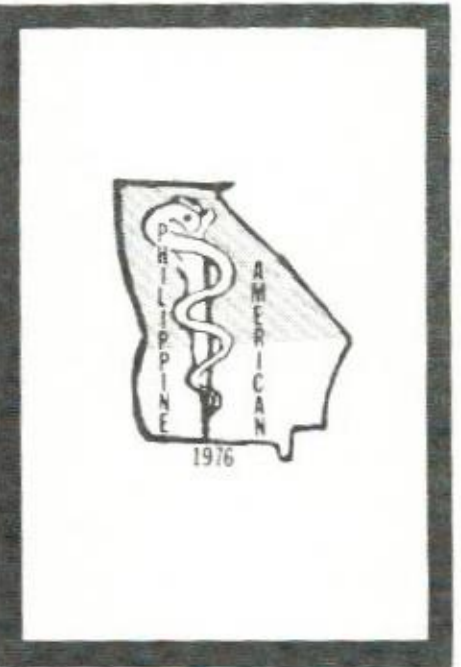
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Hobbies: Singing, Bowling



MASON G. ROBERTSON, M.D.
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THOMAS J. YEH, M.D.
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Hobbies: Medical Publications

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1977-1978 DIRECTORY OF MEMBERS

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Thomas J. Yeh, M.D.	5112 Paulsen St., Savannah	(912) 354-7188

CONSTITUTION

ARTICLE I – Name of the Association

The name of this organization is Philippine American Medical Association of Georgia.

ARTICLE II – Purposes of the Association

The purposes of the Association are: (1) to create an awareness of the Philippine American physicians' presence in the state, (2) to promote the high level of medical competence of its members and to raise it through the development of continuing medical education programs, (3) to enhance its members' involvement in their particular communities in health and other civic matters, (4) to encourage greater knowledge of the state, its history, geography, culture and continuing progress and (5) to contribute to the presentation and enjoyment of Philippine American culture.

ARTICLE III – Membership

Section 1. Members: The members of the Association are Filipino physicians, Filipino-American physicians, physicians with Filipino spouses, and other physicians who subscribe to the Constitution and Bylaws of the Association and to the Principles of Medical Ethics of the American Medical Association. The Association is composed of Active members. Other types of membership may be provided for in the Bylaws. **Section 2. Tenure of Membership:** A member shall retain his membership as long as he complies with the provisions of the Constitution and Bylaws of this Association and with the Principles of Medical Ethics of the American Medical Association.

ARTICLE IV – Council

Section 1. Composition: Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian, the Parliamentarian, and the Committee Chairmen as provided for in the Bylaws. Other Past Presidents shall be ex-officio members of Council without the right to vote. **Section 2. Duties:** The Council is the Board of Trustees, and the governing body of the Association. It is responsible for the execution of the business of the Association. The Council has charge of all property and financial affairs of the Association and performs such duties as may be prescribed in the Bylaws.

ARTICLE V – Officers

Section 1. Designation: The elected officers of the Association shall be a President, a Vice-President, a Treasurer, and a Secretary. Historian and Parliamentarian shall be appointed by the President. These

officers shall constitute an Executive Committee to meet at the call of the President to act in emergencies. **Section 2. (A) Election and Eligibility:** The officers of the Association shall be elected during the Annual Session as provided for in the Bylaws. Starting 1979-80, no member shall serve as an officer who has not been a member for the preceding two years. (b) Procedure: After verbal nominations from the floor, the voting shall either be by voice vote or secret ballot as the members of the Association present during the Annual Session so desire. **Section 3. Terms of Officers:** All officers shall be elected for terms of two years each. The President shall not have the privilege of immediate succession. All officers shall serve until their successors are elected and installed. **Section 4. Vacancy:** If any vacancy occurs in any elective office except that of President, the Council shall appoint a replacement to serve for the remainder of the unexpired term. **Section 5. Successor to the President:** If the President dies, resigns, or is removed from office, the Vice-President shall immediately become President and shall serve for the remainder of the unexpired term. If the Vice-President is unable to serve, only then is the Council authorized to name an acting President who shall have all the powers and duties of the President for the remainder of the unexpired term.

ARTICLE VI – Meetings

Section 1. Annual Session: The Association shall hold an Annual Session at a time and place fixed by Council. **Section 2. Other General Meetings:** Other general meetings will also be held at a time and place fixed by Council. **Section 3. Special Meetings:** (a) Special meetings of the Association may be called upon written petition of one-fourth of the members of the Association. (b) A written notice shall be sent out to all Active members at least 2 weeks prior to any special meeting along with the stated agenda for such meeting.

ARTICLE VII – Quorum

Section 1. One-third of the Association members shall constitute a quorum for a regular meeting and for a special meeting. **Section 2.** One-third of the members of the Council shall constitute a quorum at a meeting of that body.

ARTICLE VIII – Newsletter

The Association shall have a Newsletter which shall contain all official Association notices, general meetings of the Association, and abstracts of meetings of Council, financial reports, and other items of significance to its membership.

ARTICLE IX – Seal

The Association shall have a common seal. The Council is authorized to approve a design for the seal which will be ratified by the general membership at any regular or special meeting.

BY LAWS

CHAPTER I – Membership

Section 1. Active Members: Any Filipino physician, Filipino-American physician, physician with a Filipino spouse or any physician subscribing to the Constitution and Bylaws of this Association and to the Principles of Medical Ethics of the American Medical Association may become an Active Member in the Association. He shall hold the degree of Doctor of Medicine or Bachelor of Medicine from a medical college acceptable to the Council of the Association. **Section 2. Dues:** An active member shall pay the full annual dues except that if he is an intern or resident in training, he shall pay only approximately 2/3 of the annual dues. **Section 3. Privileges:** An active member shall have the privilege to vote, to hold office, to be appointed to Historian, Parliamentarian, Chairman or member of a committee, to receive the Newsletter or other publications of the Association and all other privileges of full membership. **Section 4. Affiliate Members:** Persons in the following classes may become affiliate members: a. Dentists, who hold the degree of D.D.S. or D.M.D., who are members of their state or local dental societies, b. Pharmacists who are active members of a state or local pharmaceutical association; c. Veterinarians who hold the degree of D.V.M. and are members of a state or local veterinary association; d. Teachers of Medicine who are not eligible for active membership. All nominations must be made by at least 5 Active members and then approved by the Council of the Association not later than the meeting prior to the Annual Session. A majority of the Association members present shall elect the person to affiliate membership. An affiliate member shall not be required to pay membership dues, and shall enjoy the privileges of the scientific meetings without the right to vote, hold office or receive any publication of the Association except by personal subscription. **Section 5.** No person may become a member of the Association who has been judged guilty of moral turpitude or other serious crime, as determined by the Council.

CHAPTER II – General Meetings

Section 1. The general meetings shall be open to all members and guests who have complied with the registration requirements. These meetings shall be presided over by the President or the Vice-President. Distinguished lay persons and guest physicians may be invited as special guests of the Association by the President or by action of Council. **Section 2.** The program for the general meeting shall be prepared and approved by the Council of the Association at least 60 days be-

fore the Annual Session of the Association and published in the Newsletter in an issue preceding the Annual Session. **Section 3.** All papers read before meetings shall be deposited with the Secretary or the presiding officer and shall become the property of the Association. Without an acceptable excuse, failure to comply with this and other rules as regards the Annual Session as set forth by the Council shall automatically prohibit a member from participating in scheduled scientific sessions for a period of no less than three years. **Section 4. Lectureship:** (A) Lectureships for presentation at general meeting may be established by interested donors honoring distinguished deceased members or former members of the Association or honoring someone not a former member or physician who has rendered distinguished service to the Association or to Georgia medicine. (B) Council of the Association must approve all lectureship and they must meet the following provisions: (1) P.A.M.A.G. will control the programming of all approved lectureships; (2) that any lectureship, if approved, must be established by setting up a trust fund which shall be in accordance with the present pattern of the lectureship trust fund; (3) the amount of any lectureship trust fund must be approved by Council; (4) a representative of the lectureship trust fund shall be invited to submit suggestions concerning the choice of speakers. Such representatives shall be chosen by Council from three nominees, who must be members of P.A.M.A.G., to be submitted by the donor or the trustee of the lectureship fund. **Section 5. Meeting Places of Annual Sessions and Other General and Special Meetings:** Meeting places shall be rotated among the different cities in the state. **Section 6. Local Arrangements Committee:** Any number of members from a particular city may invite to host the Annual Session and other general and special meetings. They shall elect a local arrangement committee which shall recommend a suitable meeting place and shall have general charge of all local arrangements subject to the approval of Council.

CHAPTER III – Council

Section 1. Composition: The Council is composed of the President, the Immediate Past President, the Vice-President, the Treasurer, the Secretary, the Historian, and Parliamentarian, and the Committee Chairman. **Section 2.** The President of the Association shall serve as the President of Council. The Vice-President of the Association shall serve as the Vice-President of Council. The Secretary of the Association shall serve as the Secretary of Council. The President or Vice-President shall preside over meetings of Council.

CHAPTER IV – Rights and Duties of Officers

Section 1. President: The President shall: (a) preside at all general meetings of the Association; (b) report to a general session of the Annual Session; (c) serve as President of Council and as Chairman of the Executive Committee; (d) serve as a member of all committees of the Association with the authority to call a meeting of any committee when necessity demands it or after

failure of the chairman to do so. With the approval of Council, he may terminate any committee whose function has been fulfilled or replace any members of any committee who fails to show interest in performing the duties assigned to him: (e) appoint the Historian, Parliamentarian, and Committee Chairmen except that he shall not appoint the Chairman of the Grievance Committee. The composition and functions of the Grievance Committee are detailed in Chapter VIII of this Bylaw. **Section 2. Vice-President:** The Vice-President shall: (a) assist the President in the discharge of his duties. Upon request or in the absence of the President, he shall preside over the general meetings of the Association or of the Council; (b) serve as Vice-President of the Council and as Chairman of the Membership Committee; (c) become President in the event the President dies, resigns, or is removed from office. **Section 3. Treasurer:** The Treasurer shall: (a) receive all funds of the Association together with bequests and donations; (b) pay money out of the treasury only on authorization of the President; (c) furnish a balance sheet to the Council at its last meeting of the fiscal year. The fiscal year includes the period of time between June 1 to May 31 inclusive. A financial report shall be published in the Newsletter as soon as practicable after the end of each fiscal year; (d) serve on the Membership Committee. **Section 4. Secretary:** The Secretary shall: (a) keep accurate minutes of all meetings and should send a copy of the minutes to the President immediately following each meeting; (b) be custodian of all records of the Association not assigned specifically to others; (c) conduct the correspondence of the Association and assist the President with all special communications. **Section 5. Historian:** The Historian shall: (a) keep a record of outstanding activities in a scrapbook and shall compile the year's history for permanent record; (b) serve as Editor of the Newsletter of the Association. **Section 6. Parliamentarian:** The Parliamentarian shall render a Parliamentary opinion when called to do so. He shall be guided by the "Robert's Rules of Order, Newly Revised". In the absence of the Parliamentarian, the acting Parliamentarian shall be appointed by the Presiding Officer.

CHAPTER V – Standing Committees

Section 1. Standing Committees: Standing Committees shall be: (a) Executive; (b) Membership; (c) Program and Publicity; (d) Constitution and Bylaws. **Section 2. Duties:** Each committee chairman shall: (a) submit at the end of the fiscal year a typewritten annual report to the President; (b) notify the President of all committee meetings and shall keep an accurate file of all activities.

CHAPTER VI – Special Committees

Special committees as required for the conduct of the business of the Association shall be instituted by Council.

CHAPTER VII – Dues and Assessments

Section 1. The annual dues shall be Fifty Dollars (\$50.00). Assessments, if necessary, shall be determined by the general membership during an annual session upon recommendation of Council and shall be levied per capita on the active members of the Association. **Section 2.** An active member who fails to pay dues (or additional dues) for one year shall be dropped from the roll of active members but shall be eligible for reinstatement upon payment of all indebtedness for the current year of application. **Section 3.** The record of payment of dues and assessments on file in the office of the Association shall be final as to the fact of payment by a member and as to his right to participate in the business and proceedings of the Association.

CHAPTER VIII – Grievance Committee

Section 1. Composition: Three Active members of the Association shall be elected by the general membership at any regular or special session and the person with the highest number of votes shall act as Chairman of the Grievance Committee. This is the only committee that is not formed by the Council and whose chairman is not appointed by the President. During the process of the election of the Grievance Committee members, the Vice-President shall preside. **Section 2. Functions:** The Grievance Committee is a special committee formed by the general membership and shall: (a) be in charge of reviewing and deliberating on the charges against the President which constitute grounds for removal from the office of President; (b) make recommendations to the general membership on the basis of their findings. The recommendations have to be voted on by the general membership at any regular or special meeting and a 2/3 majority vote is required for removal from the office of President. During the period of presentation of findings by the Grievance Committee to the general membership, as well as during the voting, the Vice-President shall preside. **Section 3. Grounds for Removal from the Office of President:** Non-discharge or improper discharge of his duties as President and non-compliance with the provisions of this Constitution and Bylaws and with the Principles of Medical Ethics of the American Medical Association shall constitute grounds for removal from the office of President.

CHAPTER IX – Amendments

These Bylaws may be amended or revised at any annual session of the Association by a 2/3 majority vote of all members present, provided written notice listing proposed changes shall have been sent through the Newsletter at least two months in advance.

PRINCIPLES OF MEDICAL ETHICS
American Medical Association

PREAMBLE — These principles are intended to aid physicians individually and collectively in maintaining a high level of ethical conduct. They are not laws but standards by which a physician may determine the propriety of his conduct in his relationship with patients, with colleagues, with members of allied professions, and with the public.

SECTION 1. — The principal objective of the medical profession is to render service to humanity with full respect for the dignity of man. Physicians should merit the confidence of patients entrusted to their care, rendering to each a full measure of service and devotion.

SECTION 2. — Physicians should strive continually to improve medical knowledge and skill, and should make available to their patients and colleagues the benefits of their professional attainments.

SECTION 3. — A physician should practice a method of healing founded on a scientific basis; and he should not voluntarily associate professionally with anyone who violates this principle.

SECTION 4. — The medical profession should safeguard the public and itself against physicians deficient in moral character or professional competence. Physicians should observe all laws, uphold the dignity and honor of the profession and accept its self-imposed disciplines. They should expose, without hesitation, illegal or unethical conduct of fellow members of the profession.

SECTION 5. — A physician may choose whom he will serve. In an emergency, however, he should render service to the best of his ability. Having undertaken the care of a patient, he may not neglect him; and unless he has been discharged he may discontinue his services only after giving adequate notice. He should

not solicit patients.

SECTION 6. — A physician should not dispose of his services under terms or conditions which tend to interfere with or impair the free and complete exercise of his medical judgment and skill or tend to cause a deterioration of the quality of medical care.

SECTION 7. — In the practice of medicine a physician should limit the source of his professional income to medical services actually rendered by him, or under his supervision, to his patients. His fee should be commensurate with the services rendered and the patient's ability to pay. He should neither pay nor receive a commission for referral patients. Drugs, remedies or appliances may be dispensed or supplied by the physician provided it is in the best interests of the patients.

SECTION 8. — A physician should seek consultation upon request; in doubtful or difficult cases; or whenever it appears that the quality of medical service may be enhanced thereby.

SECTION 9. — A physician may not reveal the confidences entrusted to him in the course of medical attendance, or the deficiencies he may observe in the character of patients, unless he is required to do so by law or unless it becomes necessary in order to protect the welfare of the individual or of the community.

SECTION 10. — The honored ideals of the medical profession imply that the responsibilities of the physician extend not only to the individual, but also to society where these responsibilities deserve his interest and participation in activities which have the purpose of improving both the health and the well-being of the individual and the community.

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on its

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PHILIPPINE AMERICAN
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OF GEORGIA

SECOND SCIENTIFIC
CONFERENCE
SOUVENIR PROGRAM

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A. ALLAN M. MAGALLANO
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Social Hour

Invocation

Dinner

Introduction of Special Guests:

Romulo L. Parungao, M.D., Chairman

Local Arrangements Committee

Presentation of Athletic Awards:

Romulo L. Parungao, M.D.

Presentation of President's Award:

Ludovico S. Villanueva, M.D.

Address: Ludovico S. Villanueva, M.D.

President, 1976 - 1978

Installation of 1978 - 1980 Officers at

Committee Chairmen

Remarks: Emiliano P. Quilala, M.D.

President, 1978 - 1980

Dance

Adjournment

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OF OUR
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Secretary - Grace C. Bautista, M.D.

Historian - Ludovico S. Villanueva, M.D.

Parliamentarian - Ruben D. Silan, M.D.

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Membership - Dominiciano A. Valbuena, M.D.

Continuing Medical Education - Antonio R. Rodriguez, M.D.

Program & Publicity - Ernesto L. Ledesma, M.D.

Constitution & Bylaws - Romulo L. Parungao, M.D.

1976 - 1978

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Vice President - Victor Bautista, M.D.

Treasurer - Samuel A. Torres, M.D.

Secretary - Emiliano P. Quilala, M.D.

Historian - Ludovico S. Villanueva, M.D.

Parliamentarian - Manolo B. Apanay, M.D.

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Membership - Victor Bautista, M.D.

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Program & Publicity - Jose H. Porquez, M.D.

Constitution & Bylaws - Eligio Q. Abelera, M.D.

**Philippine American
Medical Association
of Georgia**



Installation and
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July 15, 1978
Callaway Gardens Inn
Georgia

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ROBERT E. BLAIR, President, Southeast Regional Office, Transnational Financial Planners Inc., Albany, Georgia.

GEORGE H. NELSON, Ph.D., M.D., Professor of Obstetrics and Gynecology and Chief of Section of Fetal Medicine, Medical College of Georgia.

LUDOVICO S. VILLANUEVA, M.D., Clinical Assistant Professor of Psychiatry, Emory University; President, Philippine American Medical Association of Georgia.

COURSE DIRECTOR

ANTONIO R. RODRIGUEZ, M.D., Assistant Professor of Medicine, Medical College of Georgia.

COMMITTEE ON CONTINUING MEDICAL EDUCATION

RAYMOND T. MALLARI, M.D.

JOSE H. PORQUEZ, M.D.

ANTONIO R. RODRIGUEZ, M.D., Chairman

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA
5801 Peachtree Dunwoody Road Suite 118
Atlanta, Georgia 30342

THE THIRD SCIENTIFIC CONFERENCE PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

Saturday, January 14, 1978



Sponsored by

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Association of Georgia
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and

School of Medicine
Medical College of Georgia
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Savannah, Georgia

COURSE REGISTRATION

Mail directly to:

Samuel A. Torres, M.D.
Chairman
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Philippine American Medical Association of
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Enclosed is my \$25 registration fee for the
Third Scientific Conference January 14,
1978.

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PROGRAM

- 1:00 p.m. WELCOME
Dr. Ludovico S. Villanueva
- 1:05 p.m. BIOCHEMICAL ASSESSMENT OF
FETAL WELL-BEING
Dr. George H. Nelson
- 2:05 p.m. DERMATOLOGIC DISORDERS
IN CLINICAL PRACTICE
Dr. Donald C. Abele
- 3:05 p.m. BREAK
- 3:20 p.m. FINANCIAL PLANNING FOR
PROFESSIONAL CORPORATIONS
Mr. Robert E. Blair
- 4:20 p.m. DISCUSSION
- 4:45 p.m. ADJOURNMENT
- 5:00 p.m. BUSINESS MEETING
(Members only)

GENERAL INFORMATION

Date: Saturday, January 14, 1978

Registration Fee: \$25

Please complete and return the attached registration form. Make check payable to the Philippine American Medical Association of Georgia. An additional \$30 is needed for social activities. A schedule of the social activities is available upon request.

Course Objective:

To give practical clinical information on topics of general interest to all practitioners of medicine.

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Intern and Resident Training Program,
Georgia Baptist Hospital.

TALMADGE A. BOWDEN, JR., M.D., Assistant
Professor of Surgery, Medical College
of Georgia.

DONALD J. MARCUS, M.D., Assistant Pro-
fessor of Neurology, Medical College of
Georgia; Staff Neurologist and Co-Chief
of the EMG Laboratory, Veterans Adminis-
tration Hospital, Augusta, Georgia.

LUDOVICO S. VILLANUEVA, M.D., Clinical
Assistant Professor of Psychiatry, Emory
University; President, Philippine American
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ANTONIO R. RODRIGUEZ, M.D., Assistant
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PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA

5669 Peachtree Dunwoody Road
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The Fourth Scientific Conference Philippine American Medical Association Of Georgia



Saturday, July 15, 1978

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Address _____

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PROGRAM

- 2:00 p.m. WELCOME
Dr. Ludovico S. Villanueva
- 2:05 p.m. TREATMENT OF BURNS IN THE
COMMUNITY HOSPITAL
Dr. Stephen Boyle
- 3:05 p.m. SURGERY IN INFLAMMATORY
BOWEL DISEASE
Dr. Talmadge A. Bowden, Jr.
- 4:05 p.m. BREAK
- 4:20 p.m. HEADACHE
Dr. Donald J. Marcus
- 5:20 p.m. DISCUSSION
- 5:45 p.m. ADJOURNMENT
- 6:00 p.m. BUSINESS MEETING
(Members only)

GENERAL INFORMATION

Date: Saturday, January 14, 1978

Registration Fee: \$25

Please complete and return the attached
registration form. Make check payable to
the Philippine American Medical Association
of Georgia. An additional fee is need-
ed for social activities. A schedule of the
social activities is available upon request.

Course Objective:

To give practical clinical information on
topics of general interest to all practition-
ers of medicine.

Continuing Education Credit:

This program is approved for 3 hours cred-
it in Category I of the Physician's Recogni-
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Accommodations:

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PAUL F. JURGENSEN, M.D., Associate Clinical Professor of Medicine, Medical College of Georgia; Memorial Medical Center, Savannah, Georgia.

DONALD H. LOEBL, M.D., Assistant Professor of Medicine, Medical College of Georgia.

MARSHALL D. NATHAN, M.D., Assistant Professor of Surgery, Medical College of Georgia.

EMILIANO P. QUILALA, M.D., Staff Member, General Surgery, Clayton General Hospital, Jonesboro, Georgia; President, Philippine American Medical Association of Georgia.

RUBEN D. SILAN, M.D., Chief of Staff, General Surgery, Liberty Memorial Hospital, Hinesville, Georgia.

SAMUEL A. TORRES, M.D., Staff Member, Urology, Memorial Medical Center, Savannah, Georgia.

LUDOVICO S. VILLANUEVA, M.D., Clinical Assistant Professor of Psychiatry, Emory University, Atlanta, Georgia.

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PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA
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The Fifth Scientific Conference of the Philippine American Medical Association of Georgia

July 13 - 14, 1979



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PROGRAM

Friday, July 13, 1979

Dr. Ludovico S. Villanueva, Presiding

9:00 a.m. WELCOME
Dr. Emiliano P. Quilala

9:05 a.m. INFECTIONS OF HEAD AND
NECK
Dr. Marshall D. Nathan

10:05 a.m. UROLOGY IN GENERAL PRAC-
TICE
Dr. Samuel A. Torres

11:05 a.m. BREAK

11:20 a.m. APPROACH TO PATIENTS
WITH ARTHRITIS
Dr. Donald H. Loebl

12:20 p.m. DISCUSSION

12:35 p.m. ADJOURNMENT

Saturday, July 14, 1979

Dr. Ruben D. Silan, Presiding

8:00 a.m. WELCOME
Dr. Emiliano P. Quilala

8:05 a.m. RHEUMATOID ARTHRITIS
Dr. Donald H. Loebl

9:05 a.m. MANAGEMENT OF GRAM-
NEGATIVE SEPSIS
Dr. Paul Jurgensen

10:05 a.m. BREAK

10:20 a.m. DRUGS AND HEARING LOSS
Dr. Marshall D. Nathan

11:20 a.m. DISCUSSION

11:35 a.m. ADJOURNMENT

11:35 a.m. BUSINESS MEETING
(Members Only)

GENERAL INFORMATION

Registration Fee: \$30

Please complete and return the attached
registration form. Make check payable to
the Philippine American Medical Associa-
tion of Georgia. An additional fee is needed
for social activities.

Course Objective:

To give practical clinical information on
topics of general interest to all practi-
tioners of medicine.

Continuing Education Credit:

This program is approved for 6.5 hours
credit in Category I of the Physician's
Recognition Award of the American Medi-
cal Association.

Accommodations:

A block of rooms has been reserved at the
Sheraton-By The Sea.

Address: P. O. Box 3040
Jekyll Island,
Georgia 31520

Phone: (912) 635-2521

When making reservations, please identify
yourself with the PAMAG group.

FACULTY

ALFONSO T. DAMPOG, M.D., Chairman, Department of Anesthesia, Gwinnett Community Hospital, Snellville, Georgia.

JOHN F. FISHER, M.D., Assistant Professor of Medicine, Medical College of Georgia.

ROBERT H. JOHNSON, JR., M.D., Professor of Surgery, Medical College of Georgia.

RAYMUNDO T. MALLARI, M.D., FACG, Active Staff, Dept. of Medicine, Clayton General Hospital, Riverdale, GA; Henry General Hospital, Stockbridge, GA., South Fulton Hospital, East Point, GA.

JOSE H. PORQUEZ, M.D., Chief, Surgery, Walton County Hospital, Monroe, Georgia.

EMILIANO P. QUILALA, M.D., Staff Member, General Surgery, Clayton General Hospital, Jonesboro, Georgia; President, Philippine American Medical Association of Georgia.

RICHARD H. REINDOLLAR, M.D., Fellow, Reproductive Endocrinology, Medical College of Georgia.

COURSE DIRECTOR

ANTONIO R. RODRIGUEZ, M.D., Assistant Professor of Medicine, Medical College of Georgia.

COMMITTEE ON CONTINUING MEDICAL EDUCATION

RAYMUNDO T. MALLARI, M.D.

JOSE H. PORQUEZ, M.D.

ANTONIO R. RODRIGUEZ, M.D., Chairman

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA
5669 Peachtree Dunwoody Road
Suite 260
Atlanta, Georgia 30342

The Sixth Scientific Conference of the Philippine American Medical Association of Georgia

July 25 - 26, 1980

Sponsored by

Philippine American Medical
Association of Georgia
5669 Peachtree Dunwoody Road
Suite 260
Atlanta, Georgia 30342

and

School of Medicine
Medical College of Georgia
Augusta, Georgia 30912

Presented at

Stouffer's Pineisle Resort Hotel
Lake Lanier Islands
Buford, Georgia

COURSE REGISTRATION

PROGRAM

GENERAL INFORMATION

Mail directly to:

Senen J. Encinas, M.D.
Chairman
Local Arrangements Committee
Philippine American Medical Association
of Georgia
90 Culloden Road
Forsyth, Georgia 31029

Enclosed is my \$35 registration fee for the
Sixth Scientific Conference on July 25 and
26, 1980.

(please print)

Name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

Professional Degree _____

Type of Practice _____

Social Security _____

FRIDAY, JULY 25, 1980

Dr. Jose H. Porquez, Presiding

- 2:00 pm WELCOME
Dr. Emiliano P. Quilala
- 2:05 pm BREAST CANCER
Dr. Robert H. Johnson, Jr.
- 3:05 pm COMMON FUNGAL INFECTIONS
Dr. John F. Fisher
- 4:05 pm BREAK
- 4:20 pm OFFICE WORK-UP OF STERILITY
Dr. Richard H. Reindollar
- 5:20 pm DISCUSSION
- 5:35 pm ADJOURNMENT

SATURDAY, JULY 26, 1980

Dr. Raymundo T. Mallari, Presiding

- 9:00 am WELCOME
Dr. Emiliano P. Quilala
- 9:05 am EVALUATION OF PATIENT IN LATE
SEXUAL DEVELOPMENT
Dr. Richard H. Reindollar
- 10:05 am SPECIAL PROBLEMS IN ANES-
THESIA
Dr. Alfonso T. Dampog
- 11:05 am BREAK
- 11:20 am MELANOMA
Dr. Robert H. Johnson, Jr.
- 12:20 pm DISCUSSION
- 12:35 pm ADJOURNMENT

Registration Fee: \$35

Please complete and return the attached
registration form. Make check payable to
the Philippine American Medical Association
of Georgia. An additional fee is needed for
social activities.

Course Objective:

To give practical clinical information on
topics of general interest to all practitioners
of medicine.

Continuing Education Credit:

As an organization accredited for continuing
medical education, the School of Medicine
of the Medical College of Georgia designates
this continuing medical education activity
as meeting the criteria for 6.5 credit hours
in Category 1 of the Physician's Recognition
Award of the American Medical Association.

Accommodations:

A block of rooms has been reserved at the
Stouffer's Pineisle Resort Hotel.
Address: Lake Lanier Islands
Buford, Georgia 30518
Phone: (404) 945-8921
When making reservations, please identify
yourself with the PAMAG group.

FACULTY

ABDULLA M. ABDULLA, M.D., Associate
Professor of Medicine, Medical College of
Georgia.

MANOLO B. APANAY, M.D., Surgeon, Jonesboro,
Georgia.

JEROME J. CUNNINGHAM, M.D., Professor of
Radiology, Medical College of Georgia.

ARMANDO DIJAMCO, M.D., Nephrologist,
Atlanta, Georgia.

LORNA BELDIA-O'BRIEN, M.D., Department of
Obstetrics and Gynecology, Piedmont Hospital,
Atlanta, Georgia

DOM A. VALBUENA, M.D., Anesthesiologist,
Savannah, Georgia;
President, Philippine American Medical
Association of Georgia.

MICHAEL ZOLLER, M.D., Otolaryngologist,
Savannah, Georgia.

COURSE DIRECTORS:

JOSE H. PORQUEZ, M.D., Chief, Surgery
Walton County Hospital, Monroe, Georgia

ANTONIO R. RODRIGUEZ, M.D., Assistant
Professor of Medicine, Medical College of
Georgia.

COMMITTEE ON CONTINUING MEDICAL EDUCATION

RAYMUNDO T. MALLARI, M.D.
ANTONIO R. RODRIGUEZ, M.D., FACP
JOSE H. PORQUEZ, M.D., Chairman

PHILIPPINE AMERICAN MEDICAL ASSOCIATION OF GEORGIA
5669 Peachtree Dunwoody Road
Suite 260
Atlanta, Georgia 30342

The Seventh Scientific Conference of the Philippine American Medical Association of Georgia

A stylized illustration in the background of the right page shows a runner in the foreground and a cyclist behind him. The runner is wearing a tank top and shorts, and the cyclist is wearing a helmet and a long-sleeved shirt. The illustration is rendered in a simple, line-art style.

June 12 - 13, 1981

Sponsored by
Philippine American Medical
Association of Georgia
5669 Peachtree Dunwoody Road
Suite 260
Atlanta, Georgia 30342
and
School of Medicine
Medical College of Georgia
Augusta, Georgia 30912

Presented at
Ocean Dunes Villas
Adventure Inn
P.O. Box 5646
South Forest Beach Drive
Hilton Head Island, S.C. 29928

COURSE REGISTRATION

Mail directly to:

Victor Bautista, M.D.
Chairman
Local Arrangements Committee
Philippine American Medical Association
of Georgia
P.O. Box 87
Midway, Georgia 31320

Enclosed is my \$45 registration fee
(\$60 for non-members) for the Seventh
Scientific Conference on June 12-13,
1981

(please print)

Name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

Professional Degree _____

Type of Practice _____

Social Security _____

PROGRAM

FRIDAY, JUNE 12, 1981

Dr. Lorna Beldia O'Brien, Presiding

- 2:00 pm WELCOME
Dr. Dom Valbuena
- 2:05 pm PRE-OPERATIVE MANAGEMENT OF
CARDIAC PATIENTS PRIOR TO
GENERAL SURGERY
Dr. Abdulla M. Abdulla
- 3:05 pm ELECTROLYTES IN
EVERYDAY PRACTICE
Dr. Armando Dijamco
- 4:05 pm BREAK
- 4:20 pm RECOGNITION AND MANAGEMENT
OF COMPLICATIONS IN ACUTE
MYOCARDIAL INFARCTION
Dr. Abdulla M. Abdulla
- 5:20 pm DISCUSSION
- 5:35 pm ADJOURNMENT

SATURDAY, JUNE 13, 1981

Dr. Manolo B. Apanay, Presiding

- 9:00 am WELCOME
Dr. Dom Valbuena
- 9:05 am COMMON ENT PROBLEMS SEEN
IN OFFICE PRACTICE
Dr. Michael Zoller
- 10:05 am ULTRASONOGRAPHY IN CLINICAL
DIAGNOSIS I
Dr. Jerome J. Cunningham
- 11:05 am BREAK
- 11:20 am ULTRASONOGRAPHY IN CLINICAL
DIAGNOSIS II
Dr. Jerome J. Cunningham
- 12:20 pm DISCUSSION
- 12:35 pm ADJOURNMENT

GENERAL INFORMATION

Registration Fee: \$45 (\$60 for non-members)

Please complete and return the attached
registration form. Make check payable to the
Philippine American Medical Association of
Georgia. An additional fee is needed for social
activities.

Course Objective:

To give practical clinical information on topics
of general interest to all practitioners of
medicine.

Continuing Education Credit:

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medical education, the School of Medicine of
the Medical College of Georgia designates this
continuing medical education activity as
meeting the criteria for 6.5 credit hours in
Category 1 of the Physicians's Recognition
Award of the American Medical Association.

Accommodations:

A block of rooms and villas has been reserved
at the Ocean Dunes Villas.

Address: Adventure Inn
P.O. Box 5646
South Forest Beach Drive
Hilton Head Island, S.C. 29928

When making reservations, please identify
yourself with the PAMAG group.

Phone: (800) 845-9500